

Thank You Sarah The Woman Who Saved Thanksgiving

Visiting seven different countries, from France and Russia to Japan and Spain, a polite little tiger remembers her manners and says "thank you" in the language of each culture, in a story complemented by a pronunciation guide and an illustrated map. Includes music.

When the aroma of Omu's homemade stew fills the air, her neighbors arrive, one by one, for a taste until all is gone except for her generous spirit.

"The ultimate road-trippin' beach read and just what we all need after the long lockdown." —Booklist, STARRED REVIEW for THE SUMMER SEEKERS "The Summer Seekers is the ultimate road trip book."—Susan Wiggs, #1 New York Times bestselling author Get swept into a summer of sunshine, soul-searching and shameless matchmaking with this delightfully bighearted road-trip adventure by USA TODAY bestselling author Sarah Morgan! Kathleen is eighty years old. After she has a run-in with an intruder, her daughter wants her to move into a residential home. But she's not having any of it. What she craves—what she needs—is adventure. Liza is drowning in the daily stress of family life. The last thing she needs is her mother jetting off on a wild holiday, making Liza long for a solo summer of her own. Martha is having a quarter-life crisis. Unemployed, unloved and uninspired, she just can't get her life together. But she knows something has to change. When Martha sees

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Kathleen's advertisement for a driver and companion to share an epic road trip across America with, she decides this job might be the answer to her prayers. She's not the world's best driver, but anything has to be better than living with her parents. And traveling with a stranger? No problem. Anyway, how much trouble can one eighty-year-old woman be? As these women embark on the journey of a lifetime, they all discover it's never too late to start over...

'I was hooked from the start on this emotionally intelligent read' Daily Mail Isn't it about time we talked about YOU? Sandra has a naughty secret. Harriet has been ditched with her ailing mother-in-law one time too many. Tessa is desperate for distraction after her youngest flies the nest for uni. With the big 5-0 around the corner, isn't it about time they put themselves first? After Tessa responds to a late night Facebook message from an old flame, she finds herself impulsively waiting at the airport for a plane from New York. Will it reunite her with The One That Got Away, or land her in a heap of trouble? And is this the long-awaited moment Tessa and her friends grab their lives back and start living exactly as they choose? A sharp, irreverent and very funny novel for grown-ups. Perfect for fans of Allison Pearson, Dawn French and Sophie Kinsella. This is what you have been saying about Sarah Long: 'An emotional tale of love, friendship and taking control of your life' 'Intelligent, witty, thought-provoking . . . thoroughly recommended, especially if you're a woman of a certain age' 'Sure to make you giggle' 'A perfect, easy read' 'Funny and emotional . . . so true it's scary!'

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‘Absolutely hilarious!!!’ Goodreads Reviewer, ?????? ‘I LOVED THIS BOOK!!!’ Goodreads Reviewer, ?????? ‘This. Book. Is. Perfect!’ Goodreads Reviewer, ?????? ‘I was 100% hooked.’ Goodreads Reviewer, ?????? ‘OMG I LOVED this.’ Goodreads Reviewer, ?????? Twenty-eight-year-old Zoe really doesn’t want to end up being a crazy old cat lady. As a chef, she’s used to sharp knives and getting burned, but she didn’t realise that being single was just as dangerous. There are some dates even an extra-large glass of wine can’t fix. There was the guy who turned up drunk, face planted on the floor, and smelt like he was 90% tequila. He deserves a special mention because she’s sure she spotted an ankle tag beneath his trousers. Plus the dullest guy in the universe whose idea of sexy talk was droning on about pensions and ‘prudent financial planning’. Not to mention the one who didn’t even bother to show, leaving her sitting all alone in a bar, staring into her empty glass and dying a bit inside. After Zoe says ‘thank you, next’ to every dud, her friend Robbie has an idea. He’s a dating machine and he bets that if she takes his love-life advice, her luck will change. Will there ever be a guy who makes her say, ‘thank you, yes’? Or should Zoe just admit defeat and start stockpiling cats? A feel-good, fresh and fabulous page-turner for anyone who has torn their hair out over their love life, drank their weight in wine to survive an awful date, or stared at their phone, willing it to ring. Fans of rom-coms by Sophie Kinsella and Lindsey Kelk will absolutely love this laugh-out-loud tale. Readers totally love Thank You, Next: ‘I actually found myself laughing out loud... I couldn’t put it down...

