

## Love Letter To The Earth Thich Nhat Hanh

It begins as an assignment for English class: Write a letter to a dead person. Laurel chooses Kurt Cobain because her sister, May, loved him. And he died young, just like May did. Soon, Laurel has a notebook full of letters to people like Janis Joplin, Amy Winehouse, Amelia Earhart, Heath Ledger, and more -- though she never gives a single one of them to her teacher. She writes about starting high school, navigating new friendships, falling in love for the first time, learning to live with her splintering family. And, finally, about the abuse she suffered while May was supposed to be looking out for her. Only then, once Laurel has written down the truth about what happened to herself, can she truly begin to accept what happened to May. And only when Laurel has begun to see her sister as the person she was -- lovely and amazing and deeply flawed -- can she begin to discover her own path in this stunning debut from Ava Dellaira, *Love Letters to the Dead*.

Perfect for animal-lovers everywhere! A beautiful, large-format crossover book for all ages, this is the book natural-history illustrator Ben has wanted to read since he was a child. Facts and descriptions provide insight into a curated collection of birds and animals - some endangered and some less so - told from the

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perspective of a detail-obsessed illustrator. Fun to read together or independently, let the secrets of the animals on our planet come to life in vibrant detail. 'This is my love letter to Planet Earth; a celebration of her hidden species, from the bold and the beautiful to the interesting but ugly. And while not a complete list, I hope that these few give a glimpse of the outstanding diversity of nature' - Ben Rothery Sensational Butterflies is also available.

Simone de Beauvoir and Jean-Paul Sartre formed one of the most famous literary couples of the twentieth century. Their relationship took on the quality of legend and served as a model of openness and honesty for countless men and women. Sartre was revered during his lifetime as a paradigm of the modern philosophe and intellectual, but since de Beauvoir's death in 1986, her literary reputation has threatened to eclipse Sartre's. Her work *The Second Sex* is, by any standard, one of the most important and influential books of the twentieth century. When these private and revealing letters were published in France in 1990, they caused a storm of controversy. Here de Beauvoir tells Sartre everything, tracing the extraordinary complications of their triangular love life. These letters reveal de Beauvoir not only as manipulative and dependent, but also as vulnerable, passionate, jealous, and committed. This reissue of a New York Times Notable Book will inspire philosophers, writers, and lovers of

literature for decades to come.

In today's world of Tinder and texting, do we write and save love letters anymore? Are we more likely to save a screen shot of a text exchange or a box of paper letters from a lover? How might these different ways to store a love letter make us feel? Sociologist Michelle Janning's *Love Letters: Saving Romance in the Digital Age* offers a new twist on the study of love letters: what people do with them and whether digital or paper format matters. Through stories, a rich review of past research, and her own survey findings, Janning uncovers whether and how people from different groups (including gender and age) approach their love letter "curatorial practices" in an era when digitization of communication is nearly ubiquitous. She investigates the importance of space and time, showing how our connection to the material world and our attraction to nostalgia matter in actions as seemingly small and private as saving, storing, stumbling upon, or even burning a love letter. Janning provides a framework for understanding why someone may prefer digital or paper love letters, and what that preference says about a person's access and attachment to powerful cultural values such as individualization, taking time in a hectic world, longevity, privacy, and keeping cherished things in a safe place. Ultimately, Janning contends, the cultural values that tell us how romantic love should be defined are more powerful than the

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format our love letters take. Her work fits within larger academic questions about the sociology of emotions, how culture works, the importance of objects in social relations, and the significance of privilege in everyday life.

From two-time Caldecott Winner author-illustrator Sophie Blackall! *If You Came to Earth* is a glorious guide to our home planet, and a call for us to take care of both Earth and each other. This stunning book is inspired by the thousands of children Sophie Blackall has met during her travels around the world in support of UNICEF and Save the Children.

