

Illustrated Herbal Encyclopedia Jlip

A reference providing general information in the fields of politics, the humanities, science, geography, history, law, languages, and sports

Provides information on the history, uses, range, and characteristics of more than one hundred herbs, and offers tips on growing them

The ultimate single-volume reference for home, school, and office. More than 1,500 full-color maps, diagrams, and illustrations.

A guide to country living features photographs, illustrations, instructions and tips for living off the land, covering such topics as canning and preserving, soap-making, and building a dog house.

Rodale's Illustrated Encyclopedia of Herbs Rodale

This meticulously researched compendium provides every aspect of growing, identifying, harvesting, preserving, and using more than 500 species of herbs. Thorough profiles provide a plant's botanical name and family, whether it is an annual or perennial, its height, hardiness, light requirements, water consumption, required soil type, and pH. The often fascinating history of the plant, the chemistry of its essential oils, and its culinary, landscape, and craft uses are also included, as is advice on how to propagate. For the first edition of their work, both authors received The Gertrude B. Foster Award for Excellence in Herbal Literature from the Herb Society of America. This new edition adds important species and includes updated nomenclature.

More than 100 Remedies and Recipes for Vibrant Health! Packed with step-by-step instructions to make your own herbal remedies, simple recipes for cooking with herbs and spices, and beautiful photographs, this might be the most comprehensive guide to natural remedies ever published. Here readers can learn about alternative medicine and homeopathic approaches, aromatherapy and essential oils, and much, much more. Natural Healing for Common Ailments Cooking with Superfoods Juices & Cleanses Edible Wild Plants Planning an Herb Garden Everyday Treatments for Women & Children Natural Cleansers for the Home Homemade Non-Toxic Cosmetics Revitalizing Tinctures & Shots Anti-Inflammatory Foods Take charge of your family's health and well-being with this comprehensive guide.

Describes, identifies, and defines words, people, animals, objects, and places that frequently appear in crossword puzzles

A typical entry provides the plant's botanical name and family, whether it is an annual or perennial, and its height, hardiness, light requirements, water consumption, and required soil type and pH. The plant's name in various languages is included, as is a history of the plant, its chemistry, how to propagate the plant, and its culinary and landscape uses. A botanical key is given to identify the plant, and its description includes its country of origin and various data on the plants, leaves, flowers, fruits, and seeds.

Discover the joys of all-natural body care. Stephanie Tourles shows you how to use fruit, flowers, herbs, and minerals to craft healthy products that promote radiant skin, strong nails, shiny hair, and an elevated mood. Pamper yourself from head to toe with products like Strawberry Cleanser, Pineapple Sunflower Scrub, and Almond Rose Body Lotion. Gentle on your skin and free of harsh chemicals found in commercial products, you'll want to indulge yourself over and over with these luxuriously aromatic bath blends, face masks, and body scrubs.

"Here there be dragons"—this notation was often made on ancient maps to indicate the edges of the known world and what lay beyond. Heroes who ventured there were only as great as the beasts they encountered. This encyclopedia contains more than 2,200 monsters of myth and folklore, who both made life difficult for humans and fought by their side. Entries describe the appearance, behavior, and cultural origin of mythic creatures well-known and obscure, collected from traditions around the world.

The European Garden Flora is the definitive manual for the accurate identification of cultivated ornamental flowering plants. Designed to meet the highest scientific standards, the vocabulary has nevertheless been kept as uncomplicated as possible so that the work is fully accessible to the informed gardener as well as to the professional botanist. This new edition has been thoroughly reorganised and revised, bringing it into line with modern taxonomic knowledge. Although European in name, the Flora covers plants cultivated in most areas of the United States and Canada as well as in non-tropical parts of Asia and Australasia. Volume 5 completes the series, and includes many important ornamental families, such as Labiatae, Solanaceae, Scrophulariaceae, Acanthaceae, Campanulaceae, and the largest family of Dicotyledons, the Compositae.

