

Lg Dare Guide

Ayelet spent six years of her adolescence in and out of hospital, having been diagnosed as suffering from a severe anorexia disorder. Ayelet describes her personal experiences of the illness, the repeated hospitalisations and her ultimate recovery. The book outlines the importance of a good relationship between the client and the therapist.

Safe Dance Practice bridges the gap between research and application for dancers and dance educators at all levels. The book presents integrated guidelines and principles that will maximize physical and mental well-being without compromising creativity and expression.

This book, as well as complementary volume Maternal-Fetal Evidence Based Guidelines, aims to present the reader with the right information, with appropriate use of proven interventions and avoidance of ineffectual or harmful ones. It also rates the evidential base of the key references. The information is presented in an easy-to-access format by summarizing evidence succinctly and clearly in tables and algorithms. This volume reviews the evidence for best practice in obstetrics. New to this edition: New chapters on Jehovah's Witness patients and preconception care New references that have been assessed and graded in terms of their evidence base Management of all common procedures are included: Ultrasound and screening Caesarean delivery First trimester pregnancy loss Preterm birth Induced labour Provides an excellent framework for organising the supervision process as well as clear guidance for those seeking competent supervision in counsellor training.

For those starting out in their careers—and those who wish to advance more quickly—this is a delightfully fussy guide to the hidden rules of the road in the

workplace and in life. As bestselling author and social historian Charles Murray explains, at senior levels of an organization there are curmudgeons everywhere, judging your every move. Yet it is their good opinion you need to win if you hope to get ahead. Among the curmudgeon's day-to-day tips for the workplace: • Excise the word "like" from your spoken English • Don't suck up • Stop "reaching out" and "sharing" • Rid yourself of piercings, tattoos, and weird hair colors • Make strong language count His larger career advice includes: • What to do if you have a bad boss • Coming to grips with the difference between being nice and being good • How to write when you don't know what to say • Being judgmental (it's good, and you don't have a choice anyway) And on the great topics of life, the curmudgeon urges us to leave home no matter what, get real jobs (not internships), put ourselves in scary situations, and watch Groundhog Day repeatedly (he'll explain). Witty, wise, and pulling no punches, *The Curmudgeon's Guide to Getting Ahead* is an indispensable sourcebook for living an adult life.

The two volumes of *The Oxford Handbook of Mobile Music Studies* consolidate an area of scholarly inquiry that addresses how mechanical, electrical, and digital technologies and their corresponding economies of scale have rendered music and sound increasingly mobile-portable, fungible, and

ubiquitous. At once a marketing term, a common mode of everyday-life performance, and an instigator of experimental aesthetics, "mobile music" opens up a space for studying the momentous transformations in the production, distribution, consumption, and experience of music and sound that took place between the late nineteenth and the early twenty-first centuries. Taken together, the two volumes cover a large swath of the world-the US, the UK, Japan, Brazil, Germany, Turkey, Mexico, France, China, Jamaica, Iraq, the Philippines, India, Sweden-and a similarly broad array of the musical and nonmusical sounds suffusing the soundscapes of mobility. Volume 2 investigates the ramifications of mobile music technologies on musical/sonic performance and aesthetics. Two core arguments are that "mobility" is not the same thing as actual "movement" and that artistic production cannot be absolutely sundered from the performances of quotidian life. The volume's chapters investigate the mobilization of frequency range by sirens and miniature speakers; sound vehicles such as boom cars, ice cream trucks, and trains; the gestural choreographies of soundwalk pieces and mundane interactions with digital media; dance music practices in laptop and iPod DJing; the imagery of iPod commercials; production practices in Turkish political music and black popular music; the aesthetics of handheld video games and chiptune

music; and the mobile device as a new musical instrument and resource for musical ensembles.