- An engaging storybook about a single curious and imaginative child
- Simultaneously funny and touching
- Carries a clear message about the need to care for the earth and each other

If you come to Earth, there are a few things you need to know. . . We live in all kinds of places. In all kinds of homes. In all kinds of families. Each of us is different. But all of us are amazing. And, together, we share one beautiful planet. This masterful and moving picture book is a visually comprehensive guide to the earth, imbued with warmth and humor.

- Ideal for children ages 3 to 5 years old
- A great pick for teachers looking for a crowd-pleasing picture book about the world for little students
- Perfect for parents, grandparents, and caregivers
- You'll love this book if you love books like *The Travel Book* by Lonely Planet Kids, *Atlas of Adventures* by Rachel Williams, and *If You Lived Here: Houses of the World* by

Giles Laroche.

AN AMAZON TOP 10 AND INTERNATIONAL BESTSELLING

PHENOMENON...Celebrate five years of sweet, angsty pain with this special

edition of A Love Letter to Whiskey by Kandi Steiner.THIS EDITION

FEATURES:A forward from the authorA Love Letter to WhiskeyLove, Whiskey (a

brand new novella from Jamie's point of view -- 50,000 words of new content,

including an extended epilogue)Bonus Content including letters from the author,

fun facts and behind the scenes, as well as a note from the audiobook

narratorBrand new special edition coverI saw him first.But it didn't

matter.Because he saw her.He was my best friend, and I was his.We couldn't be

together, but we couldn't stand to be apart.And if you're not truly lovers... but

you're so much more than friends... what exactly are you?

From the private papers of Mark Twain and Mozart to those of Robert Browning

and Nelson, Love Letters of Great Men collects together some of the most

romantic letters in history. For some of these great men, love is a 'delicious

poison' (William Congreve); for others, 'a nice soft wife on a sofa with good fire,

& books & music' (Charles Darwin). Love can scorch like the heat of the sun

(Henry VIII), or penetrate the depths of one's heart like a cooling rain (Flaubert).

Every shade of love is here, from the exquisite eloquence of Oscar Wilde and the

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simple devotion of Robert Browning, to the wonderfully modern misery of the Roman Pliny the Younger, losing himself in work to forget how much he misses his beloved wife, Calpurnia. Taken together, these Love Letters of Great Men show that perhaps men haven't changed so very much over the last 2,000 years; passion, jealousy, hope and longing are all represented here – as is the simple pleasure of sending a letter to, and receiving one from, the person you love most. A famous author receives a letter on his forty-first birthday. He doesn't know the sender, but still the letter concerns him intimately. Its story is earnest, even piteous: the story of a life lived in service to an unannounced, unnoticed love. In the other stories in this collection, a young man mistakes the girl he loves for her sister; two erstwhile lovers meet after an age spent apart; and a married woman repays a debt of gratitude. All four tales, newly translated by the award-winning Anthea Bell, are among Zweig's most celebrated and compelling work—expertly paced, laced with empathy and an unwaveringly acute sense of psychological detail.

From the vast blue Earth to the minuscule red blood cell, this celebration of life is a work of joy. --Pocahontas Press.

A small book of very big poems. Drew Dellinger's poetry reaches out to the far ends of the Milky Way and to the inner depths of the soul. His poetry and performances have captivated

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thousands across six continents. He is, in the words of Cornell West, "one of the most creative, courageous and prophetic poets of his generation." This power of his poetry is tied to his passion for ecological survival and social justice movements. The Rev. Osagyefo Sekou calls Dellinger "the poet laureate of the global justice democracy movement." it's 3:23 in the morning and I'm awake because my great great grandchildren won't let me sleep my great great grandchildren ask me in my dreams what did you do while the planet was plundered? what did you do when the earth was unraveling? from the poem "hieroglyphic stairway" read on the floor of Congress during climate change hearings

A profound, powerful and moving collection of 100 letters from around the world responding to the climate crisis, introduced by Emma Thompson and lovingly illustrated by CILIP award winner Jackie Morris. 'All power to this amazing project.' JOANNE HARRIS 'Makes sense of the climate crisis in a whole new way' MAGID MAGID

