

Hansell And Damour Psicologia Clinica

Enjoy a comprehensive and insightful perspective on advanced and foundational topics in clinical psychology with this newly updated resource. The newly revised 4th Edition of Contemporary Clinical Psychology delivers a comprehensive and engaging view of the science and practice of clinical psychology. From a variety of different perspectives and in numerous settings, the book presents a realistic survey of the field of clinical psychology, including its history, employment opportunities, significant theoretical underpinnings, practice instructions, and guidelines for how to conduct and interpret research in this rapidly evolving area. Widely recognized author Thomas Plante includes information for specific topics, like the major theoretical models of clinical psychology, as well as general knowledge in this new edition that includes supplemental content like videos and interactive material that will increase student engagement and retention of the subject matter. Alongside chapters on topics including how to conduct contemporary psychological assessments, how to implement psychotherapeutic interventions, and descriptions of consultative, teaching, and administrative roles, Contemporary Clinical Psychology, 4th Edition features: A fully integrative, practical, biopsychosocial approach to upper-level clinical psychology subject matter. Brand new and updated student and instructor resources directly integrated into the e-text. Supplemental resources like video clips, interactive links, test banks, PowerPoint slides, and an Instructor's Manual. Coverage of the Diagnostic and Statistical Manual of Mental Disorders 5, the most recent testing instruments, and the latest research in evidence-based treatment practices. How to conduct research in an era of open access and other changes in research publication. Perfect for graduate and advanced undergraduate students in introduction to clinical psychology courses in both university psychology and counseling departments, Contemporary Clinical Psychology, 4th Edition also belongs on the bookshelves of students in free-standing schools of psychology offering PsyD and MA degrees.

Il testo si propone di affrontare il tema dell'obesità e dei disturbi del comportamento alimentare ad essa associati in una prospettiva psicologica che coniuga l'esperienza riabilitativa e di ricerca di psicologi e medici all'interno dell'Istituto Auxologico Italiano, Istituto di Ricovero e Cura a Carattere Scientifico storicamente impegnato nel trattamento dell'obesità e delle sue complicanze. Oltre ad un inquadramento generale del fenomeno obesità nella sezione 1, vengono trattati, nella sezione 2, i temi della diagnosi e dei principali trattamenti integrati per l'obesità, con un approfondimento sugli interventi psicologici e psicoterapeutici individuali e di gruppo di diverso orientamento. La sezione 3 illustra le possibilità di cura e di ricerca nei contesti extra-ospedalieri o complementari al ricovero. Si evidenzia la realtà del day hospital per l'obesità e si sottolinea il contributo della medicina di famiglia. Infine si accenna alle possibilità offerte dalle nuove tecnologie (Progetto TECNOB in particolare). Il testo fornisce dunque spunti di riflessione e pratica clinica (diagnostica e riabilitativa) per psicologi, psicoterapeuti, medici di base e specialisti di diverse aree (psichiatria, endocrinologia, cardiologia, geriatria, medicina interna, ecc.) ed altri operatori sanitari che si trovano a lavorare a vari livelli con pazienti con obesità a diversi livelli di gravità.

Work with the Angels to Detox Your Body and Energy. Detoxing with the help of your angels is a gentle way to release impurities from your body, reduce fatigue, and heal addictions. Best-selling author Doreen Virtue and naturopath Robert Reeves teach you simple steps to increase your energy and mental focus, banish bloating, feel and look more youthful, and regain your sense of personal power. In the process, you'll rid your life of physical toxins, as well as negative emotions and energies. Angel Detox guides you step-by-step on how to detox your diet, lifestyle, and relationships. You'll learn how to minimize or eliminate cravings for unhealthy food and substances, feel motivated, and enjoy wellness in all areas of your life. This book also includes 7-Day Detox Plans for those wanting to quit smoking or drinking, or to

flush out environmental pollution.

