

Bereavement Counseling Pastoral Care For Complicated Grieving Haworth Religion And Mental Health

This core, introductory textbook for undergraduate and graduate-level courses is the first to combine the knowledge and skills of counseling psychology with current theory and research in grief and bereavement. The second edition has been updated to reflect important new research and changes in the field, including insights on complicated grief, resilience after adverse life experiences, and compassion-based approaches to death, loss, and grief. It discusses the implications of the DSM-5's omission of the bereavement exclusion for the diagnosis of a major depressive disorder. A completely new chapter on the social context of loss addresses social messages, grieving rules, workplace policies, and the disenfranchisement of many aspects of normal, health grief. The text also touches upon three new therapies for complicated grief that have been developed by major researchers in the field. New case scenarios further enrich the second edition.

Grief as a lifelong human experience is the scope of this absorbing book. Kenneth R. Mitchell and Herbert Anderson explore the multiple dimensions of the problem, including origins of grief, loss throughout life, dynamics of grief, care for those who grieve, and the theology of grieving. This examination of the process of grief is enriched by vivid illustrations and case histories of individuals whose experiences the authors have shared.

In this ground-breaking book, pastoral counselor Andrew Lester demonstrates that pastoral theology (as well as social and behavioral sciences) has neglected to address effectively the predominant cause of human suffering: a lack of hope, a sense of futurelessness. Lester examines the reasons that pastoral theology and other social and behavioral sciences have overlooked the importance of hope and despair in the past. He then offers a starting point for the development of addressing these significant dimensions of human life. He provides clinical theories and methods for pastoral assessment of and intervention with those who despair. He also puts forth strategies for assessing the future stories of those who despair and offers a corrective to these stories through deconstruction, reframing, and reconstruction. This book will be invaluable to pastoral caregivers who are looking for a vantage point from which to provide care and to pastoral theologians who are seeking to develop a theological lens through which to understand the human condition.

A condensed version of the Dictionary of Pastoral Care and Counseling, first published in 1990, includes new and updated articles and provides classic and key articles that explain current theories, trends and practices in the field of pastoral care and counseling. Original.

The editors of "Making Sense of Death: Spiritual, Pastoral, and Personal Aspects

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of Death, Dying and Bereavement" provide stimulating discussions as they ponder the meaning of life and death. This anthology explores the process of meaning-making in the face of death and the roles of religion and spirituality at times of loss; the profound and devastating experience of loss in the death of a spouse or a child; a psychological model of spirituality; the dimensions of spirituality; humor in client-caregiver relationships; the worldview of modernity in contrast to postmodern assumptions; the Buddhist perspective of death, dying, and pastoral care; meaning-making in the virtual reality of cyberspace; individualism and death; and the historical context of Native Americans, the concept of disenfranchised grief, and its detailed application to the Native American experience. It also explores: a qualitative survey on the impact of the shooting deaths of students in Colorado; a team approach with physicians, nursing, social services, and pastoral care; a study of health care professionals, comparing clergy with other health professionals; marginality in spiritual and pastoral care for the dying; a qualitative research study of registered nurses in the northeast United States; and loss and growth in the seasons of life.

This is a self-help resource for bereaved persons who are looking for sound, comprehensive grief education to assist in the necessary and often painful work of grief. Suggestions for how to use this information can be found below. The content of this resource is designed and intended for educational and informational purposes only. It should not be considered personal, professional advice, nor should it be used as a substitute for professional care. Because each person's reactions to grief are different, I recommend you consult with a health-care professional—physician, nurse, counselor, clergy—for assurance that my information and your interpretation of it is applicable in your situation.

