

## Inside The Obriens Lisa Genova

A moving story of a woman with early onset Alzheimer's disease, now a major Academy Award-winning film starring Julianne Moore and Kristen Stewart. Alice Howland is proud of the life she worked so hard to build. At fifty, she's a cognitive psychology professor at Harvard and a renowned expert in linguistics, with a successful husband and three grown children. When she begins to grow forgetful and disoriented, she dismisses it for as long as she can until a tragic diagnosis changes her life - and her relationship with her family and the world around her - for ever. Unable to care for herself, Alice struggles to find meaning and purpose as her concept of self gradually slips away. But Alice is a remarkable woman, and her family learn more about her and each other in their quest to hold on to the Alice they know. Her memory hanging by a frayed thread, she is living in the moment, living for each day. But she is still Alice.

'Remarkable ... illuminating ... highly relevant today' Daily Mail 'The most accurate account of what it feels like to be inside the mind of an Alzheimer's patient I've ever read. Beautifully written and very illuminating' Rosie Boycot 'Utterly brilliant' Chrissy Iley Two women in Nantucket, dealing with their own separate issues of death and heartbreak, find solace in each other's friendship.

Ron Hoffman survived a nearly fatal bullet wound as a boy of ten. Now he spends his life as a national leader in the holistic care of people living with Lou Gehrig's disease,

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ALS.

Sometimes the toughest journey is the one that takes you back to your roots. For Katie, navigating life and love is trickier than walking barefoot on a beach full of broken shells. Maybe Katie will break the family cycle of alcoholism. Maybe she won't. Set against the backdrop of picturesque, seaside Cape May, Cape Maybe traces the push and pull of Katie's conflicting love for her erratic mother and steadfast grandfather, and her ever-growing attraction to her best friend, Dennis. Katie's life is shaped by her vow to be nothing like her alcoholic mother. Her reckless teenage choices test the strength of family ties, friendship, and first love. Ultimately about hard-earned hope, what we inherit, and what we choose to let go, in Cape Maybe Katie discovers what she never expected about motherhood, forgiving yourself, and creating your own second chances. Inside the O'Briens A Novel Simon and Schuster

\*\*\* THE FEEL-GOOD NOVEL OF THE SUMMER AND A RICHARD & JUDY BOOK CLUB 2018 SELECTION \*\*\* 'Wow. Just wow. If you liked Me Before You, you'll love You Me Everything' Sunday Times bestseller Clare Mackintosh Set in the French countryside over one hot summer, You Me Everything is a tender novel about finding joy and love even in the most unexpected places. Jess and her ten-year-old son William set off to spend the summer at Château de Roussignol, deep in the rich, sunlit hills of the Dordogne. There, Jess's ex-boyfriend and William's father, Adam, runs a beautiful hotel in a restored castle. Jess is bowled over by what Adam has

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accomplished, but she's in France for a much more urgent reason: to make Adam connect with his own son. Jess can't allow Adam to let their son down because she is tormented by a secret of her own, one that nobody - especially William - must discover. By turns life-affirming, heart-wrenching and joyful, *You Me Everything* is a novel about one woman's fierce determination to grab hold of the family she has and never let go, and a romantic story as heady as a crisp Sancerre on a summer day. 'Emotional and powerful - and also hugely enjoyable. It's a love story in every sense of the word' Claire Frost 'You broke my heart AND made it soar! Isabelle Broom 'Packed with twists and surprises' Good Housekeeping 'A heart-wrenching story which explores the lengths we're willing to go to for those we love' Cosmopolitan 'Beautiful' Closer 'Will stay with you' Marie Claire US 'A heart-breakingly real story and poignant story of love, regret and second chances. This is one of the books that everyone will be talking about' Heat 'Destined for big things' Red 'An ideal holiday read' Sunday Mirror 'One of the summer's big hitters' Fabulous 'Must read' New York Post 'What a gorgeous book. A sensitive subject, beautifully handled. Loved it' Jill Mansell 'Heartwarming, thoughtful and very special' Jenny Colgan 'Reminiscent of One Day' Sarah Vaughan 'Too early for a book of the year? I don't think so! I ADORED *You Me Everything*. I lived it. I loved it. I will never, ever forget it' Linda's Book Bag 'A shimmering setting, a rekindled love and a looming tragedy ... I tore through it and loved it to the last word' Louise Candlish 'I laughed, I cried and I even cheered. I have a feeling *You Me Everything* will be the