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This book gave me SUCH a laugh! A much-needed read in these current times!' Goodreads Reviewer, ?????? 'I did really love it... I'm just so happy... It was one of those books that I picked up and didn't wanna put back down. Sophie Randal books always warm my heart and this was no exception... I really did love this book!' Goodreads Reviewer, ?????? 'I finished reading it late at night (because I couldn't put it down)!' Goodreads Reviewer, ?????? 'Amazingly funny and witty... Oh my!!... I was addicted from beginning to end. I could NOT put this book down... And I swear I laughed out loud... to the point where my spouse was like "What's so funny you are reading???" NetGalley Reviewer, ?????? 'Oh my Lord... This book made me laugh out loud... Made me legit laugh out loud. I cackled, y'all. Don't lie, you giggled too. Thank You, Next is a saucy little romcom... Entertaining as hell.' In Literary Love 'I simply devoured this book in one sitting!... The characters are on point! The story is beyond amazing! And the ending... Loved it! Hurry and grab this one!' Oh.happy.reading 'Wow, this book was excellent! It was full of banter and wit and I loved every second of it... Instantly fell in love. The book made me laugh and made me feel good... These books are serious GEMS and should be treated as so... They are the perfect recipe to get you out of whatever reading slump you have fallen into. I can promise you that!' Lettherebebooks 'Simply hilarious... It's not all about laughter though... Touches your heartstrings... Had me in stitches.' Goodreads Reviewer, ?????? 'A breath of fresh air! It was funny, sweet, romantic and just adorable!... Relatable and human and just all round amazing!...

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Keeps you hooked all the way through... This book is a must-read for Kinsella fans. It'll make you laugh out loud and have you swooning in the same breath! It's hilarious and well-written... Sure to make you smile!' Echoes Out Loud 'I read this book in one sitting, I couldn't put it down.' Socially Distanced Bookclub UK 'Had me laughing all the way from the beginning to the end.' Goodreads Reviewer, ??????

Contemporary art historians - all of them women - probe the dilemmas and complexities of writing about the woman artist, past and present. These 13 essays address the work and history of specific artists, beginning with the Renaissance and ending with the present day.

Read about the forgotten half of the American Revolution and those tough, independent dames who helped make it happen. Listen up! You've all heard about the great men who led and fought during the American Revolution; but did you know that the guys only make up part of the story? What about the women? The girls? The dames? Didn't they play a part? Of course they did, and with page after page of superbly researched information and thoughtfully detailed illustrations, acclaimed novelist and picture-book author Laurie Halse Anderson and charismatic illustrator Matt Faulkner prove the case in this entertaining, informative, and long overdue homage to those independent dames!

Engagingly written volume filled with scores of nutritious recipes and wide-ranging suggestions for the mid-19th-century housekeeper. Includes advice on selecting and preparing foods, health tips, cleaning accessories,

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dealing with help, and more.

'It has taken me several years of exploration, but I am at a place now where I see autism as neither an affliction nor a superpower. It's just the blueprint for who I am.

There is no cure, but that's absolutely fine by me. To cure me of my autism would be to cure me of myself.'

During the first thirty years of her life, comedy script writer Sara Gibbs had been labelled a lot of things - a cry baby, a scaredy cat, a spoiled brat, a weirdo, a show off - but more than anything else, she'd been called a Drama Queen. No one understood her behaviour, her meltdowns or her intense emotions. She felt like everyone else knew a social secret that she hadn't been let in on; as if life was a party she hadn't been invited to. Why was everything so damn hard? Little did Sara know that, at the age of thirty, she would be given one more label that would change her life's trajectory forever. That one day, sitting next to her husband in a clinical psychologist's office, she would learn that she had never been a drama queen, or a weirdo, or a cry baby, but she had always been autistic. Drama Queen is both a tour inside one autistic brain and a declaration that a diagnosis on the spectrum, with the right support, accommodations and understanding, doesn't have to be a barrier to life full of love, laughter and success. It is the story of one woman trying to fit into a world that has often tried to reject her and, most importantly, it's about a life of labels, and the joy of ripping them off one by one. The untold life story of All-of-a-Kind Family author Sydney Taylor, highlighting her dramatic influence on American children's literature This is the first and only

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biography of Sydney Taylor (1904-1978), author of the award-winning All-of-a-Kind Family series of books, the first juvenile novels published by a mainstream publisher to feature Jewish children characters. The family--based on Taylor's own as a child--includes five sisters, each two years apart, dressed alike by their fastidious immigrant mother so they all look the same: all-of-a-kind. The four other sisters' names were the same in the books as in their real lives; only the real-life Sarah changed hers to the boyish Sydney while she was in high school. Cummins elucidates the deep connections between the progressive Taylor's books and American Jewish experiences, arguing that Taylor was deeply influential in the development of national Jewish identity. This biography conveys the vital importance of children's books in the transmission of Jewish culture and the preservation of ethnic heritage.

