

### Dr Leonard Coldwell

Evangelism is about reaching out to others. Really? You think? Brace yourself. In *Nudge*, author Leonard Sweet sets out to revolutionize our understanding of evangelism. He defines evangelism as “nudge” – awakening each other to the God who is already there. Sweet’s revolution promises to affect your encounters with others, as well as shaking the very roots of your own faith. So brace yourself.

A layman's look at the disease of cancer and its treatment from a 2 time cancer survivor. L. J. Martin has beaten both prostate and throat cancer and attributes both modern medical science and herbal, homeopathic, exercise, and mental attitude toward that success. A frank, candid look at treatment and its effects.

Why is it that certain intervals, scales and tones sound genuine and others false? Is the modern person able to experience a qualitative difference in a tone's pitch? If so, what are the implications for modern concert pitch and how instruments of fixed tuning are tuned? Maria Renold tackles these and many other questions, providing a wealth of scientific data. Her pioneering work is the result of a lifetime's research into Western music's Classical Greek origins, as well as a search for new developments in modern times. She strives to deepen musical understanding through Rudolf Steiner's spiritual-scientific research, and she also elucidates many of Steiner's often puzzling statements about music.

Now in paperback, the Wall Street Journal best-selling guide to charting a path from cancer to wellness through a toxin-free diet, lifestyle, and therapy--created by a colon cancer survivor. Millions of readers have followed Chris Wark's journey on his blog and podcast *Chris Beat Cancer*, and in his debut work, he dives deep into the reasoning and scientific foundation behind the approach and strategies that he used to successfully heal his body from stage-3 colon cancer. Drawing from the most up-to-date and rigorous research, as well as his deep faith, Wark provides clear guidance and continuous encouragement for his healing strategies, including his *Beat Cancer Mindset*; radical diet, and lifestyle changes; and means for mental, emotional, and spiritual healing. Packed with both intense personal insight and extensive healing solutions, the Wall Street Journal best-selling *Chris Beat Cancer* will inspire and guide you on your own journey toward wellness.

*The Only Answer to Success* contains a proven formula for changing your mind-set to that of a true “champion.” Based on thousands of hours of research and personal experience, Dr. Leonard Coldwell has come up with a proven way to retrain your mind to achieve any goal or get through any challenge with zero stress. He will systematically show you how to change the subconscious negative mind programming that is eating away your drive and enthusiasm. He will also help you counter the negative influences of family members, friends, coworkers, the government, the media, and other supposed well-wishers that do more harm than good. After applying Dr. Coldwell’s proven mind conditioning, you will retrain your mind to find success everywhere. You will be guided to success like a targeted missile. If you follow Dr. Coldwell’s proven approach — becoming successful is inevitable. You will truly have the only answer to success.

#### Self-Help

With this book, Dr. Coldwell offers people an opportunity to turn their lives into the masterpiece they are meant to be. Outstanding relationships with their colleagues, contentment, stability, a life filled with enthusiasm and passion, with inner harmony, happiness, vitality, health and strength; these will become a part of the reader’s life when they apply Dr. Coldwell’s IBMS principles. Anyone can reach freedom and the feeling of being in charge of their own life. Because freedom means to be free of manipulation, of outside influence and deception,

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everyone can be free of fear and free of the past.

New in paperback: the controversial bestseller from one of health care's most passionate and outspoken advocates that reveals what we need to know about cancer to protect ourselves, treat ourselves, and even save our lives. After losing seven members of his family to cancer over the course of a decade, Ty Bollinger set out on a global quest to learn as much as he possibly could about cancer treatments and the medical industry that surrounds the disease. As he explains in this book, there are many methods we can access to treat and prevent cancer that go well beyond chemotherapy, radiation, and surgery; we just don't know about them. Now available in paperback for the first time, *The Truth about Cancer* delves into the history of medicine--all the way back to Hippocrates's credo of "do no harm"--as well as cutting-edge research showing the efficacy of dozens of unconventional cancer treatments that are helping patients around the globe. You'll read about the politics of cancer; facts and myths about its causes; and the range of tools available to diagnose and treat it. If you're facing a cancer diagnosis right now, this book may help you and your health-care provider make choices about your next steps. If you're already undergoing conventional treatment, it may help you support your health during the course of chemo or radiation. If you're a health-care provider and want to learn all you can to help your patients, it will expand your horizons and inspire you with true stories of successful healing. And if you just want to see cancer in a new light, it will open your eyes.