A sharp and entertaining essay collection about the importance of multiple forms of love and friendship in a world designed for couples, from a laser-precise new voice. Sometimes it seems like there are two American creeds, self-reliance and marriage, and neither of them is mine. I experience myself as someone formed and sustained by others' love and patience, by student loans and stipends, by the kindness of strangers. Briallen Hopper's *Hard to Love* honors the categories of loves and relationships beyond marriage, the ones that are often treated as invisible or seen as secondary--friendships, kinship with adult siblings, care teams that form in times of illness, or various alternative family formations. She also values difficult and amorphous loves like loving a challenging job or inanimate objects that can't love you back. She draws from personal experience, sharing stories about her loving but combative

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family, the fiercely independent Emerson scholar who pushed her away, and the friends who have become her invented or found family; pop culture touchstones like the Women's March, John Green's *The Fault in Our Stars*, and the timeless series *Cheers*; and the work of writers like Joan Didion, Gwendolyn Brooks, Flannery O'Connor, and Herman Melville (*Moby-Dick* like you've never seen it!). *Hard to Love* pays homage and attention to unlikely friends and lovers both real and fictional. It is a series of love letters to the meaningful, if underappreciated, forms of intimacy and community that are tricky, tangled, and tough, but ultimately sustaining. While many experts point to the enormous complexity in addressing issues ranging from the destruction of ecosystems to the loss of millions of species, Thich Nhat Hanh identifies one key issue as having the potential to create a tipping point. He believes that we need to move beyond the concept of the "environment," as it leads people to experience themselves and Earth as two separate entities and to see the planet only in terms of what it can do for them. Thich Nhat Hanh points to the lack of meaning and connection in peoples' lives as being the cause of our addiction to consumerism. He deems it vital that we recognize and respond to the stress we are putting on the Earth if civilization is to survive. Rejecting the conventional economic approach, Nhat Hanh shows that mindfulness and a spiritual revolution are needed to protect nature and limit climate change. *Love Letter to the Earth* is a hopeful book that gives us a path to follow by showing that change is possible only with the recognition that people and the planet are ultimately one and the same.

Earth Angel Series: Book 1

In 1903, despite the vehement objections of his parents, Albert Einstein married Mileva Maric, the companion, colleague, and confidante whose influence on his most creative years has

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given rise to much speculation. Beginning in 1897, after Einstein and Maric met as students at the Swiss Federal Polytechnic, and ending shortly after their marriage, these fifty-four love letters offer a rare glimpse into Einstein's relationship with his first wife while shedding light on his intellectual development in the period before the annus mirabilis of 1905. Unlike the picture of Einstein the lone, isolated thinker of Princeton, he appears here both as the burgeoning enfant terrible of science and as an amorous young man beset, along with his fiancée, by financial and personal struggles--among them the illegitimate birth of their daughter, whose existence is known only by these letters. Describing his conflicts with professors and other scientists, his arguments with his mother over Maric, and his difficulty obtaining an academic position after graduation, the letters enable us to reconstruct the youthful Einstein with an unprecedented immediacy. His love for Maric, whom he describes as "a creature who is my equal, and who is as strong and independent as I am," brings forth his serious as well as playful, often theatrical nature. After their marriage, however, Maric becomes less his intellectual companion, and, failing to acquire a teaching certificate, she subordinates her professional goals to his. In the final letters Einstein has obtained a position at the Swiss Patent Office and mentions their daughter one last time to his wife in Hungary, where she is assumed to have placed the girl in the care of relatives. Informative, entertaining, and often very moving, this collection of letters captures for scientists and general readers alike a little known yet crucial period in Einstein's life.