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book everyone is talking about in 2018' Kate's Book Spot 'What a beautiful, heart-wrenching read' Rea's Book Reviews 'I'm in pieces; such a stunningly eloquent, heartfelt story. This will be the book everyone is talking about' Penny Parkes 'Fabulous, you are all in for a major treat' Milly Johnson 'One to watch out for' Book Angel

In Lisa Genova's New York Times bestselling novel—and Academy Award-winning film—of resilience in the face of a devastating diagnosis, a vibrant mother in her thirties learns what matters most in life when a car crash leaves her with a traumatic brain disorder called “left neglect.” Sarah Nickerson, like any other working mom, is busy trying to have it all. One morning while racing to work and distracted by her cell phone, she looks away from the road for one second too long. In that blink of an eye, all the rapidly moving parts of her over-scheduled life come to a screeching halt. After a brain injury steals her awareness of everything on her left side, Sarah must retrain her mind to perceive the world as a whole. In so doing, she also learns how to pay attention to the people and parts of her life that matter most. In this powerful and poignant New York Times bestseller, Lisa Genova explores what can happen when we are forced to change our perception of everything around us. *Left Neglected* is an unforgettable story about finding abundance in the most difficult of circumstances, learning to pay attention to the details, and nourishing what truly matters.

One typical morning, Sarah Nickerson, a woman in her mid-thirties, is late for work, racing in her car after dropping her kids off at school and daycare. She tries to phone in

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to a meeting she should already be at when she takes her eye off the road for a second too long. In that blink of an eye, all the rapidly moving parts of her over-scheduled life come to a screeching halt. Sarah suffers a traumatic head injury. Her memory and intellect are intact, but she has lost all interest in, and the ability to perceive, information coming from the left side of space. The left side of her world has gone. Sarah only eats the food from the right side of her plate. She can't see her watch, or her engagement diamond or her wedding ring. She tries to use a wheel chair but can only spin in circles as her left arm dangles by her side.

'If you are hungry for truth and beauty, read this book' Roisin Ingle, The Irish Times 'A demonstration of a will to live that is breathtaking ... a work of documentary poetry ... an extraordinary read' The Herald 'An unforgettable read about what it means to be alive' Woman's Way 'The world "inspirational" is over-used, but if ever a book deserved this epithet, this is it' Sunday Independent 'Sparsely and beautifully written .. the human spirit and will to live shines out of these pages' Irish Independent A No.1 bestseller, It's Not Yet Dark is an unforgettable book about relationships and family, about what connects and separates us as people and, ultimately, about what it means to be alive. In 2008, Simon Fitzmaurice was diagnosed with Motor Neurone Disease (mnd). He was given four years to live. In 2010, in a state of lung-function collapse, Simon knew with crystal clarity that now was not his time to die. Against all prevailing medical opinion, he chose to ventilate in order to stay alive. Here, the young filmmaker, a husband and father of five small children draws us deeply into his inner world. Written using an eye-gaze computer and told in simply expressed and beautifully stark

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prose, the result is an astonishing journey into a life which, though brutally compromised, is lived more fully and in the moment than most, revealing at its core the power of love its most potent.

Move past trauma, balance your emotions, and reconnect with your body's innate wisdom in *The Body Awareness Workbook for Trauma*. There is a piercing epidemic of trauma in the world today. Every few days there are reports of another tragedy, of more lives lost to gun violence, loved ones and family homes lost to floods, hurricanes, or fires. Women have come to speak openly about the trauma of sexual assault, and we are finally talking openly about the trauma inflicted on people of color, on transgender people, and immigrants. But now that this trauma is out in the open, how do we heal? For years, we've understood the connection between trauma and mental health issues, such as depression and anxiety. But somatic psychology has recently shown that our bodies hold on to trauma, and trauma can manifest in physical symptoms, such as pain, hormone imbalance, sexual dysfunction, and addiction. In addition, we now know that developmental trauma—trauma that emerges when basic childhood needs are not met—can result in profound emotional stress and lead to serious diseases. Building on this knowledge, this cutting-edge guide offers simple skills for connecting and calming your body, balancing your emotions, and rewiring old patterns of reactivity for better self-regulation. The mind-body approach in this book is designed to guide you away from post-traumatic stress disorder (PTSD) and trauma and toward posttraumatic growth. Using these exercises, you'll learn how to reconnect and relate to your body—and yourself as a whole—in a new and healthy way. If you're ready to move past your trauma and rediscover your body's innate capacity for healing, growth, vitality, and joy, this unique guide will help light the way.