Over the last few years, innovative self-help methods have convinced many people of a new worldview. Quantum Entrainment® (QE) is the newest development in this area: QE works with gentle touch that quietly activates the autonomic nervous system to spontaneously and naturally create an atmosphere in which deep healing can take place. This amazing self-help method is easy to use and needs no previous knowledge—it can be applied by everyone! And what is most astonishing: not only does the treated individual receive deep, restful healing; but the person who is using QE will also experience an immediate, prolonged sense of well-being. Give it a try—you will be surprised by how powerful Quantum Entrainment is! It works in minutes, is easily taught, requires no special training, and even works on pets!

This third book in the "Islam Rising" trilogy outlines how America and the West have been targeted by Islamists for either destruction or conversion. The word compromise isn't even in their vocabulary. Let there be no doubt, since 1979, Islamists, in the name of their religion and their god, have been continuously attacking and killing Americans. Beginning with the takeover of the US Embassy in Iran, each horrible event, including 9/11, has been identified. When will America wake up and realize that a "never ending jihad" has been declared against all of western civilization--both America and Europe? - Publisher.

By all standards of success, James Templeton seemed to have it all. He was a highly successful businessman, had a beautiful wife and daughter, and, only in his early thirties, had his whole life in front of him. To avoid the same fate as his father and grandfather, who both died of heart attacks at a young age, James became an avid runner—a passion that he believed helped him stay fit and healthy. Imagine his shock when, during a routine physical, his doctor noticed a mole on his body that turned out to be a melanoma—a dangerous form of skin cancer. The mole was removed immediately and

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James, who was diligent in his follow-up exams, appeared to be cancer-free—but only for a short while. When the cancer reappeared and had spread, on the advice of his doctor, James followed the conventional medical protocol, which included surgery and chemotherapy. He was also involved in a clinical trial. When he learned that the treatments weren't working, James was obviously devastated. He had reached a new low point in his life, and as he lay in the hospital bed, he prayed fervently for help. As if by some miracle, help came to James in the form of three different visitors who would change the course of his life—and help direct him on a path back to health. *I Used to Have Cancer* is James Templeton's memoir—an inspiring look back at his unique journey in overcoming stage 4 melanoma. James takes you with him on a trip crisscrossing America, during which he shares the various natural approaches he followed to battle his cancer—from diet and supplements to meditation and lifestyle adjustments. As his journey continued, you will see first-hand how James' definition of success changed from making money to seeing the next sunrise. And how he continues finding success by reaching out to others to share the lessons he has learned. While this book largely focuses on the various methods James used to overcome his own cancer, it is also an inspiring story of not giving up when all other avenues of conventional medicine fail. It is about taking control of your life and finding a way back from the brink of death. It is about being able to tell your friends, "I used to have cancer."

"We suffer as a result of trying to be the same when different is the only real possibility." Suyana Cole  
*The All-Inclusive Approach* reveals a way to relate to our world, environment, culture, community, and self in a relaxed, open state of being. Suyana Cole dispels many pitfalls associated with the spiritual path, opening the reader to the beauty of self-love without adding more tasks to complete or activities to accomplish. She interweaves her story of transformation to remind us all that we are moving into alignment with our Divine Nature, whether we give ourselves credit for our progress or not. Suyana's heart-centered, nourishing method provides loving companionship with which to connect while you transcend the habit of comparing your current reality to the one you desire, inviting ease and grace to permeate each glorious step along your journey of Divine remembrance.

