English File Beginner Workbook With Key Per Le Scuole Superiori Con Espansione Online

Test and Assessment CD-ROM Full teaching notes Photocopiable Grammar, Communicative, Vocabulary, and Song activities Photocopiable Revision activities Extra Support, Extra Challenge, and Extra Ideas for every lesson

Kristin Neff PhD, is a professor in human development whose 10 years' of research forms the basis of her timely and highly readable book. Self Compassion offers a powerful solution for combating the current malaise of depression, anxiety and self criticism that comes with living in a pressured and competitive culture. Through tried and tested exercises and audio downloads, readers learn the 3 core components that will help replace negative and destructive measures of self worth and success with a kinder and non judgemental approach in order to bring about profound life change and deeper happiness. Self Compassion recognises that we all have weaknesses and limitations, but in accepting this we can discover new ways to achieve improved self confidence, contentment and reach our highest potential. Simply, easily and compassionately. Kristin Neff's expert and practical advice offers a completely new set of personal development tools that will benefit everyone. 'A portable friend to all readers ... who need to learn that the Golden Rule works only if it's reversible: We must learn to treat ourselves as well as we wish to treat others.' Gloria Steinem 'A beautiful book that helps us all see the way to cure the world - one person at a time - starting with yourself. Read it and start the journey.' Rosie O'Donnell

English File Beginner Student's Book is suitable for CEFR level A1English File, third edition, provides a balance of grammar, vocabulary, pronunciation and skills to give students the right mix of language and motivation to get them talking. With lively lessons and engaging topics, classes are enjoyable and provide opportunity for students to practise and improve. Support for teachers includes a Teacher's Book with over 100 photocopiables along with extra tips and ideas. The Classroom Presentation Tool brings your classroom to life with the Student's Book and Workbook on-screen and interactive.

'Who're you working for then, Warshawski?' 'My cousin.' 'Boom Boom? He's dead.' 'I know. That's why I'm working for him.' Deadlock, V.I. Warshawksi's second case, involves the huge Great Lakes shipping industry. Once again the subject is murder-this time the 'accidental death' of Boom-Boom Warshawski, an ex-hockey star and V.I.'s beloved cousin, who fell-or was pushed-off a rain-slicked pier on Chicago's busy waterfront. Convinced that Boom-Boom was in fact killed because of information he had uncovered about criminal doings on the shipping lines, V.I. begins a long and frustrating search for her cousin's murderer. In the course of an investigation that takes her to a remote Canadian port city and a calamitous trip on a sabotaged freighter, V.I. finds all too many possible candidates for the killer, including a grain company executive involved in extortion; and rival heads of two shippers, one of whom is being blackmailed for his criminal past; a hockey player whose specialty is graft; and Boom-Boom's lover, an icily beautiful dancer with expensive tastes in men and merchandise.

The English File fourth edition Student ?s Book is packed full of interesting content to keep students of all abilities fully engaged and motivated. The English File fourth edition Workbook reinforces what is learned in each English File lesson, and can be used as extra practice during class, or set as homework.

English File's unique, lively and enjoyable lessons are renowned for getting students talkingEnglish File, fourth edition, has been built on tried and trusted methodology and contains uniquely motivating lessons and activities that encourage students to discuss topics with confidence.NEW TO THIS EDITIONNew and updated texts, topics, and listenings, based on feedback from English File teachersEach Student Book comes with access to new Online Practice, providing learners with extra practice and activities for each FileOnline Practice includes new Sound Bank videos, with the unique opportunity to watch a native speaker pronounce the sound, and new interactive videos where students can take part in the drama themselvesNew video listening activities are integrated into each even-numbered File. These short documentaries and dramas make class time more dynamic and excitingThe Classroom Presentation Tool shows the course content on screen, making it easier for you to deliver engaging lessonsTeacher's Resource Centre allows you to manage all English File resources and download teaching materials in one place.Find out more here