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Don't miss B. A. Shapiro's new novel, *The Collector's Apprentice*, available now! "Vibrant and suspenseful . . . Like *The Art Forger*, this new story takes us into the heart of what it means to be an artist." —The Washington Post "B. A. Shapiro captivated us in 2012 with her 'addictive' novel *The Art Forger*. Now, she's back with another thrilling tale from the art world."

—Entertainment Weekly When Alizée Benoit, an American painter working for the Works Progress Administration (WPA), vanishes in New York City in 1940, no one knows what happened to her. Not her Jewish family living in German-occupied France. Not her artistic patron and political compatriot, Eleanor Roosevelt. Not her close-knit group of friends, including Mark Rothko, Jackson Pollock, and Lee Krasner. And, some seventy years later, not her great-niece, Danielle Abrams, who while working at Christie's auction house uncovers enigmatic paintings hidden behind works by those now-famous Abstract Expressionist artists. Do they hold answers to the questions surrounding her missing aunt?

THE WITCHER MEETS TRUE GRIT Evaline Cartwright: war veteran, bounty hunter, known to many in Ariasun County by her thoroughly-earned appellation, "Calamity Cartwright." Trivan Esterhazy: a woman gravely wounded, hoping to find a better life for herself in more civilized parts of the nation. The two have only just met, both riding a steamboat north through the county to escape foul dealings in their respective lives, but a violent attack by a rogue mage has ensured their abrupt alliance. Armed with Evaline's wits and weaponry and Trivan's instincts and common sense, the women will have to plot their way through hostile territory and wild woods in the hopes of defeating the mage and freeing themselves of its volatile magicks. *What Was Your Name Downriver?* is an introduction to *The Shattered Frontier*, a Tolkien-esque fantasy world that has advanced into an age of steam, gunslingers and gold rushes.

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Follow Evaline and Trivan in their adventures across one of the most hostile counties in the land, replete with scoundrels of all shapes, sizes, and magickal ability. CONTENTS: What Was Your Name Downriver?, a novella "The Horse Thieves of Ariasun County," a short story "Gunfight at the Thornmount Colossus," a short story \*\*\*RUNNER-UP FOR THE 2016 BAEN BOOKS FANTASY-ADVENTURE AWARD\*\*\*

Sliding into the Rabbit Hole... Would She Ever Return? On the surface, Alice Laxton seems no different from any other college girl: bright, inquisitive, excited about the life ahead of her. But for years, a genetic time bomb has been ticking away. Because of Alice's near-genius intelligence, teachers and counselors have always made excuses for her "little idiosyncrasies." But during a stress-filled senior year at college, a new world of voices, visions, and unexplainable "knowledge" causes Alice to begin to lose her grip on reality. As Alice's schizophrenia progresses, she experiences a disturbing religious "awakening," believing that God and angels and demons are speaking to her. When others attempt to intervene, Alice is subjected to a wide range of "treatments" even more frightening and painful than her illness. Powerfully raw and brutally honest, Finding Alice is a story of individual suffering and hope, a family's shared ordeal, and a search for true mental and spiritual healing.

Can You Help Me?: Living in the Turbulent World of Huntington Disease shares the surprising, insightful, challenging, and even encouraging stories of patients and their families who live with Huntington Disease. Having seen patients for more than 40 years, Dr Thomas Bird, a pioneer neurogeneticist, adds a human touch to this genetic brain disease that devastates persons during mid-life when they can least afford it. With a brief history of Huntington Disease and the occasional scientific detail, the true heart of the book is the human experience of the disorder: -

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The man who cannot stay out of prison because he is addicted to being a burglar. - Another man shoots and kills his roommate while watching television and cannot explain why he did it. - The woman with Huntington Disease copes with her depression by using Texas line dancing. - A twelve year old girl with juvenile Huntington Disease who can barely walk and talk, but her classmates rally around with touching and heartfelt support. - And the 72 year old man with late onset Huntington Disease and severe depression is made worse by ECT, but improved (for a while) with Transcranial Magnetic Stimulation. These are just some of the compelling stories of people of all ages and in all walks of life who feel trapped by a progressive degenerative brain disease from which there is no escape.

