Silk For The Vikings Ancient Textiles Series

Known for their courage on the battlefield and as masters of the sea, the Vikings spread out from their native Scandinavia to Greenland, North Africa, parts of Central Asia, and even Canada. Despite the fact that their heyday was short-lived, the Vikingsleft behind fragments of a culture that still fascinate children and adults alike. This new book uses images of ancient artifacts as well as detailed maps and timelines to show children what Viking life was really like.

The majority of literature about the Viking period, based on artifacts or written sources, covers battles, kings, chiefs and mercenaries, long distance travel and colonization, trade, and settlement. Less is said about the life of those that stayed at home or those that immigrated into Scandinavia, whether voluntarily or by force. This book uses results from the examination of a substantial corpus of Swedish osteological material to discuss aspects of demography and health in the Viking period – those which would have been visible and recognizable in the faces or physical appearances of the individuals concerned. It explores the effects of migration, from the spread of new diseases such as leprosy to patterns of movement and integration of immigrants into society. The skeletal material also allows the study of levels of violence, attitudes towards disablement, and the care provided by Viking communities. An overview of the worldwide phenomenon of modified teeth also gives insight into the practice of deliberate physical embellishment and body modification. The interdisciplinary approach to questions regarding ordinary life presented here will broaden the knowledge about society during the Viking Age. The synthesis of the Swedish unburnt human skeletal remains dated to the Viking age will be a valuable resource for future research and provides an in-depth view on Viking age society. A TIMES BOOK OF THE YEAR 2020 'As brilliant a history of the Vikings as one could possibly hope to read' Tom Holland The 'Viking Age' is traditionally held to begin in June 793 when Scandinavian raiders attacked the monastery of Lindisfarne in Northumbria, and to end in September 1066, when King Harald Hardrada of Norway died leading the charge against the English line at the Battle of Stamford Bridge. This book, the most wide-ranging and comprehensive assessment of the current state of our knowledge, takes a refreshingly different view. It shows that the Viking expansion began generations before the Lindisfarne raid, and traces Scandinavian history back centuries further to see how these people came to be who they were. The narrative ranges across the whole of the Viking diaspora, from Vinland on the eastern American seaboard to Constantinople and Uzbekistan, with contacts as far away as China. Based on the latest archaeology, it explores the complex origins of the Viking phenomenon and traces the seismic shifts in Scandinavian society that resulted from an economy geared to maritime war. Some of its most striking discoveries include the central role of slavery in Viking life and trade, and the previously unsuspected pirate communities and family migrations that were part of the Viking 'armies' - not least in England. Especially, Neil Price takes us inside the Norse mind and spirit-world, and across their borders of identity and gender, to reveal startlingly different Vikings to the barbarian marauders of stereotype. He cuts through centuries of received wisdom to try to see the Vikings as they saw themselves - descendants of the first human couple, the Children of Ash and Elm. Healso reminds us of the simultaneous familiarity and strangeness of the past, of

how much we cannot know, alongside the discoveries that change the landscape of our understanding. This is an eye-opening and surprisingly moving book.

In the ninth and tenth centuries, the Vikings created an unrivalled cultural network that spanned four continents. Adventurers, farmers, traders, conquerors and sailors, the Vikings were both peaceful and fierce, fighting or bargaining their way through as far as Constantinople in the East, North America and Greenland in the North, the British Isles in the West as well as into the Mediterranean. Throughout their existence, the Vikings encountered a remarkable diversity of peoples and inhabited an expansive and changing world. This beautifully illustrated book explores the core period of the Viking Age from a global perspective, examining how the Vikings drew influences from Christian Europe and the Islamic World and how they created a lasting historical impact on our world today. Highlighting an extraordinary range of objects and featuring new discoveries by archaeologists and metal-detector users, the cultural connections between Europe, Byzantium and the Middle East are explored in absorbing detail. Vikings: life and legend is published to complement a major exhibition developed jointly by the British Museum, the National Museum of Denmark, Copenhagen and the Museum for Prehistory and Early History, Berlin.