English File Third Edition Beginner is suitable for CEFR level A1.English File Third Edition provides a comprehensive package of completely new lessons, and up-to-date texts. A proven balance of grammar, vocabulary and pronunciation and skills gives students the language they need, and fresh, lively lessons and engaging topics make classes enjoyable and provide the motivation and opportunity to practice and improve.English File Third Edition Teacher's Book provides comprehensive support for teachers with full notes, extra tips and ideas. Maximise your teaching time with over 70 photocopiable activities including:Communicative activity for every lessonsGrammar activity for every Grammar BankVocabulary activity for every Vocabulary BankSong activity for every FileThe Teacher's Book Test and Assessment CD-ROM enables teachers to track progress and improve classroom management with:Quick testsFile testsProgress testsEnd of course testsA & B versions to help classroom managementWord and PDF formats for easy customisation

"Just when you thought it couldn't get any better!" A new edition of the best-selling English File - the best way to get your students talking.A blend of completely new lessons, updated texts and activities, together with the refreshing and fine-tuning of some favourite lessons from New English File - English File third edition provides the right mix of language, motivation, and opportunity to get students talking.English File third edition offers more support for teachers and students. Teacher's Book provides over 100 photocopiables to save preparation time, plus extra tips and ideas. Classroom Presentation Tool brings your classroom to life with the Student's Book and Workbook, on-screen andinteractive.

English File is a flexible course for adults and young adults which reflects the realities of both learning and teaching. At each of the first two levels, there is a fast-track core of 60 hours' class work, with additional material which can extend the course to more than 120 hours. English File 1 is for beginners and false beginners. English File gives students a real sense of achievement and progress. It offers clear learning objectives, an organized approach to revision and reference work, and a fully integrated home-study programme. For teachers, there are well-planned lessons that work, a realistic syllabus focusing on what can be achieved in a first level course, and a complete source of ready-to-use

supplementary materials. • Lessons which cover the grammar pronunciation, and vocabulary syllabus of the course, with in-built revision and recycling. • Systematic pronunciation work, with a memorable and learner-friendly introduction to English sounds. • Graded listening materials and tasks. • Travel with English. Functional language, practical communication in international 'survival' contexts. • Revision and extension. Consolidation and development of core lessons through skills work. • Vocabulary file. Systematic vocabulary development and revision, and learning tips. • Grammar file. Self-check grammar reference in language graded for beginner level. • Word bank. An active picture dictionary for memorable study and reference.

The second edition of this best-selling Python book (over 500,000 copies sold!) uses Python 3 to teach even the technically uninclined how to write programs that do in minutes what would take hours to do by hand. There is no prior programming experience required and the book is loved by liberal arts majors and geeks alike. If you've ever spent hours renaming files or updating hundreds of spreadsheet cells, you know how tedious tasks like these can be. But what if you could have your computer do them for you? In this fully revised second edition of the best-selling classic Automate the Boring Stuff with Python, you'll learn how to use Python to write programs that do in minutes what would take you hours to do by hand--no prior programming experience required. You'll learn the basics of Python and explore Python's rich library of modules for performing specific tasks, like scraping data off websites, reading PDF and Word documents, and automating clicking and typing tasks. The second edition of this international fan favorite includes a brand-new chapter on input validation, as well as tutorials on automating Gmail and Google Sheets, plus tips on automatically updating CSV files. You'll learn how to create programs that effortlessly perform useful feats of automation to: • Search for text in a file or across multiple files • Create, update, move, and rename files and folders • Search the Web and download online content • Update and format data in Excel spreadsheets of any size • Split, merge, watermark, and encrypt PDFs • Send email responses and text notifications • Fill out online forms Step-by-step instructions walk you through each program, and updated practice projects at the end of each chapter challenge you to improve those programs and use your newfound skills to automate similar tasks. Don't spend your time doing work a well-trained monkey could do. Even if you've never written a line of code, you can make your computer do the grunt work. Learn how in Automate the Boring Stuff with Python, 2nd Edition.