Dr. Sircus's practical teaching manual for how to use his natural allopathic medicine protocol including dosages and treatment methods.

This book illustrates how time travel will be discovered in one thousand years and documents how these futuristic humans have traveled back in time to interact with us throughout history and are here with us today. Many self-hypnosis exercises are provided, including fifth dimension travel and teleportation, to train the reader to contact these time travelers and travel in time themselves.

I am writing this book because I hate to see people sick and suffering and in most cases they don't have to. I feel that -- if

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people know what I have done in my life to stay healthy, then my information can help them. For 73 years, I have been healthy. I'm not one of those people who was sick and got healed because of some product. I have never been sick! My Dr. Says I am in good health. There are things that I've done to stay healthy and live without sickness. Depending on the sickness, and how far it has progressed, there is a 75% chance you can gain your health back. There are things the pharmaceutical industry does not want you to know about. One of them is baking soda, go to YouTube and type in Dr. Leonard Coldwell and see what he has to say about cancer, sickness and disease. There are many things in this book that I have done, and that I know about from my experiences with herbs. They have kept me healthy. They have kept my immune system strong. They have kept my liver and spleen, and kidneys healthy for 73 years. This book can save your life! My lifestyle for the first 40 years of my life was party hearty. Drugs, alcohol, smoking was my lifestyle. But during that time of my life. I would do to my body -- what I call, maintenance. Which meant for two or three days every 2or 3 months -- I would stop everything except smoking -- and drank lemon juice and distilled water. As you will find out in this book, it describes the things I did to detox my body so that all of these drugs would not remain in my body. There are things you need to know about your colon. That is where disease starts. Please understand that lack of knowledge will destroy you. I know you do not have to be sick. Research your sickness, and then research baking soda and herbs. There is a 75% chance you can gain your health back. I am sure I can be of help!

The author presents information, case studies and patients' experiences researching and using iodine to counteract bromine exposure as well as diseases such as breast disease and cancer, prostate cancer, thyroid diseases, weight gain and brain fog.

When it comes to cancer, conventional doctors are trained to treat their patients exclusively with surgery, radiation, and chemotherapy. These methods are grueling on the whole body - and they don't treat beyond the tumor or the cancer itself. The focus is on the disease, not the whole person - and because of this, the outcomes in conventional medicine can be bleak. But it doesn't have to be this way. Dr. Leigh Erin Connealy has developed a whole-person approach to treating cancer - and these treatments have helped thousands of patients through her Cancer Center for Healing. In The Cancer Revolution, Dr. Connealy shows you how to get to the root causes of cancer and the practical steps you can take to get back on the path to healing -- from balancing your body's chemistry with nutritional supplements, following a healthy food plan, detoxifying your body and home, exercising regularly, getting deep restful sleep every night, practicing stress reduction techniques, and putting together a supportive healing team. Chemotherapy and radiation have their place in treatment, but in many cases, they are simply not enough, because cancer isn't caused by one thing, but by many different factors. All of these causes must be addressed, not just the tumor. The Cancer Revolution will equip you

to make impactful, achievable lifestyle choices that fight the root of the disease, and that offer hope for recovery and a cancer-free life.