Handbook of Evidence-Based Practice in Clinical Psychology, Volume 1 covers the evidence-based practices now identified for treating children and adolescents with a wide range of DSM disorders. Topics include fundamental issues, developmental disorders, behavior and habit disorders, anxiety and mood disorders, and eating disorders. Each chapter provides a comprehensive review of the evidence-based practice literature for each disorder and then covers several different treatment types for clinical implementation. Edited by the renowned Peter Sturmey and Michel Hersen and featuring contributions from experts in the field, this reference is ideal for academics, researchers, and libraries.

Evidence-Based Medicine Guidelines fills the demand for a handbook discussing the diagnosis and treatment of a wide range of diseases and conditions encountered by health care professionals. The title was first published in Finland by the Finnish Medical Society, where it is now considered to be the single most important support tool for the physicians' decision making in their daily work. What sets EBM Guidelines apart from competing books? Provides physicians with fast and easy access to practice guidelines based on the best available research evidence Covers practically all medical conditions encountered in general practice

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Developed by over 300 experienced general practitioners and specialists worldwide Includes both diagnostic and therapeutic guidelines, and recommendations on diagnostic tests and drug dosage Presented in a user-friendly format with self contained chapters based on clinical subjects Clear and concise explanations of all available evidence results in the guideline for treatment The strength of evidence is graded from A-D making this title a quick and easy reference whenever and wherever you need it! Assumes no prior knowledge of EBM or statistics - all the work of searching and appraisal has been done for you! Seeks to include guidelines where clinical evidence is incomplete or unavailable Contains full-colour photographs and tables throughout Easy-to-read and fast support at the point of care - EBM Guidelines: Summarises the best available evidence - Cochrane reviews - DARE abstracts - Clinical Evidence topics - original articles in medical journals - abstracts in the Health Technology Assessment Database - NHS Economic Evaluation Evaluates and grades the strength of all individual evidence from A (Strong research-based evidence) to D (No scientific evidence) Suggests guidelines based on clinical evidence. If clinical evidence is inadequate or missing, an expert panel evaluate all other available information and suggests the appropriate guideline With over 1000 problem-orientated or disease-specific guidelines including

reference to evidence summaries for all guidelines, this title is the most extensive collection of guidelines for primary care today. Here are just a few examples of the raving reviews for Evidence-Based Medicine Guidelines: "An excellent resource... quick to use, even during consultations...very helpful to check whether our preferred diagnostic and therapeutic methods are adequate...competent suggestions based on real evidence..." —Heinz Bhend, PRIMARY CARE "clinically useful answers...easy-to-read ...this resource is worth using..." —Carl Heneghan, Centre for Evidence-Based Medicine, Oxford, UK, EVIDENCE-BASED MEDICINE Journal

PCMag.com is a leading authority on technology, delivering Labs-based, independent reviews of the latest products and services. Our expert industry analysis and practical solutions help you make better buying decisions and get more from technology.

To make the journey into the Now we will need to leave our analytical mind and its false created self, the ego, behind. From the very first page of Eckhart Tolle's extraordinary book, we move rapidly into a significantly higher altitude where we breathe a lighter air. We become connected to the indestructible essence of our Being, "The eternal, ever present One Life beyond the myriad forms of life that are subject to birth and death." Although the journey is challenging, Eckhart Tolle uses simple language and an easy question and answer format to guide us. A word of mouth phenomenon since its first publication, The Power of Now is one of those

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rare books with the power to create an experience in readers, one that can radically change their lives for the better.

The SAGE Guide to Curriculum in Education integrates, summarizes, and explains, in highly accessible form, foundational knowledge and information about the field of curriculum with brief, simply written overviews for people outside of or new to the field of education. This Guide supports study, research, and instruction, with content that permits quick access to basic information, accompanied by references to more in-depth presentations in other published sources. This Guide lies between the sophistication of a handbook and the brevity of an encyclopedia. It addresses the ties between and controversies over public debate, policy making, university scholarship, and school practice. While tracing complex traditions, trajectories, and evolutions of curriculum scholarship, the Guide illuminates how curriculum ideas, issues, perspectives, and possibilities can be translated into public debate, school practice, policy making, and life of the general public focusing on the aims of education for a better human condition. 55 topical chapters are organized into four parts: Subject Matter as Curriculum, Teachers as Curriculum, Students as Curriculum, and Milieu as Curriculum based upon the conceptualization of curriculum commonplaces by Joseph J. Schwab: subject matter, teachers, learners, and milieu. The Guide highlights and explicates how the four commonplaces are interdependent and interconnected in the decision-making processes that involve local and state school boards and government