When Adam Hodge was diagnosed with leukemia at the age of four, his ensuing four-and-a-half-year brutal struggle with cancer included many moments of despair, but also many moments of joy. Avoiding sentimentality, this amazing account of a plucky little boy who

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continues to reach out to help others even as his situation deteriorates is both heartbreaking and humorous. This is not just another cancer story. It is also an exquisite love story. In his short life, Adam was sustained by the love of neighbors, of family, of medical providers, of community, and especially of parents. This support allowed him, in the face of a dire prognosis, to live life fully as a fun-loving young child who gave as much love as he received, and who touched and changed so many lives. Examining the big questions of life, love, and death, and acknowledging pain even as it celebrates life, this story will hurt your heart. It will make you cry. But it will also make you laugh and make you sing. Adam's inspiring and uplifting story demonstrates that life may not be fair, but it can still be full of joy and of loving, of laughter and of tears, of life in all its complexity.

Father's Love Letter by Barry Adams is a series of paraphrased Scriptures that take on the form of a love letter from God and will impact your heart, soul and spirit. Experience the love you have been looking for all your life. This gift book contains beautiful full-color photographs and fifty-seven powerful devotional thoughts. A prayer that will help you put into words your response to God follows each devotional thought.

Series of letters to Mother earth from humanity. The letters range from apologies, to acknowledgements, to questions and realizations.

The stories of Unaccustomed Earth focus on second-generation immigrants making and remaking lives, loves and identities in England and America. We follow brothers and sisters, mothers and fathers, friends and lovers, in stories that take us from Boston and London to Bombay and Calcutta. Blending the individual and the generational, the exotic and the strikingly mundane, these haunting, exquisitely detailed and emotionally complex stories are

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intensely compelling elegies of life, death, love and fate. This is a dazzling work from a masterful writer.

A never-before-seen collection of deeply personal love letters from Kurt Vonnegut to his first wife, Jane, compiled and edited by their daughter “A glimpse into the mind of a writer finding his voice.”—The Washington Post “If ever I do write anything of length—good or bad—it will be written with you in mind.” Kurt Vonnegut’s eldest daughter, Edith, was cleaning out her mother’s attic when she stumbled upon a dusty, aged box. Inside, she discovered an unexpected treasure: more than two hundred love letters written by Kurt to Jane, spanning the early years of their relationship. The letters begin in 1941, after the former schoolmates reunited at age nineteen, sparked a passionate summer romance, and promised to keep in touch when they headed off to their respective colleges. And they did, through Jane’s conscientious studying and Kurt’s struggle to pass chemistry. The letters continue after Kurt dropped out and enlisted in the army in 1943, while Jane in turn graduated and worked for the Office of Strategic Services in Washington, D.C. They also detail Kurt’s deployment to Europe in 1944, where he was taken prisoner of war and declared missing in action, and his eventual safe return home and the couple’s marriage in 1945. Full of the humor and wit that we have come to associate with Kurt Vonnegut, the letters also reveal little-known private corners of his mind. Passionate and tender, they form an illuminating portrait of a young soldier’s life in World War II as he attempts to come to grips with love and mortality. And they bring to light the origins of Vonnegut the writer, when Jane was the only person who believed in and supported him supported him, the young couple having no idea how celebrated he would become. A beautiful full-color collection of handwritten letters, notes, sketches, and comics, interspersed

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with Edith's insights and family memories, *Love, Kurt* is an intimate record of a young man growing into himself, a fascinating account of a writer finding his voice, and a moving testament to the life-altering experience of falling in love.

How are great turning points in history experienced by individuals? As Britain pulls away from Europe great British writers come together to give voice to their innermost feelings. These writers include novelists, writers of books for children, of comic books, humourists, historians, biographers, nature writers, film writers, travel writers, writers young and old and from an extraordinary range of backgrounds. Most are famous perhaps because they have won the Booker or other literary prizes, written bestsellers, changed the face of popular culture or sold millions of records. Others are not yet household names but write with depth of insight and feeling. There is some extraordinary writing in this book. Some of these pieces are expressions of love of particular places in Europe. Some are true stories, some nostalgic, some hopeful. Some are cries of pain. There are hilarious pieces. There are cries of pain and regret. Some pieces are quietly devastating. All are passionate. Conceived as a love letter to Europe, this book may also help reawaken love for Britain. It shows the unique richness and diversity of British cultures, a multitude of voices in harmony. Contributors include: Hugh Aldersey-Williams, Philip Ardagh, Jake Arnott, Patricia Atkinson, Paul Atterbury, Richard Beard, Mary Beard, Don Boyd, Melvyn Bragg, Gyles Brandreth, Kathleen Burke, James Buxton, Philip Carr, Brian Catling, Shami Chakrabarti, Chris Cleave, Mark Cocker, Peter Conradi, Heather Cooper, Frank Cottrell-Boyce, Roger Crowley, David Crystal, William Dalrymple, Lindsey Davies, Margaret Drabble, Mark Ellen, Richard Evans, Michel Faber, Sebastian Faulks, Ranulph Fiennes, Robert Fox, James Fox, Neil Gaiman, Evelyn Glennie, James Hanning, Nick Hayes,