From the Fury of the Northmen deliver us, O Lord.' Between the eighth and eleventh centuries, the Vikings surged from their Scandinavian homeland to trade, raid and invade along the coasts of Europe. Their influence and expeditions extended from Newfoundland to Baghdad, their battles were as far-flung as Africa and the Arctic. But were they great seafarers or desperate outcasts, noble heathens or oafish pirates, the last pagans or the first of the modern Europeans? This concise study puts medieval chronicles, Norse sagas and Muslim accounts alongside more recent research into ritual magic, genetic profiling and climatology. It includes biographical sketches of some of the most famous Vikings, from Erik Bloodaxe to Saint Olaf, and King Canute to Leif the Lucky. It explains why the Danish king Harald Bluetooth lent his name to a twenty-first century wireless technology; which future saint laughed as she buried foreign ambassadors alive; why so many Icelandic settlers had Irish names; and how the last Viking colony was destroyed by English raiders. Extending beyond the traditional 'Viking age' of most books, A Brief History of the Vikings places sudden Scandinavian population movement in a wider historical context. It presents a balanced appraisal of these infamous sea kings, explaining both their swift expansion and its supposed halt. Supposed because, ultimately, the Vikings didn't disappear: they turned into us.

This richly illustrated book presents a selection of the rich and varied iconographic material from the Scandinavian Late Iron Age (AD 400-1050) depicting clothed human figures, from an archaeological textile and clothing perspective. The source material consists of five object categories: gold foils, gold bracteates, helmet plaques, jewelry, and textile tapestries and comprises over 1000 different images of male and female costumes which are then systematically examined in conjunction with our present knowledge of archaeological textiles. In particular, the study explores the question of whether the selected images complement the archaeological clothing sources, through a new analytical tool which enables us to compare and contrast the object categories in regard to material, function, chronology, context and interpretation. The tool is used to record and analyze the numerous details of

the iconographic costumes, and to facilitate a clear and easy description. This deliberate use of explicit costume shapes enhances our interpretation and understanding of the Late Iron Age clothing tradition. Thus, the majority of the costumes depicted are identified in the Scandinavian archaeological textile record, demonstrating that the depictions are a reliable source of research for both iconographical costume and archaeological clothing. The book contributes with new information on social, regional and chronological differences in clothing traditions from ca. AD 400 to the Viking Age.

This latest title in the highly successful Ancient Textiles series is the first substantial monograph-length historiography of early medieval embroideries and their context within the British Isles. The book brings together and analyses for the first time all 43 embroideries believed to have been made in the British Isles and Ireland in the early medieval period. New research carried out on those embroideries that are accessible today, involving the collection of technical data, stitch analysis, observations of condition and wear-marks and microscopic photography supplements a survey of existing published and archival sources. The research has been used to write, for the first time, the 'story' of embroidery, including what we can learn of its producers, their techniques, and the material functions and metaphorical meanings of embroidery within early medieval Anglo-Saxon society. The author presents embroideries as evidence for the evolution of embroidery production in Anglo-Saxon society, from a community-based activity based on the extended family, to organized workshops in urban settings employing standardized skill levels and as evidence of changing material use: from small amounts of fibers produced locally for specific projects to large batches brought in from a distance and stored until needed. She demonstrate that embroideries were not simply used decoratively but to incorporate and enact different meanings within different parts of society: for example, the newly arrived Germanic settlers of the fifth century used embroidery to maintain links with their homelands and to create tribal ties and obligations. As such, the results inform discussion of embroidery contexts, use and deposition, and the significance of this form of material culture within society as well as an evaluation of the status of embroiderers within early medieval society. The results contribute significantly to our understanding of production systems in Anglo-Saxon England and Ireland.

In 2017, DNA tests revealed to the collective shock of many scholars that a Viking warrior in a high-status grave in Birka, Sweden, was a woman. The Real Valkyrie weaves together archaeology, history and literature to imagine her life and times, showing that Viking women had more power and agency than historians have imagined. Brown uses science to link the Birka warrior, whom she names Hervor, to Viking trading towns and to their great trade route east to Byzantium and beyond. She imagines Hervor's life intersecting with larger-than-life but real women, including Queen Gunnhild, Mother of Kings; the Viking leader known as the Red Girl; and Queen Olga of Kyiv. Hervor's short, dramatic life shows that much of what we have taken for truth about women in the Viking Age is based not on data but on outdated Victorian biases. Rather than holding the household keys, Viking women in history, law, saga, poetry and myth carry weapons. In this compelling narrative, Brown brings the world of those valkyries and shield-maids to vivid life.