This collection of impassioned essays, published between 1973 and 2006, chronicles Thomas Szasz's long campaign against the orthodoxies of "pharmacocracy," that is, the alliance of medicine and the state. From "Diagnoses Are Not Diseases" to "The Existential Identity Thief," "Fatal Temptation," and "Killing as Therapy," the book delves into the complex evolution of medicalization, concluding with "Pharmacocracy: The New Despotism." In practice, society must draw a line between what counts as medical practice and what does not. Where it draws that line goes far in defining the kinds of laws its citizens live under, the kinds of medical care they receive, and the kinds of lives they are allowed to live.

This book introduces readers to the evolution of modern fiction in Spanish-speaking Latin America. Presents Latin American fiction in its cultural and political contexts. Introduces debates about how to read this literature. Combines an overview of the evolution of modern Latin American fiction with detailed studies of key texts. Discusses authors such as Mario Vargas Llosa, Gabriel García Márquez, Jorge Luis Borges and Isabel Allende. Covers nation-building narratives, 'modernismo', the New Novel, the Boom, the Post-Boom, Magical Realism, Hispanic fiction in the USA, and more.

'Persuasive and hearting . . . essential reading. A valuable contribution to our thinking about the life of the mind' Daily Telegraph Why is modern medicine wrong about depression? What lies beyond its surface symptoms? How do we deal with the experience of loss? In *The New Black*, Darian Leader argues that mourning an melancholia lie at the heart of what we call depression, but that we neither fully understand nor appreciate the influence of either on our inner lives. By looking more deeply at how we respond to experiences of loss, he seeks to free us from the grip of feelings that, if we let them, may destroy us. 'Leader's analysis of the work of mourning is exemplary. A fine writer who can untangle the complexities of the great psychoanalytic thinkers. *The New Black* is a book that might actually help' Independent 'An important and timely investigation into contemporary ideas about depression, the mourning process and loss' London Review of Books 'Provocative and controversial . . . a fascinating view of a global issue that may provide new answers to those who have loved and lost' Daily Record 'Rigorous and engaging . . . audacious, rich, cogently argued' Irish Times First published in English in 1972 and long out of print, *62: A Model Kit* is Julio Cortázar's brilliant, intricate blueprint for life in the so-called "City."

Psychodynamic Therapy reintroduces psychoanalytic and psychodynamic theory to the practice of clinical psychology in ways that are easily understandable, practical, and immediate in their application. Huprich readily demonstrates that, contrary to what is misconstrued and taught as relic and historical artifact, Sigmund Freud's ideas and their evolution offer a comprehensive, useful framework from which clinical psychology and psychiatry can benefit. There are more theories and approaches to psychotherapy today than ever before.

Psychodynamic Therapy attests to the fact that psychoanalytic and psychodynamic theory has more to offer clinicians and patients than any other theory. Through this book, readers will gain a greater appreciation for what psychodynamic theory offers and how they may apply these ideas toward effective clinical practice.

A part of Harper Perennial's special "Resistance Library" highlighting classic works that illuminate our times: A special edition reissue of Stanley Milgram's landmark examination of humanity's susceptibility to authoritarianism. "The classic account of the human tendency to follow orders, no matter who they hurt or what their consequences." — Washington Post Book World In the 1960s, Yale University psychologist Stanley Milgram famously carried out a series of experiments that forever changed our perceptions of morality and free will. The subjects—or "teachers"—were instructed to administer electroshocks to a human "learner," with the shocks becoming progressively more powerful and painful. Controversial but now strongly vindicated by the scientific community, these experiments attempted to determine to what extent people

will obey orders from authority figures regardless of consequences. "Milgram's experiments on obedience have made us more aware of the dangers of uncritically accepting authority," wrote Peter Singer in the New York Times Book Review. With an introduction from Dr. Philip Zimbardo, who conducted the famous Stanford Prison Experiment, *Obedience to Authority* is Milgram's fascinating and troubling chronicle of his classic study and a vivid and persuasive explanation of his conclusions.