Bereavement Counseling Pastoral Care for Complicated Grieving Routledge
This dissertation project briefly explores the spiritual care counselor / chaplain's role in assessing the soon to be bereaved family members of patients on hospice. As more regulations are added to the work of the hospice chaplain, those in this ministry must function within the medical model. As part of the interdisciplinary team, assessing patients and family members for grief and bereavement risk and participating in a plan of care to lower the risk of those who will grieve, spiritual care counseling may help prepare survivors so they may return to their lives, sad but enriched, rather than detached and non-functioning. Presented is a brief history of hospice and hospice philosophy followed by a working description of the normal grief process, complicated grief and its components, several theologies of suffering and loss that impact the grieving process, followed by a synopsis of cultural components that influence mourning and bereavement. A brief explanation of the components of spiritual assessment are explored followed by a comparison of the working bereavement assessment used by Hospice of the East Bay, Pleasant Hill, California, and my own suggested scaling model. The new scaling model was used for four months by medical social workers, as the spiritual care counselors were unable to participate during this time period. The results of the presented model when compared to the Hospice of the East Bay model often rated the pre-bereaved similarly. However, the presented model

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did allow for greater discussion and expression to those participating medical social workers. After assessment tools are considered, different strategies to lower the risk of complicated grief are presented within the brief counseling method. Following are considerations to integrate the information for use into the community for other spiritual care counselors / chaplains and even parish / church ministers to consider as a continuing education tool. Lastly is a summary of the work that includes insights learned and experienced during the writing of this project.

Dying, Grieving, Faith, and Family: A Pastoral Care Approach enables grief counselors, pastors, hospice specialists, hospital chaplains, mental health practitioners, educators, and seminary students to bring an understanding of faith development, family systems, and gender and ethnic differences into their professional practice as they work with dying and grieving persons. No other book covers all these themes. Not only a great resource for practical guidance, this book is also meant to be provocative, suggestive, and stimulating to professionals and educators charged with working with and teaching about dying and grieving persons. With 50 years of providing pastoral care to dying and grieving persons and 30 years as a pastoral educator, George Bowman understands the nature and concerns of dying and grieving persons. In *Dying, Grieving, Faith, and Family* he answers the questions you should be asking yourself--including: How does faith development affect relationships of the dying person and family and friends? How does faith development affect grief management by the survivors? How does the family systems approach help the pastor or counselor work with dying persons and their survivors? What gender and ethnic issues are important to remember in helping to minister and serve persons in crises of dying and grieving? The value of *Dying, Grieving, Faith, and Family* lies in its approach to dying and grieving from the perspectives of faith development, family systems theory, gender, and ethnicity. Bowman's unique work proposes that personal development and faith development influence the way one deals with the crises of dying and grief work.

An indispensable resource for students and scholars, *The Oxford Handbook of the Psalms* features a diverse array of essays that treat the Psalms from a variety of perspectives. Classical scholarship and approaches as well as contextual interpretations and practices are well represented. The coverage is uniquely wide ranging.

Many pastors and lay counselors have had minimal training in clinical methods of grief counseling. *Helping Those in Grief* is a biblical, practical guide to pastoral counseling written by one of the most respected Christian therapists of our time. This book is the next step after Wright's best-selling *The New Guide to Crisis and Trauma Counseling*. Wright brings more than 40 years of clinical and classroom experience to this topic, and shares real-life dialogs from his private practice to demonstrate healthy, healing counseling sessions. Readers will learn how to counsel and coach both believers and non-believers who are grieving, how to walk alongside them and how to help them find the path to complete restoration.

First published in 1992. Routledge is an imprint of Taylor & Francis, an informa company.

Learn to balance the professional demands of your ministry with your personal needs. No amount of research, study, or planning can prepare pastoral care givers for the stress placed on their personal lives by the demands of their ministries. But *Grief, Loss,*

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and Death: The Shadow Side of Ministry can help anyone involved in pastoral counseling close the gap between their professional and personal needs, encouraging them to use the stress, loss, and grief that accompanies pastoral care giving as opportunities to humanize their ministries and reaffirm their faith. This unique book offers comfort and solace to those in the chaplaincy who are torn between professional obligations and the limits and boundaries of the shadow side of their ministry—the human side. The shadow side of ministry shoots a bullet through the brain that does not kill or prevent thinking or feeling. But the bullet creates a hole, a long, hollow, empty wound that thinking and feeling must somehow bypass. The wounded minister does not recover the previous self, cannot remember what the old self thought or felt. Like a veteran of a secret war, there may be a new life after the shameful wound, but no public way to heal. But there is a public way of speaking about it and this may help relieve some of the shame and some of the self-blaming. —Author Halbert Weidner