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agencies, educational institutions, and curriculum stakeholders at all levels that address the central curriculum questions: What is worthwhile? What is worth knowing, needing, experiencing, doing, being, becoming, overcoming, sharing, contributing, wondering, and imagining? The Guide benefits undergraduate and graduate students, curriculum professors, teachers, teacher educators, parents, educational leaders, policy makers, media writers, public intellectuals, and other educational workers. Key Features: Each chapter inspires readers to understand why the particular topic is a cutting edge curriculum topic; what are the pressing issues and contemporary concerns about the topic; what historical, social, political, economic, geographical, cultural, linguistic, ecological, etc. contexts surrounding the topic area; how the topic, relevant practical and policy ramifications, and contextual embodiment can be understood by theoretical perspectives; and how forms of inquiry and modes of representation or expression in the topic area are crucial to develop understanding for and make impact on practice, policy, context, and theory. Further readings and resources are provided for readers to explore topics in more details.

Ideal for anyone interested in environmental issues, this dictionary draws together information from a variety of sources to better facilitate understanding of this wide-ranging subject. Detailed explanations help to promote clearer communication between professionals and provide a standardized reference point for technical translation, a quick-reference guide for researchers and professionals, and an invaluable knowledge base for

cross-disciplinary readers from the fields of health, politics, economics and engineering.

Maternal-Fetal Medicine Evidence-Based Guidelines reviews the evidence for best practice in maternal-fetal medicine. It presents the reader with the right information, in the right format, by summarizing evidence in easy-to-use tables and algorithms. Each guideline is designed to "make it easy to do it right", with appropriate use of proven interventions and no use of harmful interventions. Plenty of evidence is available so that well-informed clinicians can reduce errors, so that the first aim is ultimately to improve the health of mother and fetus by providing quality care.

For adults. There is a pressing need for methodologically sound RCTs to confirm whether such interventions are helpful and, if so, for whom. Includes Part 1, Number 2: Books and Pamphlets, Including Serials and Contributions to Periodicals July - December)

Fully revised and updated, *The Rough Guide to Conspiracy Theories* sorts the myths from the realities, the allegations from the explanations and the paranoid from the probable. Who might be trying to convince us that climate change is or isn't real? What is the truth behind the death of Osama bin Laden and is he still alive? When did the CIA start experimenting with mind control? Where is the HAARP installation and did it have anything to do

with the Japanese tsunami disaster? Why is surveillance in our cities and online so widespread and what are the real benefits? This definitive guide to the world's most controversial conspiracies wanders through a maze of sinister secrets, suspicious cover-ups hidden agendas and clandestine operations to explore all these questions - and many many more. Now available in PDF format.

The Oxford Handbook of Mobile Music Studies, Volume 2
Oxford University Press

The new, full-colour Rough Guide to Brazil is the definitive travel guide to this captivating country. In-depth coverage of its diverse wildlife, dynamic cities and exhilarating scenery - think lush rainforest, thundering waterfalls and the world's best beaches - takes you to the most rewarding spots, with stunning colour photography bringing everything to life. Discover Brazil's highlights: jaguar-spotting in the Pantanal wetlands; historic colonial towns; pearly-white beaches; the kaleidoscopic Rio Carnival; Amazonian ecolodges; and the futuristic architecture of Brasília. Easy-to-use maps, reliable advice on how to get around and insider reviews of the best hotels, restaurants, bars, clubs and shops for all budgets ensure that you won't miss a thing. Make the most of your time on Earth with The Rough Guide to Brazil, now available in PDF.

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