It's late summer 1793, and the streets of Philadelphia are abuzz with mosquitoes and rumors of fever. Down near the docks, many have taken ill, and the fatalities are mounting. Now they include Polly, the serving girl at the Cook Coffeehouse. But fourteen-year-old Mattie Cook doesn't get a moment to mourn the passing of her childhood playmate. New customers have overrun her family's coffee shop, located far from the mosquito-infested river, and Mattie's concerns of fever are all but overshadowed by dreams of growing her family's small business into a thriving enterprise. But when the fever begins to strike closer to home, Mattie's struggle to build a new life must give way to a new fight--the fight to stay alive.

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"It has been seventeen years since you went missing, princess. It has been twenty-five years since you were born. There have been too many Christmases without you ..." In the summer of 2000, schoolgirl Sarah Payne went missing from a beach where she played with her siblings. The nation waited with her whole family as the search for the little girl touched the hearts of everyone in the country. After Sarah's body was found, abducted and murdered by convicted pedophile Roy Whiting, her mother, Sara, spoke of how she had survived those terrible times. Now, seventeen years later, Sara wants to tell the full story of how she coped then, and how she has survived. Through a series of letters to her beloved daughter, she takes the reader on a heart-breaking but uplifting journey through every parent's worst nightmare in a moving account of the ultimate emotional survival. It is a story for the little girl who was taken, but a reminder to us all that hope never dies - and love never ends.

Hello, 911? I am the first person at this party. 'Samantha Irby is the king of sparkling misanthropy and tender, loving dread.' Jia Tolentino Staring down the barrel of her fortieth year, Samantha Irby is confronting the ways her life has changed since the days she could work a full 11 hour shift on 4 hours of sleep, change her shoes and put mascara on in the back of a moving cab and go from drinks to dinner to the club without a second thought. Recently, things are more 'Girls Gone Mild.' In *Wow, No Thank You* Irby discusses the actual nightmare of living in a rural idyll, weighs in on body negativity (loving yourself is a full-time job with shitty benefits) and poses the essential question: Sure sex is fun but have you ever

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googled a popular meme? 'A laugh. A fart. A snort. Or some combination thereof. Be prepared to totally lose control of the noises that come out of your body while reading the latest essay collection from humor writer Samantha Irby.' Bustle 'The only writer who can make me laugh with abandon in public... Her signature irreverence is intact, of course, but it can't mask the heart she leaves bleeding on the page.' Elle 'Samantha Irby is hilarious... Nothing is off limits and I love it.' Candice Carty-Williams

'A visceral, scathing, erudite read that digs deep into how modern medicine continues to fail women and what can be done about it' Booklist The darkly funny memoir of Sarah Ramey's years-long battle with a mysterious illness that doctors thought was all in her head - but wasn't. A revelation and an inspiration for millions of women whose legitimate health complaints are ignored. In her harrowing, defiant and unforgettable memoir, Sarah Ramey recounts the decade-long saga of how a seemingly minor illness in her senior year of college turned into a prolonged and elusive condition that destroyed her health but that doctors couldn't diagnose or treat. Worse, as they failed to cure her, they hinted that her devastating symptoms were psychological. The Lady's Handbook for Her Mysterious Illness is a memoir with a mission: to help the millions of (mostly) women who suffer from unnamed or misunderstood conditions--autoimmune illnesses, fibromyalgia and chronic fatigue syndrome, chronic Lyme disease, chronic pain and many more. Ramey's pursuit of a diagnosis and cure for her own mysterious illness becomes a page-

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turning medical mystery that reveals a new understanding of today's chronic illnesses as ecological in nature, driven by modern changes to the basic foundations of health, from the quality of our sleep, diet and social connections to the state of our microbiomes. Her book will open eyes, change lives and, ultimately, change medicine. 'Ramey's uncanny grit and fortitude will deeply inspire the multitudes facing similar issues' Publishers Weekly 'This is a book for anyone who has ever asked a question that didn't have an immediate or easy answer, anyone who has worried about themselves or a loved one who isn't getting better - despite following all the experts' advice - and anyone interested in their own health, public health or medicine; in other words, it's a book with something resonant and useful for all of us' Chelsea Clinton

'I can't rewrite history; all I can do is be honest and wear my heart on my sleeve. It's really the only way I know. I want to show people the real me. Or perhaps remind them. Because, somewhere - amongst the nightclubs, the frocks and hairdos, the big chart hits, and the glamour of being a popstar - the other Sarah Harding got utterly lost. She's the one who's been forgotten. And all I want is for you to hear her out.' Sarah Harding is best known as the wild member of Girls Aloud, whose reputation for partying, drinking and dating made her a tabloid favourite. But where does the celebrity Sarah Harding end and the real Sarah begin? Faced with a devastating cancer diagnosis that turned her life upside down, Sarah has decided that now is the time to write her story. Her truth. This is Sarah Harding in her own

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words.