Grief, Loss, and Death: The Shadow Side of Ministry can help in your search for the answers to questions you may have already found yourself asking, including: Do I prefer co-workers or friends? How did I lose focus of my original goals? How did I become isolated? How can I share authority without giving up responsibility? How do I cope when family issues arise? The book also addresses issues of illness, death and suicide, funerals, the confrontation between joy and sorrow, and how life's stages are often like the Stations of the Cross. Grief, Loss, and Death: The Shadow Side of Ministry is help against despair. Newcomers to the profession can use the book as a guide to the difficulties that lie ahead, and experienced pastoral care givers can employ it as a catalogue to be consulted when all hope seems lost.

Modern life has led to an increase in traumatic deaths, such as accidents, murders, suicide, and other types of unanticipated, violent death. Family members and friends grieving a traumatic death face enormous shock, numbness, and despair, as well as the need to find hope and God's mercy and grace in the midst of chaos, difficult questions, and confusion. The Christian church and faith community often do not provide appropriate pastoral care to help the bereaved overcome their despair. Jeonghyun Park explores the unique characteristics and dynamics of traumatic grief, or grief in response to traumatic death, and present several approaches to pastoral care. The survivors of a traumatic death are likely to ask pastors spiritually despairing and tough questions, such as, Where is God in this tragic death? If we have to accept this new reality, where can we find God's grace and mercy, power, and justice? Pastors and other spiritual leaders can provide comfort to the loved ones of victims of traumatic death by assisting them with their questions concerning a "helpless God" and a "cruel God." This book offers new insights through specific pastoral care models and guidance for families needing healing, recovery, and meaningful rituals.

Grief affects everyone. Every week there are names of people in the church have experienced or are facing the loss of someone they love. For many, knowing what to do or how to help in these situations can be difficult, especially when sending flowers or offering a sympathetic word just doesn't seem like enough. The Grief Care Kit is a practical resource to help churches provide real help and healing for people facing grief. Designed to help leaders establish a grief ministry, it includes a copy of a grief seminar by author Harold Ivan Smith as well as instructions for leading a grief recovery group, which include a leader's guide and student workbook. The material also comes in electronic files and is completely reproducible, so leaders can adapt and reuse these resources to fit their changing group needs year after

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year. Resources include: a DVD of the seminar 'Leading in Times of Loss' a CD, which includes a reproducible leader's guide and a student workbook and more a variety of suggested letters to help you send your condolences quotes, prayers, and blessing that lead toward healing Discover the manual that will help you teach ministry students and effectively minister to people in all developmental stages! Caring for People from Birth to Death is a helpful resource for people who care for people. Each chapter describes a particular stage of development in the human pilgrimage from the preschool years to senior adulthood--from the cradle to the rocking chair. Guidelines and usable suggestions for a caring ministry are included in each chapter. In Caring for People from Birth to Death spirituality as it relates to the developmental process is explored by the contributors with a new section in each chapter that concerns the growth and decline of a person's spirituality throughout his or her life. Some of the issues you will explore in this new edition include: developmental theories and spiritual issues for every stage of life caring for the elderly through a team effort ministering to confused adolescents expanding your parishioners' feelings of self-worth the fundamentals of teaching preschoolers about Jesus working towards spiritual growth in adult males Caring for People from Birth to Death is for seminary students studying developmental psychology and ministry, for CPE training programs, for pastoral counseling training programs, seminary professors, pastoral counselors, and church staff ministers. This concise handbook will help you quickly grasp the developmental issues people face and give you ideas on how the church can effectively minister to these folks. This book is updated from its original publication, and each contributor's intrinsic style has remained intact for you as you explore and learn from this complete manual on ministering to your community members. Caring for People from Birth to Death offers you practical, ready-to-use strategies for understanding, taking care of, and ministering to people of all ages.