Still considered the definitive work on medicinal herbs and their uses after two decades, the Handbook of Medicinal Herbs has undergone a long-anticipated revision. In the second edition, world-renowned ethnobotanist James A. Duke provides up-to-date data on over 800 of the world's most important medicinal plant species. The book contains more species, phytochemicals, proven indications, folk indications, and dosage data than the first edition in a new easier to use format. The in-depth content, the addition of color plates and over 200 black and white illustrations makes this book the most comprehensive resource on medicinal herbs available. NEW IN THE SECOND EDITION: · Over 100 color plates, 4 color maps · Over 200 black and white illustrations · Over 800 medicinal plants — more than twice as many as the previous edition organized alphabetically by common name · More herbs from the African, Ayurvedic, Chinese, and Jamu traditions EASY ACCESS TO INFORMATION YOU NEED Designed to give you fast access to the information you need on a regular basis, this new edition is organized more systematically than any other medicinal herb publication. The entries are now arranged alphabetically by common name with the scientific name in parenthesis. Major synonyms are also provided. · It has become increasingly clear that there are hundreds of biologically active compounds, often additive or synergistic, in all our plants, foods, spices, herbs, medicinal, and poisonous plants. The debate continues on how these plants work and how they should be used. Blending scientific fact with folk uses and the author's personal experience, Handbook of Medicinal Herbs, Second Edition provides the most well rounded discussions of safety, efficacy, toxicity, and rational use found in any herbal reference.

Comprehensive description & evaluation of horticulture as it is known & practiced in the US & Canada by amateurs & by professionals.

This full-color text and practical clinical reference provides comprehensive information on herbal remedies for both large and small animal species. Key coverage includes clinical uses of medicinal plants, specific information on how to formulate herbal remedies, a systems-based review of plant-based medicine, and in-depth information on the different animal species--dog, cat, avian and exotic, equine, food animal, and poultry.

Alphabetically arranged entries for a wide variety of vegetables, herbs, and fruit provide cultivation advice, information on pests and diseases, and facts on culinary use along with recipes.

Informs readers about various aspects of ancient Rome, including history, art, culture, and mythology.

Learn how to improve your life using the spiritual properties all around you in nature. This revised and expanded guide includes the magical properties and uses for nearly 300 plants. Entries describe how to use spells or rituals and potions that solve ev

Kitchen pharmacy meets green cleaning and natural beauty in this comprehensive handbook of 501 recipes that harness the power of plants to enhance wellness and toxin-free living. Expert herbalist Pip Waller provides a wealth of information about growing, collecting, preserving, and preparing herbs for a variety of purposes--from cleaning products, to food and drink, medicines, beauty products, and more. Attractive and easy to use, The Herbal Handbook for Home and Health includes growing tips and profiles of herbs, guidelines for setting up an herbalist's kitchen, and techniques to make everything from tinctures to tonics. A valuable resource for anyone affected by allergies or sensitivities, this compendium is handsomely produced with two-color printing throughout and more than three hundred striking illustrations. The Handbook includes contributions from herbalists from around the world and encompasses recipes that range from very simple to more complex. Seasoned herbalists as well as those just beginning to explore the world of herbs will find something to start their own nontoxic, non-allergenic domestic revolution. The book includes:

- A history of herbal lore
- The herbalist's kitchen--equipment and procedures for harnessing the power of plants
- Green cleaning products (from floor wax to stain removers)
- Herbal pharmacy (from throat lozenges to hangover cures)
- Nutritional supplements and detoxes
- First aid (from anti-anxiety drops to bruise ointment)
- For travel (insect repellent to anti-nausea drops)
- Food and drink (breads, butters, wines, teas)
- Beauty and balms (toothpaste to shampoo to lip balm)
- Kitchen Pharmacy
- Food & Drink
- Beauty, Balms & Personal Care

The European Garden Flora is the definitive manual for the accurate identification of cultivated ornamental plants and has been designed to meet the highest scientific standards. The vocabulary has nevertheless been kept as uncomplicated as possible so that the work is fully accessible to the informed nurseryman, gardener, and landscape architect, as well as the professional botanist. Volume VI concludes the Flora and contains accounts of 38 families of dicotyledons, including Compositae (with over 190 genera), the largest family of flowering plants. Many other genera of horticultural importance such as Calceolaria, Penstemon, Hebe, Solanum, Buddleia, and Sencio are also discussed.