The Language of Flowers by Vanessa Diffenbaugh is a moving story of hope and forgiveness, and an international bestseller. The Victorians used flowers to express emotions: honeysuckle for devotion, azaleas for passion, and red roses for love. For Victoria Jones, flowers and their meanings are her only connection to the world – although for her, they are most useful in expressing feelings such as grief, mistrust and solitude. After a childhood in the foster care system, Victoria – now eighteen – has nowhere to go, and sleeps in a public park, where she plants a small garden of her own. When her talent is discovered by a local florist, she discovers her gift for helping others through the flowers she chooses for them. But it takes a meeting with a mysterious vendor at the flower market for her to realize what's been missing in her own life. As she starts to fall for him, though, she must confront a painful secret from her past – and decide whether it's worth risking everything for a second chance at happiness.

A virtuoso performance by the bestselling author of Still Alice, Lisa Genova delivers a stunning novel of finding harmony amidst the most tragic of situations. An accomplished concert pianist,

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Richard has already suffered many losses in his life: the acrimonious divorce from his ex-wife, Karina; the estrangement of his daughter, Grace; and now, a devastating diagnosis. ALS. The relentlessly progressive paralysis of ALS begins in the cruellest way possible - in his hands. As Richard becomes more and more locked inside his body and can no longer play piano or live on his own, Karina steps in as his reluctant caregiver. Paralyzed in a different way, Karina is trapped within a prison of excuses and blame, stuck in an unfulfilling life as an after-school piano teacher, afraid to pursue the path she abandoned as a young woman. As Richard's muscles, voice and breath fade, the two struggle to reconcile their past before it's too late. With a strong musical sensibility and the staggering insight of Jojo Moyes' *Me Before You*, Lisa Genova has delivered a masterful exploration of what it means to find yourself within the most shattering of circumstances.

\*A New York Times bestseller\* 'Using her expertise as a neuroscientist and her gifts as a storyteller, Lisa Genova explains the nuances of human memory' - Steven Pinker, Johnstone Professor of Psychology, Harvard University, and bestselling author of *How The Mind Works* 'No one writes more brilliantly about the connections between the brain, the mind, and the heart. *Remember* is a beautiful, fascinating, and important book about the mysteries of human memory - what it is, how it works, and what happens when it is stolen from us. A scientific and literary treat that you will not soon forget.' - Daniel Gilbert (New York Times bestselling author of *Stumbling on Happiness*) Have you ever felt a crushing wave of panic when you can't for the life of you remember the name of that actor in the movie you saw last week, or you walk into a room only to forget why you went there in the first place? If you're over forty, you're probably not laughing. You might even be worried that these lapses in memory could be an early sign of

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Alzheimer's or dementia. In reality, for the vast majority of us, these examples of forgetting are completely normal. Why? Because while memory is amazing, it is far from perfect. Our brains aren't designed to remember every name we hear, plan we make or day we experience. Just because your memory sometimes fails doesn't mean it's broken or succumbing to disease. Forgetting is actually part of being human. In *Remember*, neuroscientist and acclaimed novelist Lisa Genova delves into how memories are made and how we retrieve them. In explaining whether forgotten memories are temporarily inaccessible or erased forever and why some memories are built to exist for only a few seconds while others can last a lifetime, we're shown the clear distinction between normal forgetting (where you parked your car) and forgetting due to Alzheimer's (that you own a car). *Remember* shows us how to create a better relationship with our memory - so we no longer have to fear it any more, which can be life-changing.

When a car of inebriated guests from Carmen's wedding hits and kills a girl on a country road, Carmen and the people involved in the accident connect, disconnect and reconnect throughout 25 subsequent years of marriage, parenthood, holidays and tragedies. By the award-winning author of *Aquamarine*. Reprint. 125,000 first printing.

Everyone makes mistakes... Letty was going to go places. She was going to be someone. Then she got pregnant, and her plans changed. Now she's a single parent with two children she's convinced she can't care for, a dead-end job she's struggling to keep, a home in a half forgotten part of town, and no prospect of anything changing any time soon. Determined to give her children a better future, she takes a decision that may change all their lives. But perhaps she's not quite done making mistakes. And her son, Alex, may be about to make one

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of his own - because, sometimes, the biggest mistakes we make are when we're prepared to risk everything for those we love.