In a suburb of a mid-sized American city, Ben and Mary welcome to the neighbourhood Sharon and Kenny who have moved in to the long-empty house next door. Fuelled by alcohol and backyard barbecues, their new friendship veers rapidly out of control as inhibitions are obliterated, laying bare the fragility of Ben and Mary's off-the-shelf lifestyle. Originally produced by Chicago's Steppenwolf Theatre, Lisa D'Amour's *Detroit* made its UK premiere at the National Theatre, London, in May 2012.

This book explores how psychoanalysis can enrich and complement sociocultural psychology. It presents theoretical integrations of psychoanalytical notions in the sociocultural framework, analyzes the historical similarities, if not intricacies, of the two fields, and presents papers that have tried to apply an enriched theoretical framework in developmental and clinical empirical work. The first section presents editors' theoretical proposition for an integration of one particular stream of psychoanalysis within sociocultural psychology, which emphasizes both the dialogical and the semiotic nature of psychological dynamics. The second section pursues this theoretical dialogue through a historical perspective. The third section pursues the implications of this parallel reasoning. It invites researchers that propose further syntheses between some strands of psychoanalysis and approaches within social and cultural psychology. The contributions collected in this section show how sociocultural psychology and psychoanalysis can complement each other, when it comes to tracing the emergence of meaning in actual interactive settings. Showing historical common roots, epistemological similarities, and theoretical complementarities, this book intends to suggest how the encounter and reciprocal contamination between cultural psychology and psychoanalysis could provide innovative theoretical and methodological syntheses. Through the various contributions three directions of development emerge as particularly promising for psychological science. Firstly, the semiotic conceptualization of affects, emerging from several of the contributors, appears to be a significant step ahead in the understanding of the dynamics of sense-making. A second promising direction of development concerns methodology. The reader will find several invitations to rethink the way of analyzing the phenomena of sense-making. Finally, the volume highlights how the connection between theory and practice in psychology is not a mere matter of application. Rather, the psychological intervention could be – needs to be – a theoretical object for cultural psychology, as it already is for psychoanalysis. At the same time, the intervention could be a fertile domain where a psychological practice endowed with reflexive capability generates new theoretical constructions.

Georg Walther Groddeck was born in Germany in 1866. Although he spent his early years as a writer—he produced a novel, poetry, and a volume of art criticism—he became a doctor in middle life and, from that point on, thought of himself as healer rather than artist. He spent the remainder of his life as director of a clinic at Baden-Baden, and continued to write, but his plan for reviewing every aspect of knowledge in terms of the hypothesis presented in *The Book of the It* was cut short by his death in 1934. His other books, *The World of Man*, *The Unknown Self*, and *Exploring the Unconscious*, are collections of Groddeck's writings on science, cosmology, and art.

The Hummingbird Hotel, just outside New Orleans, is the spiritual - and, to some, literal - home of a group of friends comprised of con artists, strippers, prostitutes, and armchair philosophers. Thinking her funeral will be a party she would rather not miss, Miss Ruby asks that her friends

celebrate her life while she's still living it.

The gap between psychotherapeutic practice and clinical theory is ever widening. Therapists still don't know what role interpersonal relations play in the development of the most common psychopathologies. Valeria Ugazio bridges this gap by examining phobias, obsessive-compulsions, eating disorders, and depression in the context of the family, using an intersubjective approach to personality. Her concept of "semantic polarities" gives a groundbreaking perspective to the construction of meaning in the family and other interpersonal contexts. At no point is theory left in the wasteland of abstraction. The concreteness of the many case studies recounted, and examples taken from well-known novels, will allow readers to immediately connect the topics discussed with their own experience.