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Alan Hollinghurst, Gabby Hutchinson-Crouch, Will Hutton, Robert Irwin, Holly Johnson, Liane Jones, Ruth Jones, Sam Jordison, Kapka Kassabova, AL Kennedy, Hermione Lee, Prue Leith, Patrick Lenox, Roger Lewis, David Lindo, Penelope Lively, Beth Lync, Richard Mabey, Sue MacGregor, Ian Martin, Frank McDonough, Jonathan Meades, Andrew Miller, Deborah Moggach, Ben Moor, Alan Moore, Paul Morley, Jackie Morris, Charles Nicholl, Richard Overy, Chris Riddell, Adam Roberts, Tony Robinson, Lee Rourke, Sophie Sabbage, Marcus Sedgwick, Richard Shirreff, Paul Stanford, Isy Suttie, Sandi Toksvig, Colin Tudge, Ed Vulliamy, Anna Whitelock, Kate Williams, Michael Wood, Louisa Young

A fictionalised portrait of the intense and prolific life of artist Frida Kahlo from the bestselling author of *Wild and Kith* 'A wonderful book. It's like a dress that Kahlo invented for herself and wore' John Berger 'I am transported and transformed; I feel lucky to have read it and it leaves me in awe' Lemn Sissay \_\_\_\_\_ "I am Frida but also I am not Frida. I am her paintings and the nature of her love. I am her shadow. I am many women, I answer to many names, any who knows grief. I am all the phases of the moon, I am all her qualities." In beautifully lyrical language, Jay Griffiths explores the artist Frida Kahlo's childhood polio, her devastating accident and her turbulent relationship with Diego Rivera, painting a vivid and unique picture of passion, grief and transcendence. *A Love Letter From a Stray Moon* is a celebration of rebellion - from Frida's own politics to the present-day Zapatistas - and a hymn to the revolutionary fire at the heart of art. \_\_\_\_\_ 'A rich and extraordinary vision. Jay Griffiths is a fearless adventurer with words and images. I salute her courage and the splendour of this vision' Philip Pullman 'Extraordinarily beautiful . . . It is a book about possession, in many forms, each of which is sparked by a particular urgency: to

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comprehend, to celebrate and to endure' Niall Griffiths 'A stunning allegory about love, art and revolution. She makes every word, every scene, in this passionate narrative count. It's brilliant work' Barry Lopez 'Vivid as a bloom in the jungle, visionary as a flight over a desert, a love song to life on earth' Joan London

**FOUR GIRLS. FOUR DIRECTIONS. ONE PURPOSE.** The earth is gasping for breath; its only hope is the sacred Codes of Nature. But they've been stolen--snatched by a giant raven during a raging storm. SOPHIA ROSE, Guardian of Mother Earth, has summoned MAIA from the North to lead FALCON, AVA, and YUE, on a quest to find the Codes and save the planet. But the odds are against the young rescuers. Time is running out: the bees are dying, the oceans are filled with plastic--and a dark energy lurks in the shadows, threatening their search. Powered by the elements of earth, air, fire and water, messages from mystical dreamcatchers, guidance from the ancestors, and wisdom from the land--this fierce sisterhood must rely on courage, mythic horses, and each other if they are to succeed. Ultimately, their epic adventure takes them on a daring journey into a deeper understanding of their own unique place in the universe. The Dreamcatcher Codes builds bridges, unity, and hope, and illuminates two critical issues of our time: climate change and girls claiming their voices and vital place in the world. Acclaimed children's book author and photographer April Pulley Sayre's love letter to Earth is a stunning exploration of the beauty and complexity of the world around us. Remarkable photographs and a rich, layered text introduce concepts of science, nature, geography, biology, poetry, and community. April Pulley Sayre, award-winning photographer and acclaimed author of more than sixty-five books, introduces concepts of science, nature, and language arts through stunning photographs and a poetic text structured as a simple thank-you