AARP Digital Editions offer you practical tips, proven solutions, and expert guidance. With *The 9 Intense Experiences*, you can become the person you were meant to be and experience the life you've always dreamed of. What are the 9 most intense experiences—the transformative steps that can improve your life starting now? How do these experiences generate happiness, health, and success in every aspect of your life? Why have people throughout the centuries valued them and why do so few people today realize their power? The 9 intense experiences are core to the teachings of the world's great spiritual and healing traditions. Prominent artists and leaders throughout history have understood their unparalleled importance. Now the latest research in psychology, neuroscience, medicine, and other fields is verifying how essential they are. In *The 9 Intense Experiences*, internationally acclaimed life coach and speaker Brian Vaszily shows you how to take the ultimate journey within yourself that will engage your body, mind, heart, and spirit, knock down the barriers that have built up inside you, and put you back in touch with the real you. After decades of professional and personal exploration, Brian Vaszily -- founder of one of the world's most popular and unique personal growth websites and a rising star among today's top positive growth visionaries – helps you achieve your 9 intense experiences. With Vaszily's gentle and inspiring guidance, you'll learn how to abandon your stress and frustration and rediscover the wonder and possibilities in life. In *The 9 Intense Experiences*, you will learn how to: Enjoy your life more than ever before Achieve peak energy and success Ignite your, and others', brilliance Laugh off negative emotions Create deeply trusting relationships Discover your spiritual center The experiences you'll discover in this life-expanding guide are truly intense, but getting there is more enjoyable and deeply satisfying than you can imagine. Each intense experience is broken down into a series of easy exercises that will rapidly enable you to receive the transformative power of each experience. If you'd rather ride the wave than be stuck in the same-old same-old, here is your chance. Read *The 9 Intense Experiences* and find out how great the real you really is. Expect to think and feel in very different ways and get ready to be transformed.

I have seen many patients that Dr. Coldwell cured from cancer and other diseases like Multiple Sclerosis and Lupus and Parkinson's and even muscular dystrophy and many more, and I am still in constant awe of Dr. Coldwell's talent and results.---Dr. Thomas Hohn MD NMD Licensed IBMS Therapist Dr. Leonard Coldwell is brilliant, brave, innovative and creative. Motivated by the devastation of cancer in his family, Dr. Coldwell set out to find the cure for cancer, and found it, curing his mother, then 35,000 people found him, and came away cured of their disease.---Rima E. Laibow, MD, Medical Director Natural Solutions Foundation All illness comes from a lack of energy, and the greatest energy drainer is mental

and emotional stress, which I believe to be the root cause of all illness. This book will help you to create a stress, anxiety and depression proof life. You will be given the education tools and coaching you need to learn how to see and treat life's "problems" and how to see them as "challenges," and you will receive the knowledge and action plans as to how to take on this great opportunity---this great change that we call "LIFE" in a manner that will enable you to always have your individual: "Only Answer to Stress, Anxiety and Depression."

All illness comes from lack of energy, and the greatest energy drainer is mental and emotional stress, which I believe to be the root cause of all illness. Stress is one of the major elements that can erode energy to such a large and permanent extent that the immune system loses all possibility of functioning at an optimum level. The Only Answer to Cancer is a book of hope, and I want you to understand that there is always hope, no matter how bad your health situation is right now. Your journey to ultimate health begins today!

Statins are widely prescribed to lower blood cholesterol levels and claim to offer unparalleled protection against heart disease. Believed to be completely safe and capable of preventing a whole series of other conditions, they are the most profitable drug in the history of medicine. In this groundbreaking book, GP Malcolm Kendrick exposes the truth behind the hype. He will change the way we think about cholesterol forever. Rubbishing the diet-heart hypothesis, in which clinical trials 'prove' that high cholesterol causes heart disease and a high-fat diet leads to heart disease, Kendrick lambastes a powerful pharmaceutical industry and unquestioning medical profession, who, he claims, perpetuate the madcap concepts of 'good' and 'bad' cholesterol and cholesterol levels to convince millions of people to unnecessarily spend billions of pounds on statins. Clearly and comprehensively debunking assumptions on what constitute a healthy lifestyle and diet, "The Great Cholesterol Con" is the accessible, indispensable and absorbing case against statins and for a more common-sense approach to heart disease and general wellbeing. No more over-hyped miracle drugs; no more garlic, red wine, anti-oxidants, fruit or vegetables; even a vegetarian diet is rejected in this controversial yet authoritative critique of how we have been misled over how food and drugs affect our coronary health. Here, for the first time, is the invaluable guide for anyone who thought there was a miracle cure for heart disease, "The Great Cholesterol Con" is a fascinating breakthrough that will set dynamite under the whole area.