Learn to reach out to these hidden Christians! Offering a wide variety of points of view from the welcoming to the traditional, Pastoral Care and Counseling in Sexual Diversity addresses one of the crucial issues facing the church in these shifting times. Pastors of all Christian churches, whatever their denomination or theology, are likely to be faced with pastoral care or counseling of someone who is lesbian, gay, bisexual, or transgendered. This valuable compendium examines various ways you can meet the spiritual and psychological needs of these members of your congregation. Pastoral Care and Counseling in Sexual Diversity addresses the basic problems of sexual diversity, including definitions of sexual orientations and issues of human development. It offers wise guidance for offering pastoral care and counseling, and it provides tested solutions for the problems counselors face in dealing with these individuals. Pastoral Care and Counseling in Sexual Diversity offers thought-provoking points of view on a wide range of issues, including: changes in attitudes toward homosexuality among mental health professionals the limits of confidentiality sexual diversity in the black church a developmental model for effective treatment of male homosexuality pastoral care and the formation of sexual identity Biblical perspectives on homosexuality counseling lesbians AIDS ministries and grief counseling Pastoral Care and Counseling in Sexual Diversity is an essential resource for pastors, pastoral counselors, and therapists dealing with these vexing issues facing the Christian church in the new millennium.

Discusses the mission and foundations of pastoral counseling, gives advice on handling spiritual, ethical, marital, educative, and bereavement counseling, and looks at holistic and psychological approaches.

The process of grief does not change a person as much as it reveals another part of the self. Life After Loss: Contemporary Grief Counseling and Therapy is a reader friendly book with tools, techniques, and compass points to help others with the experience of grief. Going beyond the well-known but outmoded stage theories of grief, this book explores and illustrates new models of treatment, applying them to the lived experience of bereaved clients. Best

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applied practices are examined, and the book quickly becomes a 'go-to' resource for typical and complicated facilitation of grief. Topics include: Clinical practices for natural and complicated grief processes What went wrong with Kubler-Ross' stage theory of grief The functions of emotions in grief The impact of death on the family Death, grief, and spirituality Loneliness and isolation The social and cultural ceremonies of death Meaning making and growth following loss

Through firsthand accounts and research, *Grief Education for Caregivers of the Elderly* focuses on the education, training, and support of individuals who care for the elderly. This book provides caregivers with methods to cope with grief and loss and will help educators design programs that meet the needs of their consumers: the elderly and their families, friends, and service providers. From *Grief Education for Caregivers of the Elderly*, you'll learn how to cope with the stress and emotions of caregiving and improve the quality of services to your patients. With an emphasis on caregivers of the institutionalized elderly and the special services provided by clergy, chaplains, and pastoral counselors, *Grief Education for Caregivers of the Elderly* offers the caregiver or educator several model workshops focusing on grief, loss, and bereavement care. *Grief Education for Caregivers of the Elderly* contains proven methods and strategies that will sharpen and enhance your caregiving skills, including: focusing on the emotional responses and phases of dying, including denial, anger, and acceptance, to help patients deal with death considering physical and administrative atmosphere and your elderly population when setting goals and designing workshops to provide optimal patient/resident care discussing the themes of grief and loss, stress management, handling change, and promoting self-care for caregivers in workshops and through self-evaluations developing workshops that open with grief history surveys and attitude checklists, discuss normative development and issues of old age, and have themes based on the biological, psychosocial, and spiritual needs of the elderly person providing caregivers with an opportunity to practice what they have learned through case studies, simulated role play, open discussions, and care plan designing thinking about your own mortality and learning about your feelings and ideas of growing old Utilized at a psychiatric nursing home facility of New Hampshire Hospital, the workshop exercises in *Grief Education for Caregivers of the Elderly* have allowed caregivers to express personal feelings; talk about beliefs and experiences; learn about biological, psychosocial, and spiritual processes of grief and phases of bereavement; and apply these understandings and insights into typical caregiving situations. *Grief Education for the Caregivers of the Elderly* gives you the framework for such a program, using vignettes, composite case material, poetry, and a holistic approach to health care to emphasize the importance of your emotional health and enhanced care of the elderly.