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note. Touching on subjects from life cycles to weather, colors, shapes, and patterns, this is an ideal resource for science and language art curriculums and a terrific book for bedtime sharing. Thank You, Earth is a great choice for Earth Day celebrations, as well as family and group read-alouds. Includes backmatter with kid-friendly ideas for conservation projects information about the photographs, and additional resources.

Mother Earth writes a letter telling people about herself and asking them to take care of her for themselves and for all living creatures.

Unlike some other reproductions of classic texts (1) We have not used OCR(Optical Character Recognition), as this leads to bad quality books with introduced typos. (2) In books where there are images such as portraits, maps, sketches etc We have endeavoured to keep the quality of these images, so they represent accurately the original artefact. Although occasionally there may be certain imperfections with these old texts, we feel they deserve to be made available for future generations to enjoy.

**\*\* Sunday Times Bestseller \*\*** Brilliant, heartbreaking and highly original, Ocean Vuong's debut novel is a shattering portrait of a family, and a testament to the redemptive power of storytelling. 'A marvel' Marlon James This is a letter from a son to a mother who cannot read. Written when the speaker, Little Dog, is in his late twenties, the letter unearths a family's history that began before he was born.

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It tells of Vietnam, of the lasting impact of war, and of his family's struggle to forge a new future. And it serves as a doorway into parts of Little Dog's life his mother has never known - episodes of bewilderment, fear and passion - all the while moving closer to an unforgettable revelation. 'A masterpiece' Max Porter 'Luminous, shattering, urgent, necessary' Celeste Ng

A young, playful picture book about caring for our Earth and its animals, oceans, plants and trees. With lots to spot and count, and a fold-out surprise at the end! When Tessa writes a love letter to the Earth, it's the beginning of a glorious adventure. She blows bubbles with whales, soars with birds and joins in with the noisy rainforest hullabaloo! Tessa wants everyone to know how special our planet is. She believes that there is a chance to save the Earth if enough of us share the message...

The true story of one couple who left their lucrative jobs in the city to return to nature documents their experiences in the heart of the Ozarks--in a cabin they built themselves--where they are learning to live with and preserve nature. IP. One of the key tenets of the Zen school of Mahayana Buddhism is that each one of us is already a Buddha—our enlightenment is inherent within us, and the practice of mindfulness is the tool to bring this truth to our full awareness. While it can bring much relief, this simple statement does not preclude the need for

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practice. We must strive to always be aware of our Buddha nature, rather than waiting until times of emotional upheaval when it is more difficult to practice. Thich Nhat Hanh uses the teachings of ninth century Zen Master Linji to elaborate on this simple truth and to give readers tools that can help awaken them to their true inner nature. Linji's recorded teachings are the most significant we have from the Ch'an school. One of the unique aspects of Linji's teaching, is the need to "wake ourselves up," not only by means of sitting meditation and listening to enlightened teachings, but also through unique techniques such as the shout, the stick, and the empty fist. Master Linji emphasized direct experience of our true nature over intellectual explorations of the teachings, and he encouraged his students to not "become lost in the knowledge or the concepts of the teaching." Powerful, direct, and uncompromising, Thich Nhat Hanh's reflections on the teachings of Master Linji are destined to become classic Buddhist writings.