Providing key information and insight into the experiences of people living with a diagnosis of young onset dementia, this book will increase the knowledge and skills of health and social care professionals in the early recognition, diagnosis and support of young people with dementia and their families. The book explores the experiences of people living with a diagnosis of young onset dementia through detailed case studies, and gives learning points to implement in practice for the better provision of appropriate support and care. It explains the need for adapting services which are often designed for older people, and how the complicated diagnostic process can lead to misdiagnosis among younger people. Key issues are considered, including at-risk groups, work and dealing with potential loss of employment, changes in personal and family relationships, readjusting life expectations and plans, and social isolation.

'I adored this book - a wondrous compendium of Iceland's best sagas' - Hannah Kent A new friendship. An unforgettable journey. A beautiful and bloody history. This is Iceland as you've never read it before ... Broadcaster Richard Fidler and author Kári Gíslason are good friends. They share a deep attachment to the sagas of Iceland - the true stories of the first Viking families who settled on that remote island in the Middle Ages. These are tales of blood feuds, of dangerous women, and people who are compelled to kill the ones they love the most. The sagas are among the greatest stories ever written, but the identity of their authors is largely unknown. Together, Richard and Kári travel across Iceland, to the places where the sagas unfolded a thousand years ago. They cross fields, streams and fjords to immerse themselves

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in the folklore of this fiercely beautiful island. And there is another mission: to resolve a longstanding family mystery - a gift from Kari's Icelandic father that might connect him to the greatest of the saga authors.

'Lately, I am trying to provoke myself into art - into writing... I wasn't exactly in despair - I was in cynicism, which is despair's more torpid sister... Let me tell you how writing snuck back on me.' Whether you are starting from scratch or need a gentle nudge back in the right direction, *The Sound of Paper* is a wonderful creative companion. Through inspiring essays and practical tasks, it stimulates creativity so that the reader becomes more and more familiar with their own strengths. Including her own fascinating journey from writer's block back to productive work, which takes the reader across America from New York to New Mexico, this is a story of inspiration infused with brilliantly practical suggestions, the perfect combination for anyone on the path to creativity.

Your sister or her baby. Who do you choose? A moving page-turner with a heart-pounding dilemma. Fans of Jodi Picoult and Jojo Moyes will love Kelly Rimmer. As children, Lexie and Annie were incredibly close. Bonded by the death of their beloved father, they weathered the storms of life together. When Lexie leaves home to follow her dream, Annie is forced to turn to her leatherbound journal as the only place she can confide her deepest secrets and fears... As adults, sisters Lexie and Annie could not be more different. Lexie is a successful doctor and happily engaged. Annie is an addict - a thief, a liar and unable to remain clean. When Annie's newborn baby is in danger of being placed in foster care, Annie picks up the phone to beg her sister for help. Will Lexie agree to take in her young niece? And how will Annie survive, losing the only thing in her life worth living for? What readers are saying about the stunning *Before I*

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Let You Go... 'One of the best books for discussion that I've read in years' Diane Chamberlain  
'A heartbreaking book about an impossible decision. A novel about the deepest love possible'  
Luanne Rice 'A heartrending tale...captures the unbreakable bond of two sisters' Publishers  
Weekly 'Ripped from the headlines and from the heart, Before I Let You Go is an unforgettable  
novel that will amaze and startle you with its impact and heart' Patti Callahan Henry 'A deeply  
emotional and thought-provoking read. It was impossible to not be moved by this beautifully  
written book' Vanessa Carnevale, AU 'Another incredible, gripping read from an exceptionally  
talented author. This book takes you through a myriad of emotions, whilst opening your eyes to  
some very important issues for women. I read this in one sitting, because I had to. So will you.  
A magnificent read I can't praise or recommend highly enough' Heather Hill, UK 'Heartbreaking  
and life-affirming. Before I Let You Go captures the bittersweet nature of existence and turns it  
into something truly beautiful' Tilly Tennant, UK 'Heartbreaking, soul-searching but ultimately  
uplifting, this thought-provoking book challenges the judgements society makes and weaves a  
heartwarming story around the bonds we forge as sister, mother and partner' Zara Stoneley,  
UK 'Being a mother means you are open to criticism from every angle, but if you are a  
pregnant addict, what then? Children are protected in society, but what about those who gave  
them life? Kelly Rimmer writes from the heart and soul. Be prepared to lose and gain a little of  
each as you read her stories' Rachel Dove, UK

Enjoy the best of Lisa Genova's powerful, poignant storytelling with this set of her two New  
York Times bestselling novels, Still Alice and Left Neglected. STILL ALICE An accomplished  
professor diagnosed with Alzheimer's disease learns that she is more than what she can  
remember. Now a major motion picture from Sony Pictures Classics. LEFT NEGLECTED A

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busy multitasking mother in her thirties learns to pay attention to what matters most in life after a car crash leaves her with a traumatic brain injury and a bizarre neurological condition called Left Neglect.