For pastors and congregations, caring for those who are grieving is a very important but difficult job. Gene Fowler believes that the church needs a theological understanding of bereavement that can inform the ministry of caring for grieving people. The heart of *The Ministry of Lament* addresses the relationship between bereavement and the Christian faith in the service of caring ministry. Throughout the book, Fowler brings the psalms of lament into dialogue with a contemporary understanding of mourning so that the entire grief process can be addressed theologically.

Helping Grieving People – When Tears Are Not Enough is a handbook for care providers who provide service, support and counseling to those grieving death, illness, and other losses. This book is also an excellent text for academic courses as well as for staff development training. The author addresses grief as it affects a variety of relationships and discusses different intervention and support strategies, always cognizant of individual and cultural differences in the expression and treatment of grief. Jeffreys has established a practical approach

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to preparing grief care providers through three basic tracks. The first track: Heart – calls for self-discovery, freeing oneself of accumulated loss in order to focus all attention on the griever. Second track: Head – emphasizes understanding the complex and dynamic phenomena of human grief. Third track: Hands – stresses the caregiver's actual intervention, and speaks to lay and professional levels of skill, as well as the various approaches for healing available. Accompanying these three motifs, the Handbook discusses the social and cultural contexts of grief as applied to various populations of grievers as well as the underlying psychological basis of human grief. Throughout the book, Jeffreys presents the role of the caregiver as an Exquisite Witness to the journey of grief and pain of bereaved family and friends, and also to the path taken by dying persons and their families. The second edition of *Helping Grieving People* remains true to the approach that has been so well received in the original volume. It includes updated research findings and addresses new information and developments in the field of loss, grief and bereavement.

"Techniques of Grief Therapy is an indispensable guidebook to the most inventive and inspirational interventions in grief and bereavement counseling and therapy. Individually, each technique emphasizes creativity and practicality. As a whole, they capture the richness of practices in the field and the innovative approaches that clinicians in diverse settings have developed, in some cases over decades, to effectively address the needs of the bereaved. New professionals and seasoned clinicians will find dozens of ideas that are ready to implement and are packed with useful features, including: An intuitive, thematic organization that makes it easy to find the right technique for a particular situation Expert guidance on implementing each technique and tips on avoiding common pitfalls Sample worksheets and activities for use in session and as homework assignments Illustrative case studies and transcripts"--

Art and other expressive therapies are increasingly used in grief counseling, not only among children and adolescents, but throughout the developmental spectrum. Creative activities are commonly used in group and individual psychotherapy programs, but it is only relatively recently that these expressive modalities have been employed within the context of clinical grief work in structured settings. These forms of nonverbal communication are often more natural ways to express thoughts and feelings that are difficult to discuss, particularly when it comes to issues surrounding grief and loss. Packed with pictures and instructional detail, this book includes an eight-session curriculum for use with grief support groups as well as alternative modalities of grief art therapy.