Believing in the wonderful healing powers of the human body, Paul Nison has outlined a formula to help improve health and live a disease-free life. Focusing on vibrant, raw foods as a basis for nutrition and healing, he presents sensible information about nutrition's role in disease prevention along with advice on how to make the transition to eating more life-enhancing raw foods.

A book about choices. A book to empower all cancer sufferers and their families. In March 2011 Laura Bond's mother

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Gemma was diagnosed with ovarian and uterine cancer. Laura discovered that the only thing more shocking than telling someone your mother has cancer was revealing that she had declined chemotherapy. But, according to studies, many oncologists would do the same. So Laura, a journalist, started writing a blog to explain her mother's decision to say 'no' to mainstream medicine and 'yes' to hydrogen peroxide, vitamin C injections and infrared saunas. Mum's Not Having Chemo shares Gemma's natural healing story as well as advice from over 60 of the world's leading cancer specialists and holistic healers - from oncologists in Tokyo to energy healers in Harley Street. If you want to explore alternative options, or find ways to supplement your conventional care, this book provides cutting edge research from around the world and describes treatments road-tested by Gemma and other cancer survivors. It's an invaluable and uplifting companion to help you make the best choices for your own healing journey.

Malkmus and Dye base natural healing on the premise that a diet rich in raw fruits and vegetables, and the elimination of processed "dead" foods, will result in the ultimate health.

Having trained with some of the world's greatest fighters in the toughest gyms from London to Brooklyn, Ashley has forged an enviable reputation for carving his own path in the sport - managing himself in the nascent years of his professional career, whilst fighting across the globe to build his impressive boxing credentials. Born and raised in a tough area of London, where negativity thrived, Ashley knew he was destined for something greater than what the habitats accepted as their fate. The negativity around Ashley motivated him to achieve success and he focused on the positive around him. He has never looked back. With no money behind him and little support back in the UK, he set off to New York aged 22 to fight in the small halls across the world; training relentlessly, sparring with the very best, learning the art of winning and beginning the long road back to Wembley and his recent British title fight victory against Lenny Daws, followed by a stunning title defence against former European champion Jason Cook. From the humblest of origins and the murkiest of backgrounds, it's a rehabilitation that has not gone unnoticed in the boxing world and across the wider media. For some he remains a mysterious and softly spoken 'outsider' who has let his talent do the talking, for others he offers the very best traits that any mentor or role model has to offer - having 'been there, done that' and with the battle scars, confidence and humility to prove it. It's a journey that has propelled Ashley Theophane into a genuine world title contender and the boxing elite; a fighter who understands and exemplifies the art, tactics and reading of the sport as much as the critical physical conditioning

Did you know when you eat is just as important as what you eat? It can determine your total health and wellness. Raw Food Chef and Author Paul Nison has studied the topic of health and digestion for years and shares information no one else is talking about in his newest book, The Daylight Diet. In this book you will learn the ideal times to eat for best digestion. The best times to be awake and go to sleep. How to overcoming late-night eating, lose weight, gain energy and so much more. This way of eating has also been proven to build immunity to fight disease.

HARVESTING THE PEARLS: lessons of entrepreneurial and private practice success from one generation to the next Are you ready to blaze a new path in your career? Follow the tried-and-true example of Dr. Leonard Richardson. Dr. Richardson's groundbreaking personal journey through the medical field will arm you with the tools you will need to do the same in your life. Paired with an entrepreneurial spirit, these tools

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will fuel your success in any endeavor from doctors and healthcare providers seeking a model for practicing independent medicine to the world's next generation of changers, inventors, and entrepreneurs. In *Determined to Practice*, Dr. Richardson shares with his readers the principle of merging one's legacy with the surrounding landscape and the spirit of entrepreneurship to achieve success. Within these pages, you will discover: an alternative to corporate, industrialized medicine tools for success in any endeavor, not only medicine inspiration and empowerment for new professionals to aim high"