Follow an epic story of the Viking Age that traces the historical trail of an ancient piece of jewelry found in a Viking grave in

England to its origins thousands of miles east in India. An acclaimed bioarchaeologist, Catrine Jarman has used cutting-edge forensic techniques to spark her investigation into the history of the Vikings who came to rest in British soil. By examining teeth that are now over one thousand years old, she can determine childhood diet—and thereby where a person was likely born. With radiocarbon dating, she can ascertain a death-date down to the range of a few years. And her research offers enlightening new visions of the roles of women and children in Viking culture. Three years ago, a Carnelian bead came into her temporary possession. River Kings sees her trace the path of this ancient piece of jewelry back to eighth-century Baghdad and India, discovering along the way that the Vikings' route was far more varied than we might think—that with them came people from the Middle East, not just Scandinavia, and that the reason for this unexpected integration between the Eastern and Western worlds may well have been a slave trade running through the Silk Road, all the way to Britain. Told as a riveting history of the Vikings and the methods we use to understand them, this is a major reassessment of the fierce, often-mythologized voyagers of the North—and of the global medieval world as we know it.

Early Medieval Europe 300–1050: A Guide for Studying and Teaching empowers students by providing them with the conceptual and methodological tools to investigate the period. Throughout the book, major research questions and historiographical debates are identified and guidance is given on how to engage with and evaluate key documentary sources as well as artistic and archaeological evidence. The book's aim is to engender confidence in creative and independent historical thought. This second edition has been fully revised and expanded and now includes coverage of both Islamic and Byzantine history, surveying and critically examining the often radically different scholarly interpretations relating to them. Also new to this edition is an extensively updated and closely integrated companion website, which has been carefully designed to provide practical guidance to teachers and students, offering a wealth of reference materials and aids to mastering the period, and lighting the way for further exploration of written and non-written sources.? Accessibly written and containing over 70 carefully selected maps and images, Early Medieval Europe 300–1050 is an essential resource for students studying this period for the first time, as well as an invaluable aid to university teachers devising and delivering courses and modules on the period.

In the past, textile production was a key part of all ancient societies. The Ancient Near East stands out in this respect with the overwhelming amount of documentation both in terms of raw materials, line of production, and the distribution of finished products. The thirteen intriguing chapters in Textile Production and Consumption in the Ancient Near East describe the developments and changes from household to standardised, industrialised and centralised productions which take place in the region. They discuss the economic, social and cultural impact of textiles on ancient society through the application of textile tool studies, experimental testing, context studies and epigraphical as well as iconographical sources. Together they demonstrate that the textile industries, production, technology, consumption and innovations are crucial to, and therefore provide an in-depth view of ancient societies during this period. Geographically the contributions cover Anatolia, the Levant, Syria, the Assyrian heartland, Sumer, and Egypt. Presents medieval Viking adventure at the end of the Viking Age from Norway across the European Steppe and along the Silk

Road into China's notorious Taklamakan Desert. This title shows how the rag-tag group of Vikings retrace a journey of their youth across the European Steppe and down the mighty Dniepr River headed for Byzantium.

The medieval marketplace is a familiar setting in popular and academic accounts of the Middle Ages, but we actually know very little about the people involved in the transactions that took place there, how their lives were influenced by those transactions, or about the complex networks of individuals whose actions allowed raw materials to be extracted, hewn into objects, stored and ultimately shipped for market. Twenty diverse case studies combine leading edge techniques and novel theoretical approaches to illuminate the identities and lives of these much overlooked ordinary people, painting of a number of detailed portraits to explore the worlds of actors involved in the lives of everyday products - objects of bone, leather, stone, ceramics, and base metal - and their production and use in medieval northern Europe. In so doing, this book seeks to draw attention away from the emergent trend to return to systems and global models, and restore to centre stage what should be the archaeologists most important concern: the people of the past.