Get a unique insight into health, bereavement, and healing! *Bereavement Counseling: Pastoral Care for Complicated Grieving* is a practical guide to the assessment and treatment of complicated grief responses, using a pastoral approach that combines clinical and spiritual care. The book addresses current theory, observations, and experience, and examines changing approaches and

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developing standards of practice. The author, an ordained minister with an extensive background in pastoral counseling, integrates spirituality into the grieving process by focusing on the partnership between spirituality and healing, the resources of spiritual practices, and the functions of counseling and spiritual/pastoral psychotherapy. By providing usable treatment strategies, sharing standard interventions, and promoting technical skill for caregivers, *Bereavement Counseling: Pastoral Care for Complicated Grieving* places sustained emphasis on giving voice to grief and recovery. The author draws from more than 20 years' experience in ministry, teaching, supervision, consultation, and therapy to present stories, vignettes, and poetry that give depth and life to the grieving process. These vignettes provide a unique insight into health, bereavement, and healing and create a living context for maintaining a person-centered focus that promotes meaning and leads to positive outcomes. The book provides templates as assessment and treatment planning aids and includes an extensive bibliography of up-to-date journal articles that reflect the latest research in the field. Topics addressed in *Bereavement Counseling: Pastoral Care for Complicated Grieving* include: universal grief processes and responses dysfunctional grieving therapies and treatment priorities reorganization and recovery how perceptions, thoughts, and belief influence care and much more! *Bereavement Counseling: Pastoral Care for Complicated Grieving* is a practical resource for clergy, pastoral care specialists, and anyone needing to help others bear with the pain of grief, process loss, gain new insight and meaning, and experience a renewed sense of healing and connection.

Basic Types of Pastoral Care and Counseling remains the standard in pastoral care and counseling. This third edition is enlarged and revised with updated resources, methods, exercises, and illustrations from actual counseling sessions. This book will help readers be sensitive to cultural diversity, ethical issues, and power dynamics as they practice holistic, growth-oriented pastoral care and counseling in the parish.

Reviews the beliefs, customs, and rituals associated with Christian funerals; discusses the growing acceptance of cremation and memorial services; and explains how to plan a spiritually meaningful funeral service.

The essentials of pastoral care involve the pastor's distinctive task of caring for those who are estranged--the lost sheep. Taken from the biblical image of the shepherd, the pastor by virtue of his or her professional calling cultivates wise judgment in order to hear the hurting and offer guidance, reconciliation, healing, sustaining presence, and empowerment to those in need. This book will outline the quintessential elements pastors need to wisely minister in today's context by discussing four major kinds of lostness: grief, illness, abuse, and family challenges. The purpose of the *Abingdon Essential Guides* is to fulfill the need for brief, substantive, yet highly accessible introductions to the core disciplines in biblical, theological, and religious studies. Drawing on the best in current scholarship, written with the need of students foremost in mind, addressed to

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learners in a number of contexts, Essential Guides will be the first choice of those who wish to acquaint themselves or their students with the broad scope of issues, perspectives, and subject matters within biblical and religious studies. A handbook to enable ministry leaders to help others through bereavement Grief is a difficult topic that ministry leaders deal with on a regular basis. Do they have confidence in helping those who are suffering the loss of a loved one? Do they feel equipped to meet the differing needs that occur in the life of a survivor? Can they lead someone through a process of grief reconciliation? Are they able to plan and implement a bereavement ministry in their church or parish? Here is a book that can help leaders in a practical way to minister to those who are grieving. In addition, they will discover essential tools to deal with grief's difficult questions. Drawing upon his thirty years of experience as a pastor and as a professional grief counselor, Dr. Michael provides a valuable resource for pastors and other grief leaders to use within their churches and organizations, and their surrounding communities. This work is a practical guide that will bring a greater understanding of the impact that loss has upon individuals and will provide competent counsel for ministering to them. In addition, it will equip the leader to implement a ministry of grief education and bereavement within a church or organization.