"A Sociology of Mental Health and Illness is an intellectual 'tour de force'. Rogers and Pilgrim cogently dismantle professional pretensions towards mastery of mental illness, and in their place construct compelling arguments for the need to focus on the social, economic and political determinants of mental well-being." Professor Chris Dowrick, University of Liverpool, UK How do we understand mental health problems and the concept of happiness in their social context? How have sociologists theorized and researched mental health and illness? A former BMA Medical Book of the Year award winner, this book provides a sociological analysis of major areas of mental health and illness and helps students to develop a critical approach to the subject. This new edition is fully updated, taking into consideration changes in the areas of sociology, social psychiatry and policy analysis and changes to policy and therapeutic law. A new chapter entitled 'public mental health and the pursuit of happiness', reflects the recent focus on the creation of mentally healthy societies. A Sociology of Mental Health and Illness 4/e is a key teaching and learning resource for undergraduates and postgraduates studying a range of medical sociology and health-related courses, as well as trainee mental health workers in the fields of social work, nursing, clinical psychology and psychiatry.

This is both a 'how to' book and one that critically reviews many of the assumptions, claims and methods of qualitative research. Applying a psycho-social understanding of subjectivity to research practice involves conceptualising researcher and researched as co-producers of meanings in the research relationship. The authors use the notion of the "defended subject" to indicate that people will defend themselves against any anxieties in the information they provide in a research context. To interpret interviewees' responses should entail developing a method in which narratives are central, as should a strategy of interpretation in which interviewees' free associations are given precedence over narrative coherence. The author
Title: Olav Trygvason, Op. 50 Composer: Edvard Grieg Original Publisher: Peters
The Vocal Score to Grieg's Olav Trygvason, Op. 50, as originally published by Peters. This opera remained incomplete, with one act, three scenes. Performer's Reprints are produced in conjunction with the International Music Score Library Project. These are out of print or historical editions, which we clean, straighten, touch up, and digitally reprint. Due to the age of original documents, you may find occasional blemishes, damage, or skewing of print. While we do extensive cleaning and editing to improve the image quality, some items are not able to be repaired. A portion of each book sold is donated to small performing arts organizations to create jobs for performers and to encourage audience growth. Why has American psychoanalysis been relegated to the margins of American mental health care? In this masterful summing up of three decades of experience as a psychoanalytic editor and publisher, Paul Stepansky tells the story of a once cohesive discipline that has splintered into rivalrous "part-fields" and now

struggles to survive in a postanalytic world of cognitive-behavioral interventions, brief therapy, psychopharmacology, and managed care. Simultaneously, it is a cautionary tale of the inevitable marginalization of any profession that resists integration into the scientific mainstream of its time and place. Beyond its self-evident importance to psychoanalysts and other proponents of “talking” therapy, *Psychoanalysis at the Margins* provides an in-depth case study of the role of books, journals, and publishing in the rise and fall of a historically insular profession. For Stepansky, the near-demise of psychoanalytic publishing in America is a microcosm of the crisis of small scholarly and professional publishing in an era that has witnessed the ascendancy of internet chat groups, online seminars, Amazon.com, and electronic journal subscriptions. Positioning present-day psychoanalysis as an alternative healing modality, Stepansky explores the initiatives that have enabled other alternative professions to survive and even thrive in the face of mainstream opposition. Is it possible, he asks, that the lessons of alternative medicine can guide psychoanalysis to an “optimal marginality” that draws the mainstream to it? Pursuing pathways to this goal, Stepansky enjoins analysts to undertake a host of initiatives in the public interest that bring analytic knowledge to bear in those contexts where it can do the most good.

This book traces the development during the 20th century of four central themes in the philosophy of science. The themes, chosen for their importance are expounded in a way which does not presuppose any previous knowledge of philosophy or science. The book thus constitutes an excellent introduction to the philosophy of science.