The Vikings maintain their grip on our imagination, but their image is too often distorted by myth. It is true that they pillaged, looted, and enslaved. But they also settled peacefully and traveled far from their homelands in swift and sturdy ships to explore. The Age of the Vikings tells the full story of this exciting period in history. Drawing on a wealth of written, visual, and archaeological evidence, Anders Winroth captures the innovation and pure daring of the Vikings without glossing over their destructive heritage. He not only explains the Viking attacks, but also looks at Viking endeavors in commerce, politics, discovery, and colonization, and reveals how Viking arts, literature, and religious thought evolved in ways unequaled in the rest of Europe. The Age of the Vikings sheds new light on the complex society, culture, and legacy of these legendary seafarers.

"A lively and engrossing book that describes in fascinating detail how trade enriched the world" Gerard deGroot, The Times "A tour-de-force . . . offers many new ways of thinking about the past" Katrina Gulliver, Spectator "Provocative . . . a smart, broad-ranging survey of the global Middle Ages that is learned, thought-provoking - and perfectly tuned to our times" Dan Jones, Sunday Times

In this book a MacArthur Award-winning scholar argues for a radically new interpretation of the conversion of Scandinavia from paganism to Christianity in the early Middle Ages. Overturning the received narrative of Europe's military and religious conquest and colonization of the region, Anders Winroth contends that rather than acting as passive recipients, Scandinavians converted to Christianity because it was in individual chieftains' political, economic, and cultural interests to do so. Through a painstaking analysis and historical reconstruction of both archeological and literary sources, and drawing on scholarly work that has been unavailable in English, Winroth opens up new avenues for studying European ascendency and the expansion of Christianity in the medieval period.

The Indiana Jones of the 11th Century! Finalist - ForeWord Magazine Book of the Year Award A VIKING EPIC! Action, Adventure and Romance from Norway, across the Steppe and along the Silk Route into China's notorious Taklamakan desert! Experience friendship, dignity, honour, love, betrayal and greed against the backdrop of a hostile environment which gives no quarter - just what one expects from a Viking. Synopsis: As the Viking age is brought to an end in 1066 with ignominious defeat at the battle of Stamford Bridge, a rag-tag group of Vikings conclude the quiet life is not for them and they decide to go-a-Viking one last time. They retrace a journey of their youth across the European Steppe and down the mighty Dniepr River to Byzantium. However a chance discovery in a Kiev library leads them to venture even further afield - to Astrakhan, across the Caspian sea, up the mighty Oxus river, through Parthia and Bactria and along the ancient Silk Route into Asia and Tian Xia (China). Engaged in a battle not of their choosing, they inflict fatalities on the sinister and evil Black Scorpions who want to exact their revenge. Pursued, they flee by night across the Roof of the World and meet the remnants of the "lost" European tribe of Asia, the Hepthalites, who offer them protection in their city, hidden in the Tien Shan - the Celestial Mountains. A place where romance is kindled and love unexpectedly blossoms. During their winter sojourn in the Hidden City they gather more clues, and in the spring continue with their quest, on into the Taklamakan desert. The desert so called by locals because those who venture in seldom venture out. More danger and peril lies in wait for this rag-tag Viking crew as they travel along the Silk Route - the world's first super-highway. At the eastern end of their journey they meet the Lang Ren, the Wolf people of Lou Lan, outcasts thieves and criminals living in an abandoned city in the desert. A city without water. A city about to die. A city in which the final clue to their quest is uncovered. What fate awaits this rejected element of Asian society? Can this motley crew intercede on their behalf? Will the fundamental cultural differences between the Vikings, Jews and Moslems in the group cause them to self destruct, or will the adversities they face cause them to overcome these differences and become a unified fighting unit? A beautifully bound 420 page hardback with historical companion, place name lexicon, character descriptions and maps.

New in paperback, Remains to be Seen is a fascinating series which looks at the past through the archeological evidence that remains today. Exploring the Vikings looks at who the Vikings were, at their world and how they spent their time, as well as their travels, their voyages of discovery and their rituals and religion. There are fact boxes which highlight key facts and the text is supported by a wonderful array of photographs and maps. Exploring the Vikings also features a time-line, a glossary and a full index.

A new narrative history of the Viking Age, interwoven with exploration of the physical remains and landscapes that the Vikings fashioned and walked: their rune-stones and ship burials, settlements and battlefields.