One of Newsweek's Most Highly Anticipated New Books of 2021 *Family secrets* emerge as a best-selling author dives into the history of the mob in small-town America. Best-selling author Russell Shorto, praised for his incisive works of narrative history, never thought to write about his own past. He grew up knowing his grandfather and namesake was a small-town mob boss but maintained an unspoken family vow of silence. Then an elderly relative prodded: You're a writer—what are you gonna do about the story? *Smalltime* is a mob story straight out of central casting—but with a difference, for the small-town mob, which stretched from Schenectady to Fresno, is a mostly unknown world. The location is the brawny postwar factory town of Johnstown, Pennsylvania. The setting is City Cigar, a storefront next to City Hall, behind which Russ and his brother-in-law, "Little Joe," operate a gambling empire and effectively run the town. *Smalltime* is a riveting American immigrant story that travels back to Risorgimento Sicily, to the ancient, dusty, hill-town home of Antonino Sciotto, the author's great-grandfather, who leaves his wife and children in grinding poverty for a new life—and wife—in a Pennsylvania mining town. It's a tale of Italian Americans living in squalor and prejudice, and of the rise of Russ, who, like thousands of other young men, created a copy of the American establishment that excluded him. *Smalltime* draws an intimate portrait of a mobster and his wife, sudden riches, and the toll a lawless life takes on one family. But *Smalltime* is something more. The author enlists his ailing father—Tony, the mobster's son—as his partner in the search for their troubled patriarch. As secrets are revealed and Tony's health deteriorates, the book becomes an urgent and intimate exploration of three generations of the American immigrant experience. Moving, wryly funny, and richly detailed, *Smalltime* is an irresistible memoir by a masterful writer of historical narrative.

A professional magician exposes mystics, mediums, psychic surgeons, and others who claim to possess supernatural or paranormal powers, demonstrating how their feats are little more than well-planned tricks that any competent magician can duplicate

Part biography, part health education, part social commentary, this 132-page paperback explores the candid, controversial life and unconventional pathology skills of noted healer and nutritionist Dr. Sebi. Written in interview style and published on the 20th anniversary of Dr. Sebi's acquittal by the New York Supreme Court, *Seven Days in Usha Village: A Conversation with Dr. Sebi*, exposes readers to the healer's updated views on health and nutrition as he speaks from his native home Honduras, Central America. Beverly Oliver, the book's editor, tape recorded the seven-day interview in November 2005. She chose excerpts that shed light on Dr. Sebi's 25-year relationship with community activists, political leaders and celebrities, including Michael Jackson and the late hip hop singer Lisa "Left Eye" Lopes. The book also includes Dr. Sebi's relentless appeals to Black Americans specifically, and more broadly the general public, to change generations of harmful food consumption. The book's glossary contains chemical and botanical definitions as well as descriptions of historical figures in music, education, health, religion, and philosophy.

Forget counting calories, fat grams, and cholesterol. Forget blood pressure, blood sugar, and hormone levels. The single most important health measurement is the pH level in your blood. Now, *The pH Miracle* unlocks the surprisingly crucial role pH balance plays in weight loss. How acidic or alkaline your blood is (pH levels) directly affects your health and is controlled by diet. For example, if the blood becomes overly

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acidic from eating too much of the wrong kinds of food -- wheat, bananas, meats, and cheese -- it can lead to weight gain, diabetes, heart disease, cancer, and more. The Youngs' program includes over 50 recipes and explains which foods to eat, which to avoid, and which supplements can help on the way towards optimal health and weight loss. In just weeks, readers will find they have more energy and a stronger immune system, and will have shed pounds and inches.