Psicologia clinica Clinica psicologica dell'obesità Esperienze cliniche e di ricerca Springer Science & Business Media

The book examines the major issues in perinatal clinical psychology with the presence of theoretical information and operational indications, through a biopsychosocial approach. The multiplicity of scientific information reported makes this book both a comprehensive overview on the major perinatal mental health disorders and illnesses, and a clinical guide. It covers perinatal clinical psychology through a journey of 15 chapters, putting the arguments on a solid theoretical basis and reporting multiple operational indications of great utility for daily clinical practice. It has well documented new evidence bases in the field of clinical psychology that have underpinned the conspicuous current global and national developments in perinatal mental health. As such, it is an excellent resource for researchers, policy makers, and practitioners – in fact, anyone and everyone who wishes to understand and rediscover, in a single opera, the current scientific and application scenario related to psychological health during pregnancy and after childbirth.

Storia e metodi della psicologia, rapporto tra cervello e comportamento, cosa sono e come si curano i disturbi psichici e comportamentali: una guida completa e articolata alla conoscenza della psicologia moderna, nella sua duplice, ma

complementare, ramificazione in scienza dei processi cognitivi e scienza dei processi dinamici. Questa nuova edizione tiene conto dei più recenti sviluppi della ricerca psicologica in un'ottica interdisciplinare e offre un panorama articolato degli studi attuali. L'indice degli argomenti è stato arricchito dalla traduzione inglese di ciascun termine, così da facilitare la ricerca bibliografica nelle banche dati internazionali.

Designed for interviewers of all experience levels, *The Pocket Guide to the DSM-5? Diagnostic Exam* is the clinician's companion for using DSM-5? in diagnostic interviews. The Pocket Guide addresses the goals of the interview, provides an efficient structure for learning how to conduct one, and explains the ways in which DSM-5? impacts the interview.

Organised according to the DSM-IV classification of mental disorders, this is a groundbreaking and thoroughly comprehensive book. *DSM-IV-TR Mental Disorders: Diagnosis, Etiology and Treatment* is unique in that it also contains information about how to make the psychiatric diagnosis and the etiology and pathophysiology of disorders, as well as an in-depth discussion of the range of treatments that are appropriate for each disorder. The only one-book solution on the market, uniting diagnosis, etiology and treatment of psychiatric disorders Organization mirrors actual DSM-IV for enhanced usability Includes contributions written by many of the actual DSM architects "A book that fulfils the role of the DSM plus includes information about etiology and treatment...an instant bestseller." ALLEN FRANCES, DUKE UNIVERSITY, UK "I think this book is something many clinicians worldwide have been waiting for for many years..." MARIO MAJ, UNIVERSITY OF NAPLES, ITALY Invaluable to psychiatrists, clinical psychologists, clinical social workers and practicing mental health professionals.

In this surprising book, Allan V. Horwitz argues that our current conceptions of mental illness as a disease fit only a small number of serious psychological conditions and that most conditions currently regarded as mental illness are cultural constructions, normal reactions to stressful social circumstances, or simply forms of deviant behavior. "Thought-provoking and important. . .Drawing on and consolidating the ideas of a range of authors, Horwitz challenges the existing use of the term mental illness and the psychiatric ideas and practices on which this usage is based. . . . Horwitz enters this controversial territory with confidence, conviction, and clarity."—Joan Busfield, *American Journal of Sociology* "Horwitz properly identifies the financial incentives that urge therapists and drug companies to proliferate psychiatric diagnostic categories. He correctly identifies the stranglehold that psychiatric diagnosis has on research funding in mental health. Above all, he provides a sorely needed counterpoint to the most strident advocates of disease-model psychiatry."—Mark Sullivan, *Journal of the American Medical Association* "Horwitz makes at least two major contributions to our understanding of mental disorders. First, he eloquently draws on evidence from the biological and social sciences to create a balanced, integrative approach

to the study of mental disorders. Second, in accomplishing the first contribution, he provides a fascinating history of the study and treatment of mental disorders. . . from early asylum work to the rise of modern biological psychiatry."—Debra Umberson, *Quarterly Review of Biology*