A catalogue of films, `available in the United States through normal channels' and made before 1994, that deal explicitly with archaeology (worldwide) or excavated artefacts. Each entry includes details of where the film can be purchased from and the US price.

The Vikings, Anglo-Saxons, Germanic tribes, Goths, and other Germanic-speaking tribes are renowned today in myth, legend, and popular culture. But how did they live? What did they wear? How did they worship? What did they eat? And how did their traditional ways of life reflect their spiritual beliefs? Heathen Garb and Gear takes you on a tour of the world that our forebears knew. More importantly, it shows you how their ways of dressing and living-from weaving woolen cloth and cooking food, to making music and taking steam baths-are reflected in the myths and traditions that have come down to us. Anyone who's ever wanted to wear Viking clothing, or serve authentic Viking feasts, will find plenty of practical tips here. But even if you're not interested in re-enacting the old ways, you'll find much vital information and inspiration for the practice of Heathenry as a living religious tradition.

The analysis of silk is a fascinating topic for research in itself but here, focusing on the 9th and 10th centuries, Marianne Vedeler takes a closer look at the trade routes and the organization of production, trade and consumption of silk during the Viking Age. Beginning with a presentation of the silk finds in the Oseberg burial, the richest Viking burial find ever discovered, the other silk finds from high status graves in Scandinavia are discussed along with an introduction to the techniques used to produce raw silk and fabrics. Later chapters concentrate on trade and exchange, considering the role of silk items both as trade objects and precious gifts, and in the light of coin finds. The main trade routes of silk to Scandinavia along the Russian rivers, and comparable Russian finds are described and the production and regulation of silk in Persia, early Islamic production areas and the Byzantine Empire discussed. The final chapter considers silk as a social actor in various contexts in Viking societies compared to the Christian west.

The Viking Great Army that swept through England between AD 865 and 878 altered the course of British history. Since the late 8th century, Viking raids on the British Isles had been a regular feature of life, but the winter of 865 saw a fundamental shift that would change the political, economic and social landscape forever. Instead of making quick smash-and-grab summer raids for silver and slaves, Vikings now remained in England for the winter and became immersed in its communities. Some settled

permanently, acquiring land and forming a new hybrid Anglo-Scandinavian culture. The Viking army was here to stay. Its presence was a catalyst for new towns and new industries, while transformations in power politics would ultimately see the rise of King Alfred the Great and make Wessex the pre-eminent kingdom of Anglo-Saxon England. Drawing on the most up-to-date discoveries and the latest scientific techniques, the authors recent research at the Viking Great Armys winter camp at Torksey in Lincolnshire has revolutionized what we know about its size, activities and social makeup, as has the wealth of newly recovered evidence from metal-detectorists. Unfolding like a great detective story, this account traces the movements of the Great Army across the country, piecing together a new picture of Viking Age England in unprecedented detail, from swords, coins, jewelry and the burials of great warriors to the everyday objects that ordinary farmers and craftsmen discarded. It is the definitive story of a vital period in British history.

In the tradition of Stacy Schiff's Cleopatra, Brown lays to rest the hoary myth that Viking society was ruled by men and celebrates the dramatic lives of female Viking warriors "Once again, Brown brings Viking history to vivid, unexpected life—and in the process, turns what we thought we knew about Norse culture on its head. Superb." —Scott Weidensaul, author of New York Times bestselling A World on the Wing "Magnificent. It captured me from the very first page..." —Pat Shipman, author of The Invaders "A complex, important, and delightful addition to women's history." —Pamela D. Toler, author of Women Warriors: An Unexpected History In 2017, DNA tests revealed to the collective shock of many scholars that a Viking warrior in a high-status grave in Birka, Sweden was actually a woman. The Real Valkyrie weaves together archaeology, history, and literature to imagine her life and times, showing that Viking women had more power and agency than historians have imagined. Nancy Marie Brown uses science to link the Birka warrior, whom she names Hervor, to Viking trading towns and to their great trade route east to Byzantium and beyond. She imagines her life intersecting with larger-than-life but real women, including Queen Gunnhild Mother-of-Kings, the Viking leader known as The Red Girl, and Queen Olga of Kyiv. Hervor's short, dramatic life shows that much of what we have taken as truth about women in the Viking Age is based not on data, but on nineteenth-century Victorian biases. Rather than holding the household keys, Viking women in history, law, saga, poetry, and myth carry weapons. These women brag, "As heroes we were widely known—with keen spears we cut blood from bone." In this compelling narrative Brown brings the world of those valkyries and shield-maids to vivid life.