This unique book is a first-of-its-kind resource that comprehensively covers each facet and challenge of providing optimal perinatal palliative care. Designed for a wide and multi-disciplinary audience, the subjects covered range from theoretical to the clinical and the practically relevant, and all chapters include case studies that provide real-world scenarios as additional teaching tools for the reader. Perinatal Palliative Care: A Clinical Guide is divided into four sections. Part One provides the foundation, covering an overview of the field, key theories that guide the practice of perinatal palliative care, and includes a discussion of perinatal ethics and parental experiences and needs upon receiving a life-limiting fetal diagnosis. Part Two delves further into practical clinical care, guiding readers through issues of obstetrical management, genetic counseling, neonatal pain management, non-pain symptom management, spiritual care, and perinatal bereavement care. Part Three discusses models of perinatal palliative care, closely examining evidence for different types of PPC programs: from hospital-based programs, to community-based care, and examines issues of interdisciplinary PPC care coordination, birth planning, and team support. Finally, Part Four concludes the book with a close look at special considerations in the field. In this section, racial, ethnic, and cultural perspectives and implications for PPC are discussed, along with lessons in how to provide PPC for a wide-range of clinical and other healthcare workers. The book closes with a look to the future of the field of perinatal palliative care. Thorough and practical, Perinatal Palliative Care: A Clinical Guide is an ideal resource for any healthcare practitioner working with these vulnerable patient populations, from palliative care specialists, to obstetricians, midwives, neonatologists, hospice providers, nurses, doulas, social workers, chaplains, therapists, ethicists, and child life specialists. A person's sense of hope is essential to bereavement counselling and nursing. This book brings together research and thinking on hope to give guidance to professionals working with the bereaved. Taking in a variety of sources, this book gives a comprehensive view of the developments and possibilities in hope-inspiring bereavement counselling.

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The experience of grief has been a source of intrigue and curiosity throughout history, and it continues to stimulate thought and theory in various fields of study. Unfortunately, these fields tend to function in isolation from each other. The result is a substantial disconnect between grief research, theory, and care—which has evolved greatly over the last two decades—and ministerial practice. Using a metaphor of grief as a mosaic, Melissa Kelley presents contemporary grief theory and research, integrated with important theological, religious, and ministerial perspectives. Written in an accessible way for ministers, ministers-in-training, and all pastoral and spiritual caregivers, this book provides the most up-to-date theory and research in grief to help inform their care of others. Through exploration of critical topics including attachment to God, meaning making, and religious coping in grief, readers are brought right to the heart of a contemporary understanding of grief.

In his creative pastoral care and counseling series, veteran counselor Wayne Oates shares ideas from a lifetime of ministry. Oates focuses on life situations in addition to death that can cause grief, depression, and a sense of loss, such as divorce, job change, or relocation. More common than ever in today's world, these events offer opportunities for personal caregiving by ministers, friends, and family members. Get a unique insight into health, bereavement, and healing! Bereavement Counseling: Pastoral Care for Complicated Grieving is a practical guide to the assessment and treatment of complicated grief responses, using a pastoral approach that combines clinical and spiritual care. The book addresses current theory, observations, and experience, and examines changing approaches and developing standards of practice. The author, an ordained minister with an extensive background in pastoral counseling, integrates spirituality into the grieving process by focusing on the partnership between spirituality and healing, the resources of spiritual practices, and the functions of counseling and spiritual/pastoral psychotherapy. By providing usable treatment strategies, sharing standard interventions, and promoting technical skill for caregivers, Bereavement Counseling: Pastoral Care for Complicated Grieving places sustained emphasis on giving voice to grief and recovery. The author draws from more than 20 years' experience in ministry, teaching, supervision, consultation, and therapy to present stories, vignettes, and poetry that give depth and life to the grieving process. These vignettes provide a unique insight into health, bereavement, and healing and create a living context for maintaining a person-centered focus that promotes meaning and leads to positive outcomes. The book provides templates as assessment and treatment planning aids and includes an extensive bibliography of up-to-date journal articles that reflect the latest research in the field. Topics addressed in Bereavement Counseling: Pastoral Care for Complicated Grieving include: universal grief processes and responses dysfunctional grieving therapies and treatment priorities reorganization and recovery how perceptions, thoughts, and belief influence care and much more! Bereavement Counseling: Pastoral Care for Complicated Grieving is a practical resource for clergy, pastoral care specialists, and anyone needing to help others bear with the pain of grief, process loss, gain new insight and meaning, and experience a renewed sense of healing and connection.

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