Dr. Leonard Coldwell has seen 66,000 patients, with 35,000 of them having cancer. He has the highest known cancer patient cure rate of over 92.3%. This figure is based on the clinical and scientific research of the Schmargendorf Health Institute, Berlin, under the scientific leadership of Dr. Med. Thomas Hohn (MD). After you understand the IBMS® System and the message Dr. C. provides here in this book, you will finally be able to comprehend and use the tools and knowledge that Dr. C accumulated to define the ONLY way cancer Patients can be cured. No one else has a proven Cancer Patient Cure Rate. His IBMS® System is the only way back to Health for cancer patients. Dr. C has the knowledge of 45 Years and the cured patients to show how to eliminate the Root Cause of Cancer so that it never comes back. Dr. C is the founder of the Cancer Patient Advocate Foundation, and the Foundation for Drug and Crime Free Schools, and Health for Children. He is on the board of the American Anti-Cancer Society and is a consultant for large organizations and companies, actors, as well as the largest health insurance company in Europe, and a keynote speaker for Medical Congresses (Doctors and Nurses). Dr. C. is the educator of educators. The doctor who doctors go to for advice and help.

An experienced physician and health researcher explains the direct correlation between emotional and mental stress and degenerative diseases--particularly cancer. He also provides the knowledge and tools necessary to prevent or to recover quickly from a degenerative disease.

This 2,500 page cancer compendium will offer you and your family most of the information you will need to make informed choices about cancer care. This compendium will teach you about natural oncology. It is a medical book, in understandable language, about a new form of medicine called Natural Allopathic Medicine.

This booklet introduces Dr. Max Gerson and the foundation of the Gerson Therapy, that cancer and most chronic diseases are able to manifest in the body because of toxicity and nutritional deficiency. Charlotte Gerson gives an overview of the Gerson Therapy and reviews some of the methods used in the program. Also included are factual case histories of individuals confronted with breast cancer and their stories of recovery using Gerson Therapy.

In this bestselling guide, discover the healing power of diet and nutrition as an alternative therapy to help you heal from cancer and other ailments. With over 300,000 copies sold, The Gerson Therapy paved the way for alternative cancer treatments and has successfully treated cancer, hepatitis, migraines, arthritis, heart disease, emphysema, and autoimmune diseases with a revolutionary all-natural program. For years, the traditional medical establishment has called these chronic or life-threatening diseases incurable. But now, The Gerson Therapy® offers hope for those seeking relief from hundreds of different diseases. One of the first alternative cancer therapies, The Gerson Therapy® has successfully treated thousands of patients for over 60 years and has clinic locations around the country. In this definitive natural

cancer and chronic illness guide, alternative medicine therapist Charlotte Gerson and medical journalist Morton Walker reveal the powerful healing effects of nutrition, organic foods, food preparation, meal planning, and supplements combined to treat a variety of ailments. The Gerson Therapy® shows you: • How to beat cancer by changing your body chemistry • Special juicing techniques for maximum healing • How to conquer symptoms of allergies, obesity, high blood pressure, HIV, lupus, and other chronic illnesses • Which supplements will strengthen your immune system • How to prepare delicious, healthy foods using Gerson-approved recipes included in the book • And much more! This unique resource will help and inspire everyone who has ever said, “I want to get well. Just show me how.” The Gerson Therapy® offers a powerful, time-tested healing option that has worked for others—

First and foremost, I am a woman that was looking for answers, just like you. I have claimed victory over 2 breast cancer journeys. My healing journeys taught me so much about myself and breast cancer in general. These experiences have been stepping stones into creating my first book, Heal Breast Cancer Naturally, Healing Diva Retreats and various coaching programs for women that are looking for support. One out of eight women will be diagnosed with Breast Cancer. One out of 3 women will experience some form of cancer in their lifetime. I was one of those statistics even though I was living a healthy lifestyle that consisted of organic foods, regular exercise, massage, Chiropractic care and colonics. How could somebody like me develop Breast Cancer? That very question led to thousands of hours of research, study, soul-searching and prayer. It all came together as The 7 Essentials - 7 basic steps that are necessary for preventing and healing cancer, or any disease for that matter.

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