Explores the Viking ways with photographs, reconstruction of Vicking ways, maps, antiquites, and history.

Following her bestselling Life Along the Silk Road, Susan Whitfield widens her exploration of the great cultural highway with a new captivating portrait focusing on material things. Silk, Slaves, and Stupas tells the stories of ten very different objects, considering their interaction with the peoples and cultures of the Silk Road—those who made them, carried them, received them, used them, sold them, worshipped them, and, in more recent times, bought them, conserved them, and curated them. From a delicate pair of earrings from a steppe tomb to a massive stupa deep in Central Asia, a hoard of Kushan coins stored in an Ethiopian monastery to a Hellenistic glass bowl from a southern Chinese tomb, and a fragment of Byzantine silk wrapping the bones of a French saint to a Bactrian ewer depicting episodes from the Trojan War, these objects show us something of the cultural diversity and interaction along these trading routes of Afro-Eurasia. Exploring the labor, tools,

materials, and rituals behind these various objects, Whitfield infuses her narrative with delightful details as the objects journey through time, space, and meaning. Silk, Slaves, and Stupas is a lively, visual, and tangible way to understand the Silk Road and the cultural, economic, and technical changes of the late antique and medieval worlds.

While scholars have long documented the migration of people in ancient and medieval times, they have paid less attention to those who traveled across borders with some regularity. This study of early transnational relations explores the routine interaction of people across the boundaries of empires, tribal confederacies, kingdoms, and city-states, paying particular attention to the role of long-distance trade along the Silk Road and maritime trade routes. It examines the obstacles voyagers faced, including limited travel and communication capabilities, relatively poor geographical knowledge, and the dangers of a fragmented and shifting political landscape, and offers profiles of better-known transnational elites such as the Hellenic scholar Herodotus and the Venetian merchant Marco Polo, as well lesser known servants, merchants, and sailors. By revealing the important political, economic, and cultural role cross-border trade and travel played in ancient society, this work demonstrates that transnationalism is not unique to modern times. Instructors considering this book for use in a course may request an examination copy here.

A lively and innovative collection of new and recent writings on the cultural contexts of textiles. The study of textile culture is a dynamic field of scholarship which spans disciplines and crosses traditional academic boundaries. A Companion to Textile Culture is an expertly curated compendium of new scholarship on both the historical and contemporary cultural dimensions of textiles, bringing together the work of an interdisciplinary team of recognized experts in the field. The Companion provides an expansive examination of textiles within the broader area of visual and material culture, and addresses key issues central to the contemporary study of the subject. A wide range of methodological and theoretical approaches to the subject are explored—technological, anthropological, philosophical, and psychoanalytical, amongst others—and developments that have influenced academic writing about textiles over the past decade are discussed in detail. Uniquely, the text embraces archaeological textiles from the first millennium AD as well as contemporary art and performance work that is still ongoing. This authoritative volume: Offers a balanced presentation of writings from academics, artists, and curators Presents writings from disciplines including histories of art and design, world history, anthropology, archaeology, and literary studies Covers an exceptionally broad chronological and geographical range Provides diverse global, transnational, and narrative perspectives Included numerous images throughout the text to illustrate key concepts A Companion to Textile Culture is an essential resource for undergraduate and postgraduate students, instructors, and researchers of textile history, contemporary textiles, art and design, visual and material culture, textile crafts, and museology.

"The popular TV show may have popularized Ragnar's story but the real facts are not very well known. Discover the truth behind this Viking Warrior and the rich history of the Vikings."--Publisher's description.

Archaeologists and textile historians bring together 16 papers to investigate the production, trade and consumption of textiles in Scandinavia and across parts of northern and Mediterranean Europe throughout the medieval period. Archaeological evidence is used to demonstrate the existence or otherwise of international trade and to examine the physical characteristics of textiles and their distribution in order to understand who was producing, using and trading them and what they were being used for. Historical evidence, mainly textual, is employed to link textile names to places, numbers and prices and thus provide an appreciation of changing economics, patterns of distribution and the organisation of trade. Different types and qualities of cloths are discussed and the social implications of their production and import/export considered

against a developing background of urbanism and increasing commercial wealth.