Operationalized Psychodynamic Diagnosis (OPD) is a form of multiaxial diagnostic and classification system based on psychodynamic principles, analogous to those based on other principles such as DSM-IV and ICD-10. The OPD is based on five axes: I = experience of illness and prerequisites for treatment, II = interpersonal relations, III = conflict, IV = structure, and V = mental and psychosomatic disorders (in line with Chapter V (F) of the ICD-10). After an initial interview lasting 1–2 hours, the clinician (or researcher) can evaluate the patient's psychodynamics according to these axes and enter them in the checklists and evaluation forms provided. The new version, OPD-2, has been developed from a purely diagnostic system to include a set of tools and procedures for treatment planning and for measuring change, as well as for determining the appropriate main focuses of treatment and developing appropriate treatment strategies.

Dietrich Fischer-Dieskau, the foremost interpreter of lieder of our day, is the most recorded vocal artist of all time. These memoirs reveal the man behind the artistry.

On the day my little girl made a girl, the temperature was 91 degrees at sunrise. The trailer home felt like the inside of a wolf's mouth. My girl skipped her bed-jumping, brushed her white teeth and started talking something like this . . . Ten-year-old Anna Bella and her hermetic mother Irene live in a decaying trailer on the edge of town. When interstate highway development threatens their home, Anna Bella brings to life a new girl from the mud in the trailer park. Together, they navigate mythology, Frankenstein and police chases in a fiercely hypnotic tale about survival and the mother/daughter bond. A haunting, rhythmic 'ghost story' from Pulitzer Prize finalist Lisa D'Amour. *Anna Bella Eema* opened at the Arcola Theatre, London, in September 2019.

The first major French poet to disassociate lyric poetry from its musical setting, Eustache Deschamps gives poetry a value independent of music. This work, *Deschamps' ars poetica*, examines many aspects of medieval attitudes towards poetry as well as the historical conditions of medieval life. Despite remaining incomplete, *L'art de dictier* is considered remarkable for its acceptance of the vernacular, its deemphasis of medieval setting, and its author's place in historical poetic tradition. In fact, Geoffrey Chaucer borrowed extensively from his French contemporary, and Deschamps returned the compliment, calling him "grand translateur" in his "Ballade adresse a Geoffrey Chaucer."

Now completely revised (over 90% new), this is the authoritative diagnostic manual grounded in psychodynamic clinical models and theories. Explicitly oriented toward case formulation and treatment planning, PDM-2 offers practitioners an empirically based, clinically useful alternative or supplement to

DSM and ICD categorical diagnoses. Leading international authorities systematically address personality functioning and psychological problems of infancy, childhood, adolescence, adulthood, and old age, including clear conceptualizations and illustrative case examples. Purchasers get access to a companion website where they can find additional case illustrations and download and print five reproducible PDM-derived rating scales in a convenient 8 1/2" x 11" size. New to This Edition *Significant revisions to all chapters, reflecting a decade of clinical, empirical, and methodological advances. *Chapter with extended case illustrations, including complete PDM profiles. *Separate section on older adults (the first classification system with a geriatric section). *Extensive treatment of psychotic conditions and the psychotic level of personality organization. *Greater attention to issues of culture and diversity, and to both the clinician's and patient's subjectivity. *Chapter on recommended assessment instruments, plus reproducible/downloadable diagnostic tools. *In-depth comparisons to DSM-5 and ICD-10-CM throughout. Sponsoring associations include the International Psychoanalytical Association, Division 39 of the American Psychological Association, the American Psychoanalytic Association, the International Association for Relational Psychoanalysis & Psychotherapy, the American Association for Psychoanalysis in Clinical Social Work, and five other organizations.