A true story of a young woman's fight for her life and dignity, as she struggles to overcome the debilitating effects of a brain haemorrhage and stroke. She battles the medical community with wit and grit, challenging them to think beyond their medical textbooks. This book has drama, humour, sadness, frustration, resolve, and triumph.

This is a book about living with Alzheimer's, not dying with it. It is a book about hope, faith, and humor—a prescription far more powerful than the conventional medication available today to fight this disease. Alzheimer's is the sixth leading cause of death in the US—and the only one of these diseases on the rise. More than 5 million Americans have been diagnosed with Alzheimer's or a related dementia; about 35 million people worldwide. Greg O'Brien, an award-winning investigative reporter, has been diagnosed with early-onset Alzheimer's and is one of those faceless numbers. Acting on long-term memory and skill coupled with well-developed journalistic grit, O'Brien decided to tackle the disease and his imminent decline by writing frankly about the journey. O'Brien is a master storyteller. His story is naked, wrenching, and soul searching for a generation

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and their loved ones about to cross the threshold of this death in slow motion. On Pluto: Inside the Mind of Alzheimer's is a trail-blazing roadmap for a generation—both a “how to” for fighting a disease, and a “how not” to give up! From the Trade Paperback edition.

"From award-winning, New York Times bestselling author and neuroscientist Lisa Genova comes a powerful new novel that does for Huntington's Disease what her debut *Still Alice* did for Alzheimer's. Joe O'Brien is a forty-four-year-old police officer from the Irish Catholic neighborhood of Charlestown, Massachusetts. A devoted husband, proud father of four children in their twenties, and respected officer, Joe begins experiencing bouts of disorganized thinking, uncharacteristic temper outbursts, and strange, involuntary movements. He initially attributes these episodes to the stress of his job, but as these symptoms worsen, he agrees to see a neurologist and is handed a diagnosis that will change his and his family's lives forever: Huntington's Disease. Huntington's is a lethal neurodegenerative disease with no treatment and no cure. Each of Joe's four children has a 50 percent chance of inheriting their father's disease, and a simple blood test can reveal their genetic fate. While watching her potential future in her father's escalating symptoms, twenty-one-year-old daughter Katie struggles with the questions this test imposes on her young adult life. Does she want to know?

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What if she's gene positive? Can she live with the constant anxiety of not knowing? As Joe's symptoms worsen and he's eventually stripped of his badge and more, Joe struggles to maintain hope and a sense of purpose, while Katie and her siblings must find the courage to either live a life "at risk" or learn their fate. Praised for writing that "explores the resilience of the human spirit" (The San Francisco Chronicle), Lisa Genova has once again delivered a novel as powerful and unforgettable as the human insights at its core"--

"[A] highly entertaining literary thriller about fine art and foolish choices."

—Parade "[A] nimble mystery." —The New York Times Book Review "Gripping."

—O, The Oprah Magazine Almost twenty-five years after the infamous art heist at the Isabella Stewart Gardner Museum—still the largest unsolved art theft in history—one of the stolen Degas paintings is delivered to the Boston studio of a young artist. Claire Roth has entered into a Faustian bargain with a powerful gallery owner by agreeing to forge the Degas in exchange for a one-woman show in his renowned gallery. But as she begins her work, she starts to suspect that this long-missing masterpiece—the very one that had been hanging at the Gardner for one hundred years—may itself be a forgery. The Art Forger is a thrilling novel about seeing—and not seeing—the secrets that lie beneath the canvas.