Valkyries: the female supernatural beings that choose who dies and who lives on the battlefield. They protect some, but guide spears, arrows and sword blades into the bodies of others. Viking myths about valkyries attempt to elevate the banality of war – to make the pain and suffering, the lost limbs and deformities, the piles of lifeless bodies of young men, glorious and worthwhile. Rather than their death being futile, it is their destiny and good fortune, determined by divine beings. The women in these stories take full part in the power struggles and upheavals in their communities, for better or worse. Drawing on the latest historical and archaeological evidence, Valkyrie introduces readers to the dramatic and fascinating texts recorded in medieval Iceland, a culture able to imagine women in all kinds of roles carrying power, not just in this world, but pulling the strings in the other-world, too. In the process, this fascinating book uncovers the reality behind the myths and legends to reveal the dynamic, diverse lives of Viking women.

Through runic inscriptions and behind the veil of myth, Jesch discovers the true story of viking women.

The first complete history of Central Eurasia from ancient times to the present day, Empires of the Silk Road represents a fundamental rethinking of the origins, history, and significance of this major world region. Christopher Beckwith describes the rise and fall of the great Central Eurasian empires, including those of the Scythians, Attila the Hun, the Turks and Tibetans, and Genghis Khan and the Mongols. In addition, he explains why the heartland of Central Eurasia led the world economically, scientifically, and artistically for many centuries despite invasions by Persians, Greeks, Arabs, Chinese, and others. In retelling the story of the Old World from the perspective of Central Eurasia, Beckwith provides a new understanding of the internal and external dynamics of the Central Eurasian states and shows how their people repeatedly revolutionized Eurasian civilization. Beckwith recounts the Indo-Europeans' migration out of Central Eurasia, their mixture with local peoples, and the resulting development of the Graeco-Roman, Persian, Indian, and Chinese civilizations; he details the basis for the thriving economy of premodern Central Eurasia, the economy's disintegration following the region's partition by the Chinese and Russians in the eighteenth and nineteenth centuries, and the damaging of Central Eurasian culture by Modernism; and he discusses the significance for world history of the partial reemergence of Central Eurasian nations after the collapse of the Soviet Union. Empires of the Silk Road places Central Eurasia within a world historical framework and demonstrates why the region is central to understanding the history of civilization.

"A comprehensive and entertaining historical and botanical review, providing an enjoyable and cognitive read."—Nature The foods we eat have a deep and often surprising past. From almonds and apples to tea and rice, many foods that we consume today have histories that can be traced out of prehistoric Central Asia along the tracks of the Silk Road to kitchens in Europe, America, China, and elsewhere in East Asia. The exchange of goods, ideas, cultural practices, and genes along these ancient routes extends back five thousand years, and organized trade along the Silk Road dates to at

least Han Dynasty China in the second century BC. Balancing a broad array of archaeological, botanical, and historical evidence, Fruit from the Sands presents the fascinating story of the origins and spread of agriculture across Inner Asia and into Europe and East Asia. Through the preserved remains of plants found in archaeological sites, Robert N. Spengler III identifies the regions where our most familiar crops were domesticated and follows their routes as people carried them around the world. With vivid examples, Fruit from the Sands explores how the foods we eat have shaped the course of human history and transformed cuisines all over the globe.

The hypnotic voice on the self-motivation tape was supposed to help Ruby Jordan solve her problems, not create new ones. Instead, she was lulled from a failing marriage to an era of hard-bodied warriors and fair maidens. But the world ten centuries in the past didn't prove to be all mead and mirth. Ruby had to deal with a Norseman who had her husband's face, habits, and desire to avoid Ruby. Determined not to lose the same man twice, Ruby planned a bold seduction that would conquer the reluctant Viking—and make him an eager captive of her love.

A wide-ranging and varied collection of essays which examine surviving garments, methods of production and clothes in society.

A major reassessment of world history, 'The Silk Roads' is an important account of the forces that have shaped the global economy and the political renaissance in the re-emerging east.

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