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Ready to embrace it all. Susan Jeffers provides a bucket load of tools and references to create a wonder-full life and embrace any uncertainty in a positive attitude, letting go of the expectations and attachments of possible outcomes and handling whatever comes your way. Great read and develops well on her other books. Love and light Susan.

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Amazon.com: Customer reviews: Embracing Uncertainty

Susan Jeffers is a well know author and self help authority who has 18 books in all. Embracing Uncertainty is written in a very easy to read style. However don't let the easy reading style fool you. From the outset Susan Jeffers throws down the gauntlet to the reader by challenging how do you choose to live?

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Now more than ever, Susan Jeffers' wisdom feels like a precious gift. Her counsel is profound and meaningful in such challenging times. (Marianne Williamson) In Embracing Uncertainty, Jeffers describes, with brilliant clarity, how to deal with ambiguity in life. The exercises in this book helped me learn how to reach within myself and find certainty.

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