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Feeling at the top of her game when she is suddenly diagnosed with early onset Alzheimer's disease, Harvard psychologist Alice Howland struggles to find meaning and purpose in her life as her concept of self gradually slips away. "Just hours after his wife and her entire family perish in the Christmas Eve tsunami in Brisbane, American expat and former police officer Frank Mercy goes out to join his volunteer rescue unit and pulls a little boy from a submerged car, saving the child's life with only seconds to spare. In that moment, Frank's own life is transformed. Not quite knowing why, Frank sidesteps the law, when, instead of turning Ian over to the Red Cross, he takes the boy home to the Midwestern farm where he grew up. Not long into their journey, Frank begins to believe that Ian has an extraordinary, impossible telepathic gift; but his only wish is to protect the deeply frightened child. As Frank struggles to start over, training horses as his father and grandfather did before him, he meets Claudia, a champion equestrian and someone with whom he can share his life and his fears for Ian. Both of them know that it will be impossible to keep Ian's gift a secret forever. Already, ominous coincidences have put Frank's police instincts on high alert, as strangers trespass the quiet life at the family farm"--Goodreads.com. Raised by her Irish immigrant parents in a 1940s Queens apartment where alcohol and company combine in mercurial ways, Eileen marries an unambitious

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scientist with whom she endures an increasingly psychologically dark family life. A first novel.

From the “hilarious, heartbreaking, and insightful” (The Miami Herald) bestselling author Jennifer Weiner comes a sweeping, modern day fairy tale about first romance and lasting love. Rachel Blum and Andy Landis are eight years old when they meet late one night in an ER waiting room. Born with a congenital heart defect, Rachel is a veteran of hospitals, and she’s intrigued by the boy who shows up all alone with a broken arm. He tells her his name. She tells him a story. After Andy’s taken back to the emergency room and Rachel’s sent back to her bed, they think they’ll never see each other again. Rachel, the beloved, popular, and protected daughter of two doting parents, grows up wanting for nothing in a fancy Florida suburb. Andy grows up poor in Philadelphia with a single mom and a rare talent that will let him become one of the best runners of his generation. Over the course of three decades, through high school and college, marriages and divorces, from the pinnacles of victory and the heartbreak of defeat, Andy and Rachel will find each other again and again, until they are finally given a chance to decide whether love can surmount difference and distance and if they’ve been running toward each other all along. With honesty, wit, and clear-eyed observations about men and women, love and fate, and the

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truth about happy endings, Jennifer Weiner delivers two of her most memorable characters, and a love story you'll never forget.

“A brave and illuminating journey inside the mind, heart, and life of a person with early-onset Alzheimer’s disease.”—Lisa Genova, author of *Still Alice* Wendy Mitchell had a busy job with the British National Health Service, raised her two daughters alone, and spent her weekends running and climbing mountains. Then, slowly, a mist settled deep inside the mind she once knew so well, blurring the world around her. She didn’t know it then, but dementia was starting to take hold. In 2014, at age fifty-eight, she was diagnosed with young-onset Alzheimer’s. In this groundbreaking book, Mitchell shares the heartrending story of her cognitive decline and how she has fought to stave it off. What lay ahead of her after the diagnosis was scary and unknowable, but Mitchell was determined and resourceful, and she vowed to outwit the disease for as long as she could. As Mitchell learned to embrace her new life, she began to see her condition as a gift, a chance to experience the world with fresh eyes and to find her own way to make a difference. Even now, her sunny outlook persists: She devotes her time to educating doctors, caregivers, and other people living with dementia, helping to reduce the stigma surrounding this insidious disease. Still living independently, Mitchell now uses Post-it notes and technology to remind her of her routines and has created a “memory room” where she displays photos—with labels—of her daughters, friends, and special places. It is a room where she feels calm and happy, especially on days when the mist descends.

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A chronicle of one woman's struggle to make sense of her shifting world and her mortality, *Somebody I Used to Know* offers a powerful rumination on memory, perception, and the simple pleasure of living in the moment. Philosophical, poetic, intensely personal, and ultimately hopeful, this moving memoir is both a tribute to the woman Wendy Mitchell used to be and a brave affirmation of the woman she has become. Praise for *Somebody I Used to Know* "Remarkable . . . Mitchell gives such clear-eyed insight that anyone who knows a person living with dementia should read this book."—The Times (London) "A landmark book . . . The best reward for [Mitchell's] courage and candour would surely be fundamental changes in the way people with dementia are treated by society."—Financial Times

'A brilliant reconstruction of the saga of power, glory, invasion and decay that is the one-thousand year story of Constantinople. A truly marvellous book.' - Simon Winchester In 2014, Richard Fidler and his son Joe made a journey to Istanbul. Fired by Richard's passion for the rich history of the dazzling Byzantine Empire - centred around the legendary Constantinople - we are swept into some of the most extraordinary tales in history. The clash of civilisations, the fall of empires, the rise of Christianity, revenge, lust, murder. Turbulent stories from the past are brought vividly to life at the same time as a father navigates the unfolding changes in his relationship with his son. *GHOST EMPIRE* is a revelation: a beautifully written ode to a lost civilization, and a warmly observed father-son adventure far from home.