Comprehensive keys are provided at the level of family, genus and species and line diagrams are included to illustrate important diagnostic features of critical taxa. References are made to useful illustrations and taxonomic accounts, and a small amount of guidance on cultivation is also included for many genera.

With the resurgence of small-batch, locally crafted boutiques and brands that mimic heritage brand ideals, today's consumers are looking for a product with an emphasis on locally sourced production and ingredients. They are already stocking their pantries and fridges with natural, whole foods and relying on real ingredients for better health. The Home Apothecary offers fresh ideas for caring for the body on the outside, too. It features a bounty of recipes: more than 75 original, natural, and absolutely chemical-free body care products from face masks to bug repellent to soothing lotions. Cold Spring Apothecary's nationally recognized green-luxury beauty and home goods formulas will be taught in such a way that readers will soon be experimenting on their own.

Promote vibrant health and radiant beauty, soothe everyday ailments, and ease persistent stress with these simple, natural cures for everything from dry skin and infant colic to cold symptoms and insomnia. Renowned herbalist Rosemary Gladstar provides 175 proven therapies and herbal remedies that are easy to prepare and safe enough for children. Offering a potent and effective alternative to commercial pharmaceuticals, Gladstar will inspire you to nurture yourself and those you love with nature's healing herbs.

Go Green in Every Part of Your Life with This Huge Collection of Easy, All-Natural Products Kick toxic, synthetic skin care products and cleaners out the door and bring the healing joy of nature into your life with these simple, customizable projects. In this new and expanded edition of 101 Easy Homemade Products for Your Skin, Health & Home, Jan Berry adds 50 brand new recipes for a total of 151 in all, making this beloved book a complete and versatile resource. You'll learn how to make your own skin care and hair care products, health remedies and household cleaners, such as:

- Honey, Rose & Oat Face Cleanser
- Triple Sunshine Body Butter
- Sleepy Time Bath Bombs
- Wildflower Shower Scrub Bars
- Lip Gloss Pots
- Cucumber Mint Soap
- Lemon Balm & Ginger Sore Throat Drops
- Lemon & Rosemary All-Purpose Cleaning Spray
- Lavender Laundry Detergent

• And so much more! All of the projects are easy to make and use commonly found herbs, flowers, oils and other natural ingredients. No fancy equipment or previous experience required! The new edition is packed with even more basic formulas, so you can make your own one-of-a-kind creations. Going green has never been easier or more affordable. With this book, you can use local, natural ingredients to make something beautiful, effective and good for you and your family.

"[A] detailed reference on the natural history of the world, and its botanical and zoological species, presented in these chapters: The origin of life, Evolution, The plant kingdom, Plant species, The animal kingdom, The invertebrates, Vertebrates, The primates"--Page 4 of cover.

"A basic reference for every gardener. Includes a supplement for planting Victory gardens during WW II. All plants are listed twice--once with botanical name and once with common name. In addition to plants, the encyclopedia includes references on soil, fertilizers, construction, planning, diseases, pests. While the information on chemicals is now obsolete, most of the rest of the thousands of entries are still accurate and useful."--Abebooks.com viewed Dec. 8, 2020.

Walter P. Wright bietet in diesem Werk einen interessanten Einblick in die Welt der Pflanzen und der Gartenarbeit. Untermalt werden seine Ausführungen durch vielzählige und detailreiche Illustrationen. Es handelt sich hierbei um eine englischsprachige Ausgabe.

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