Grammar, pronunciation, and vocabulary practice for every lesson Practical English Revision quizzes MultiROM with video, audio, practice activities, and audio

A new, refreshed edition of the five-level English course for teenagers, with a clear structure, supported approach to speaking, practice, and exam preparation still at its heart.Solutions has been thoroughly modernized with 80% new content to draw in students, embed the grammar and vocabulary presented, and engage them in the tasks. Its guided approach builds up every student's confidence, through step-by-step objectives, lots of practice, meaningful personalizationactivities, and exam preparation tasks.The course now embraces a wide range of teaching methods, furnishing the teacher with a flexible pick-and-choose package for use in the classroom, at home, and on the move. The digital elements of the course enliven the material and allow teachers to vary the pace and focus of their lessons.Solutions turns all students into active learners, by offering a rich variety of learning opportunities for a whole range of abilities through extension and revision activities in all components - giving everyone a sense of achievement whatever their level.The Solutions Second Edition DVD-ROM material and worksheets bring the language to life by taking it out of the classroom and into authentic settings.

The International Bestseller 'With clarity and compassion, DiAngelo allows us to understand racism as a practice not restricted to "bad people." In doing so, she moves our national discussions forward. This is a necessary book for all people invested in societal change' Claudia Rankine Anger. Fear. Guilt. Denial. Silence. These are the ways in which ordinary white people react when it is pointed out to them that they have done or said something that has - unintentionally - caused racial offence or hurt. After, all, a racist is the worst thing a person can be, right? But these reactions only serve to silence people of colour, who cannot give honest feedback to 'liberal' white people lest they provoke a dangerous emotional reaction. Robin DiAngelo coined the term 'White Fragility' in 2011 to describe this process and is here to show us how it serves to uphold the system of white supremacy. Using knowledge and insight gained over decades of running racial awareness workshops and working on this idea as a Professor of Whiteness Studies, she shows us how we can start having more honest conversations, listen to each other better and react to feedback with grace and humility. It is not enough to simply hold abstract progressive views and condemn the obvious racists on social media - change starts with us all at a practical, granular level, and it is time for all white people to take responsibility for relinquishing their own racial supremacy. 'By turns mordant and then inspirational, an argument that powerful forces and tragic histories stack the deck fully against racial justice alongside one that we need only to be clearer, try harder, and do better' David Roediger, Los Angeles Review of Books 'The value in White Fragility lies in its methodical, irrefutable exposure of racism in thought and action, and its call for humility and vigilance' Katy Waldman, New Yorker 'A vital, necessary, and beautiful book' Michael Eric Dyson

Shorter syllabus for beginners - 7 units 'Words and phrases to learn' in every lesson Authentic 'People in the street' interviews Consolidation and review pages after each unit 'Can you...?' game Communication section and Listening scripts Grammar Bank, Vocabulary Bank, and Sounds Bank

The course that gets students talking.

A new edition of the best-selling English File, improved throughout with brand new digital components to use inside and outside the classroom. English File Third edition - the best way to get your students talking.The English File concept remains the same - fun, enjoyable lessons which get students talking through the right mix of language, motivation, and opportunity - but now the content and the components have been updated and improved for students and teachers.The English File third edition digital components help to make the most of teaching and learning opportunities inside and outside the classroom. The digital package includes: iTools (a digital classroom resource), iTutor and iChecker for students, Pronunciation App for mobiles, Online Workbook,Student's and Teacher's websites

English File - Beginner

English File's unique, lively and enjoyable lessons are renowned for getting students talking. In fact, 90% of English File teachers we surveyed in our impact study found that the course improves students' speaking skills.How will English File get your students talking?Lessons and activities that provide the necessary language, motivation and opportunity

for students to talk with confidence.Learners build confidence to communicate with a proven balance of Grammar, Vocabulary, Pronunciation and Skills Development in every File.Teachers and students have access to all their English File resources - video, audio, worksheets and much more - in one easy to manage place. 100% new. New Practical English video, featuring authentic interviews with real people. Shorter syllabus for Beginner-level students.

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