When Richard Slater receives a letter of complaint from one of his constituents, a Margaret Hayton, he merely responds with his standard letter of empty promises. Clearly, this woman is insane and must be avoided at all costs. But she will not be dismissed so easily, and when Richard finally sets eyes on the 'twenty-something vision in stone-washed denim, with a cloud of dark ringlets and huge,

serious eyes' he risks losing his heart, his head and quite possibly his political career.

"The Love Letters from Mother Earth" series is written by Anneloes Smitsman to guide us into the heart of our humanity to discover the essence of who we are from a planetary perspective. Within 12 hours of its launch "The Promise of a New Beginning" made it to the top 10 of Amazon International Bestsellers in two categories, and has been endorsed by Dr Jean Houston, Dr Lawrence Bloom, Chief Phil Lane, and Dr Jude Currivan as a book that will change your life and guide you Home. Through these Letters, we receive the wisdom and support that our planet, as a caring and conscious Mother, shares for this challenging time. "The Promise of a New Beginning" lives within us as an ancient seed code from the Eternal. We have been aware of this possibility for a long time, yet as a species we were not yet sufficiently engaged with the process for birthing this together. Collective engagement in the birthing of this new possibility is increasing now. It is within this context that these Letters from Mother Earth and Father Sun have come into being. They remind us that we are made for this process, and we are not alone. The first thirteen Letters provide us with three essential keys for the actualization of our unity. By accessing these keys of wisdom we start to see and understand the root causes of the thousands of years

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of division and disunity that have caused so much suffering. Mother Earth promises and shows us how a new cycle of time, a new beginning, is possible born from unity and wholeness, by the power of Love. This prepares us as co-creators of a New Story based on the actualization of our true humanity.

Fascinating insight into the tempestuous life of one of our great poets through his letters, including those to the two great loves of his life. Featuring a bold new livery in celebration of the Dylan Thomas centenary. Dylan Thomas' letters to the many women in his life are among the most emotive, lyrical and beautiful that he wrote. Full of humour, longing and uninhibited honesty, these letters include those written to his wife Caitlin and his childhood sweetheart, Vera Philips.

The creatures in this book are hidden in various ways. Some survive by means of symbiotic relationships with other creatures, like the clownfish living among an anemone's poisonous tentacles. Some are closely related to seemingly unconnected animals, like the elephant and the manatee. Some change color. Some change sex. Some disguise themselves."These are my love letters to Planet Earth, celebrations of her amazing creatures--those that are breathtakingly beautiful and those that are homely, bizarre, or rarely seen at all.--Ben Rothery

Though the original edition of *Touching the Earth* is deeply embraced by those

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already practicing mindfulness in the tradition of Thich Nhat Hanh, the revised edition seeks to make the exercises contained within more accessible for those new to Buddhist or mindfulness practice. Based on the loving kindness and compassion meditation of the Lotus Sutra, *Touching the Earth* contains one of the most popular and transformative practices of Thich Nhat Hanh. Written as a poetic conversation with the Buddha, it is a step-by-step guidebook to the practice of 'Beginning Anew'. Thich Nhat Hanh describes it as having the capacity to removing obstacles brought about by past wrongdoings and to bring back the joy of being alive. According to many of his students who are deeply touched by this practice, it can help renew our faith and develop our compassion. It presents a opportunity to heal our relationships through forgiveness and to embrace our ancestors, parents, teachers, and ourselves. *Touching the Earth* contains clear instructions for the 'Beginning Anew' practice with over 40 guided meditation verses, allowing the reader to practice alone or with others. It comprises essays written during a difficult time in Twain's life (1904–1909), when he was deeply in debt and had recently lost his wife and one of his daughters. The content concerns morality and religion and strikes a tone that is sarcastic - Twain's own term throughout the book. This volume offers an explanation of the nature of the universe and our place as

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individuals in it. The author, Elia Wise, attempts to provide answers to some of life's more difficult questions: Is there a God? Why do people get diseases and suffer? The answers given take into account the role of consciousness in all human endeavours, from science to spirituality.

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