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Seventy-one, and a man used to controlling those around him, Saul struggles to make peace with his disconnected family before Alzheimer's consumes his sanity.

“Unsparring in her depiction of the disease’s harrowing effects, neuroscientist Genova also celebrates humanity.” —People “Sometimes it’s easier to tell truth in fiction...And she tells it with heart and hope.” —NPR “Her juxtaposition of scientific detail with compassionate, heartfelt storytelling is unparalleled.” —Bookreporter “Every Note Played will grip and gut you.” —The Boston Globe From neuroscientist and New York Times bestselling author of *Still Alice* comes a powerful exploration of regret, forgiveness, freedom, and what it means to be alive. An accomplished concert pianist, Richard received standing ovations from audiences all over the world in awe of his rare combination of emotional resonance and flawless technique. Every finger of his hands was a finely calibrated instrument, dancing across the keys and striking each note with exacting precision. That was eight months ago. Richard now has ALS, and his entire right arm is paralyzed. His fingers are impotent, still, devoid of possibility. The loss of his hand feels like a death, a loss of true love, a divorce—his divorce. He knows his left arm will go next. Three years ago, Karina removed their framed wedding picture from the living room wall and hung a mirror there instead. But she still hasn’t moved on. Karina is paralyzed by excuses and fear, stuck in an unfulfilling life as a piano teacher, afraid to pursue the path she abandoned as a young woman, blaming Richard and their failed marriage for all of it. When Richard becomes increasingly paralyzed and is no

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longer able to live on his own, Karina becomes his reluctant caretaker. As Richard's muscles, voice, and breath fade, both he and Karina try to reconcile their past before it's too late. Poignant and powerful, *Every Note Played* is a masterful exploration of redemption and what it means to find peace inside of forgiveness.

Patrol officer Joe O'Brien is third-generation Irish in Charlestown. A tough cop with a soft interior, a loving wife and four adult children, Joe is diagnosed with Huntington's disease. As Joe's symptoms worsen and he's eventually stripped of his badge and more, Joe struggles to maintain hope and a sense of purpose, while his daughter Katie and her siblings must find the courage to either live a life "at risk" or learn their fate.

From the bestselling author of *Still Alice* comes a heartfelt novel about friendship and a mother coping with the loss of her autistic son. Olivia Donatelli's dream of a 'normal' life was shattered when her son, Anthony, was diagnosed with autism at age three. He didn't speak. He hated to be touched. He almost never made eye contact. And just as Olivia was starting to realise that happiness and autism could coexist, Anthony died. Now she's alone in a cottage on Nantucket, separated from her husband, desperate to understand the meaning of her son's short life, when a chance encounter with another woman facing her own loss brings Anthony alive again for Olivia in a most unexpected way. In a piercing story about motherhood, love and female friendship, Lisa Genova offers us two unforgettable women on the verge of change who discover the small but exuberant voice that helps them both find the answers they need. Fans of *The Reason I*

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Jump and The Curious Incident of the Dog in the Night-time will love Lisa Genova's story: always authentic and utterly moving. \*'Remember how you couldn't put down Still Alice? Well, clear your schedule-because you're going to feel the same way' Jodi Picoult\*

Joe O'Brien is a forty-four-year-old police officer from the Irish Catholic neighborhood of Charlestown, Massachusetts. A devoted husband, proud father of four children in their twenties, and respected officer, Joe begins experiencing bouts of disorganized thinking, uncharacteristic temper outbursts, and strange, involuntary movements. He initially attributes these episodes to the stress of his job, but as these symptoms worsen, he agrees to see a neurologist and is handed a diagnosis that will change his and his family's lives forever: Huntington's Disease. Huntington's is a lethal neurodegenerative disease with no treatment and no cure. Each of Joe's four children has a 50 percent chance of inheriting their father's disease, and a simple blood test can reveal their genetic fate. While watching her potential future in her father's escalating symptoms, twenty-one-year-old daughter Katie struggles with the questions this test imposes on her young adult life. Does she want to know? What if she's gene positive? Can she live with the constant anxiety of not knowing? As Joe's symptoms worsen and he's eventually stripped of his badge and more, Joe struggles to maintain hope and a sense of purpose, while Katie and her siblings must find the courage to either live a life "at risk" or learn their fate.

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