Teaching and Digital Technologies: Big Issues and Critical Questions helps both pre-service and in-service teachers to critically question and evaluate the reasons for using digital technology in the classroom. Unlike other resources that show how to use specific technologies – and quickly become outdated, this text empowers the reader to understand why they should (or should not) use digital technologies, when it is appropriate (or not), and the implications arising from these decisions. The text directly engages with policy, the Australian Curriculum, pedagogy, learning and wider issues of equity, access, generational stereotypes and professional learning. The contributors to the book are notable figures from across a broad range of Australian universities, giving the text a unique relevance to Australian education while retaining its universal appeal. Teaching and Digital Technologies is an essential contemporary resource for early childhood, primary and secondary pre-service and in-service teachers in both local and international education environments.

In this seminal work, Dr. Szasz examines the similarities between the Inquisition and institutional psychiatry. His purpose is to show “that the belief in mental illness and the social actions to which it leads have the same moral implications and political consequences as had the belief in witchcraft and the social actions to which it led.”

Rumination (recyclic negative thinking), is now recognised as important in the development, maintenance and relapse of recurrence of depression. For instance, rumination has been found to elevate, perpetuate and exacerbate depressed mood, predict future episodes of depression, and delay recovery during cognitive therapy. Cognitive therapy is one of the most

effective treatments for depression. However, depressive relapse and recurrence following cognitive therapy continue to be a significant problem. An understanding of the psychological processes which contribute to relapse and recurrence may guide the development of more effective interventions. This is a major contribution to the study and treatment of depression which reviews a large body of research on rumination and cognitive processes, in depression and related disorders, with a focus on the implications of this knowledge for treatment and clinical management of these disorders. * First book on rumination in depressive and emotional disorders * Contributors are the leaders in the field * First editor is a rising researcher and clinician with specialist interest in depression, and second editor is world renowned for his work on cognitive therapy of emotional disorders

The increasing prevalence of morbid obesity has led the World Health Organization to coin the descriptive term “globesity” to reflect the worldwide nature of the problem. Providing health care to these patients, especially when surgery is required, can be extremely challenging owing to the specific needs in respect of logistics, facilities, and professional expertise.

Appropriate care has to date often been unachievable and unaffordable outside of established bariatric centers, but such centers themselves usually have insufficient capacity and resources to cope with the demand among the general population. This book therefore provides a wealth of guidance and helpful tips and tricks on how to deal with obese patients within a general surgery setting. Importantly, it highlights the need for global rethinking on public health as regards resource allocation and patterns and standards of care, with the ultimate goal of improving outcomes through greater affordability.

According to the Office of National Statistics, depression occurs in 1 in 10 adults in Britain at any one time. But what constitutes depression? And what role have the pharmaceutical companies played in creating an idea of depression that turns human beings into neurochemical machines? Where does that leave the human spirit? Do we ask and expect too much of science, rather than accepting that there are important matters about which we may always be unsure? Could this lack of certainty be at the heart of what it means to be human? In his fascinating account of the close relationship between psychiatric diagnosis and the pharmaceutical industries, Gary Greenberg uses his personal experience over a two-year exposure to drug testing and different therapies for depression, backed up by twenty years of professional practice as a psychotherapist, to answer these questions and unravel the 'Secret History of a Modern Disease'.

The Eden Express describes from the inside Mark Vonnegut's experience in the late '60s and early '70s—a recent college grad; in love; living communally on a farm, with a famous and doting father, cherished dog, and prized jalopy—and then the nervous breakdowns in all their slow-motion intimacy, the taste of mortality and opportunity for humor they provided, and the grim despair they afforded as well. That he emerged to write this funny and true book and then moved on to find the meaningful life that for a while had seemed beyond reach is what ultimately happens in The Eden Express. But the real story here is that throughout his harrowing experience his sense of humor let him see the humanity of what he was going through, and his gift of language let him describe it in such a moving way that others could begin to imagine both its utter ordinariness as well as the madness we all share.

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