

Mountain Bike Magazine Buyers Guide 2011

Bicycling magazine features bikes, bike gear, equipment reviews, training plans, bike maintenance how tos, and more, for cyclists of all levels.

Mountain Bike

Now distributed by Thomson Gale, the Willings Press Guide has been the world's leading international media directory for 125 years. It provides extensive professionally researched coverage of the UK and international print media -- national and regional newspapers, magazines, periodicals and special interest titles.

Contains essential bibliographic and access information on serials published throughout the world.

Tells how to select an all-terrain bike, discusses useful clothing and equipment, and offers advice on practicing off-road riding skills

Head out for adventure on the unpaved back roads of America with Nick Legan's complete guide to gravel grinders and bikepacking! Gravel cycling is a glorious return to the purest roots of two-wheeled adventure. From farm roads and miners' paths to the high passes of the Rockies and the Alps, gravel cycling and bikepacking will set you free to explore, enjoy, persevere, and discover. Escape the traffic and ride unpaved with Nick Legan's GRAVEL CYCLING: The Complete Guide to Gravel Racing and Adventure Bikepacking. In this ground-breaking guide, accomplished gravel cyclist Nick Legan shares everything you need to know to enjoy gravel cycling and bikepacking.

Drawing on interviews with top gravel junkies and his own hard-won knowledge from countless backcountry miles, Legan covers all the gear, bike setup, riding tips, course previews, and outfitting strategies you need to enjoy gravel cycling with confidence. He profiles 18 favorite one-day gravel races and 8 epic multi-day bikepacking adventure routes. Legan shares colorful stories of the origins of gravel cycling in North America and its rapid spread to Europe, Asia, and South America. Best of all, this full-color guide is packed with more than 350 gorgeous photographs from beautiful rides that will inspire you to seek out dirt and gravel roads near you. Legan brings his experience as a ProTour bike mechanic to this guide, offering detailed data on bike setup, gear selection, and how to build your own dream gravel bike. He shares crucial ride-saving tips and smart ways to make sure you'll enjoy every moment. Over one-third of the roads in the U.S. are unpaved, which means you can enjoy the roads less travelled at the perfect pace to soak up new vistas and valleys, canyons and creeks—or push the pace over an epic day with fast friends. From gear to racing, route planning to camping—the wild ride of a lifetime awaits you in GRAVEL CYCLING. Gravel grinders Includes complete profiles, tips, and gear set-up for favorite gravel races and events: Almanzo, Barry-Roubaix, Crusher in the Tushar, Deerfield Dirt Road Randonnée, Dirty Kanza, Dirty Reiver, Grasshopper, Gravel Fondo, Gravel Roc, Gravel Worlds, Great Otway, Grinduro, La Gravel66, La Résistance, Land Run, Pirinexus 360, Rebecca's Private Idaho, Trans Iowa. Bikepacking Offers route guides to favorite multi-day

bikepacking routes: The Arizona Trail, The Colorado Trail, Denali Highway, Great Allegheny Passage and C&O Towpath, Great Divide Mountain Bike Route, Katy Trail, Oregon Outback, and Trans North California.

Describes equipment and techniques for beginners and experts

Alphabetically lists and describes Web sites on a variety of topics, including health, culture, business, travel, and education.

A union list of serials commencing publication after Dec. 31, 1949.

Triathlons, such as the famously arduous Ironman Triathlon, and “extreme” mountain biking—hair-raising events held over exceedingly dangerous terrain—are prime examples of the new “lifestyle sports” that have grown in recent years from oddball pursuits, practiced by a handful of characters, into multi-million-dollar industries. In *Why Would Anyone Do That?* sociologist Stephen C. Poulson offers a fascinating exploration of these new and physically demanding sports, shedding light on why some people find them so compelling. Drawing on interviews with lifestyle sport competitors, on his own experience as a participant, on advertising for lifestyle sport equipment, and on editorial content of adventure sport magazines, Poulson addresses a wide range of issues. He notes that these sports are often described as “authentic” challenges which help keep athletes sane given the demands they confront in their day-to-day lives. But is it really beneficial to “work” so hard at “play?” Is the discipline required to do these sports really an expression of freedom, or do these sports actually impose extraordinary

degrees of conformity upon these athletes? *Why Would Anyone Do That?* grapples with these questions, and more generally with whether lifestyle sport should always be considered “good” for people. Poulson also looks at what happens when a sport becomes a commodity—even a sport that may have begun as a reaction against corporate and professional sport—arguing that commodification inevitably plays a role in determining who plays, and also how and why the sport is played. It can even help provide the meaning that athletes assign to their participation in the sport. Finally, the book explores the intersections of race, class, and gender with respect to participation in lifestyle and endurance sports, noting in particular that there is a near complete absence of people of color in most of these contests. In addition, Poulson examines how concepts of masculinity in triathlons have changed as women’s roles in this sport increase.

Mountain Bike magazine has everything for the mountain bike enthusiast, from the best mountain bike and equipment reviews to a trail database with the recommended MTB trails.

Includes words and phrases from United States history and from such current subcultures as technology and the Internet, the media, recent immigrants, and fashion. American Motorcyclist magazine, the official journal of the American Motorcyclist Association, tells the stories of the people who make motorcycling the sport that it is. It's available monthly to AMA members. Become a part of the largest, most

diverse and most enthusiastic group of riders in the country by visiting our website or calling 800-AMA-JOIN.

This press guide aims to provide a comprehensive, accurate and informative guide to the UK press, both print and broadcast and to give details about the leading newspapers and periodicals in the United Kingdom.

Popular Mechanics inspires, instructs and influences readers to help them master the modern world. Whether it's practical DIY home-improvement tips, gadgets and digital technology, information on the newest cars or the latest breakthroughs in science -- PM is the ultimate guide to our high-tech lifestyle.

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