"A jaw-dropping psychological thriller." —Publisher's Weekly, starred review "A fiendishly clever romantic thriller in the vein of *Gone Girl* and *The Girl on the Train*.

This one will keep you guessing." —Anita Shreve, New York Times bestselling author of *The Stars are Fire*

When you read this book, you will make many assumptions. You will assume you are reading about a jealous ex-wife. You will assume she is obsessed with her replacement – a beautiful, younger woman who is about to marry the man they both love. You will assume you know the anatomy of this tangled love triangle.

Assume nothing. Twisted and deliciously chilling, *The Wife Between Us* exposes the secret complexities of an enviable marriage - and the dangerous truths we ignore in the name of love. Read between the lies. A 2018 Indie Next Pick Praise for *The Wife Between Us*: "A clever thriller with masterful twists."

– Karin Slaughter, New York Times bestselling author of *The Kept Woman* "The *Wife Between Us* delivers a whip smart, twisty plot in a taut, pacy narrative. It's terrific and troubling. This is one scary love triangle where you won't know who to trust. I loved it."

–Gilly Macmillan, New York Times bestselling author of *What She Knew* "A twisty, mind-bending novel about marriage and betrayal. A gripping plot and fascinating characters; this book will keep you turning the pages and guessing until the very end. A must-read!"

–Lauren Weisberger, New York Times bestselling author of *The Devil Wears Prada* "This amazing story gallops along at breakneck speed, with an ending that smacks you between the eyes and takes your breath away.

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These authors are destined to become trail blazers in the field of psychological suspense books that explode in your hands!" —Nancy Simpson-Brice, Book Vault "Like a house of mirrors, *The Wife Between Us* kept me guessing around every corner, delving into the complexities of marriage, friendship, and obsession." —Javier Ramirez, The Book Table

The difference that being female makes to the diagnosis, life and experiences of a person with an Autism Spectrum Disorder (ASD) has largely gone unresearched and unreported until recently. In this book Sarah Hendrickx has collected both academic research and personal stories about girls and women on the autism spectrum to present a picture of their feelings, thoughts and experiences at each stage of their lives. Outlining how autism presents differently and can hide itself in females and what the likely impact will be for them throughout their lifespan, the book looks at how females with ASD experience diagnosis, childhood, education, adolescence, friendships, sexuality, employment, pregnancy and parenting, and aging. It will provide invaluable guidance for the professionals who support these girls and women and it will offer women with autism a guiding light in interpreting and understanding their own life experiences through the experiences of others.

What would you risk to be free? It's 1776 and Isabel, Curzon, and Ruth have only ever known life as slaves. But now the young country of America is in turmoil—there are whisperings, then cries, of freedom from England spreading like fire, and with it is a whole new type of

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danger. For freedom being fought for one isn't necessarily freedom being fought for all...especially if you are a slave. But if an entire nation can seek its freedom, why can't they? As war breaks out, sides must be chosen, death is at every turn, and one question forever rings in their ears: Would you risk everything to be free? As battles rage up and down the Eastern seaboard, Isabel, Curzon, and Ruth flee, separate, fight, face unparalleled heartbreak and, just like war, they must depend on their allies—and each other—if they are to survive. Which leads to a second, harrowing question: Amidst so much pain and destruction, can they even recognize who their allies are?

In this book, we have hand-picked the most sophisticated, unanticipated, absorbing (if not at times crackpot!), original and musing book reviews of "Thank You, Sarah: The Woman Who Saved Thanksgiving." Don't say we didn't warn you: these reviews are known to shock with their unconventionality or intimacy. Some may be startled by their biting sincerity; others may be spellbound by their unbridled flights of fantasy. Don't buy this book if: 1. You don't have nerves of steel. 2. You expect to get pregnant in the next five minutes. 3. You've heard it all.

With crackling suspense, unforgettable characters and searing insight, *The Lost Apothecary* is a subversive and intoxicating debut novel of secrets, vengeance and the remarkable ways women can save each other despite the barrier of time. Hidden in the depths of eighteenth-century London, a secret apothecary shop caters to an unusual kind of clientele. Women across the city whisper

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of a mysterious figure named Nella who sells well-disguised poisons to use against the oppressive men in their lives. But the apothecary's fate is jeopardized when her newest patron, a precocious twelve-year-old, makes a fatal mistake, sparking a string of consequences that echo through the centuries. Meanwhile in present-day London, aspiring historian Caroline Parcewell spends her tenth wedding anniversary alone, running from her own demons. When she stumbles upon a clue to the unsolved apothecary murders that haunted London two hundred years ago, her life collides with the apothecary's in a stunning twist of fate--and not everyone will survive.

2021's Most Highly Anticipated New Books
Newsweek Most Anticipated Books of 2021
Popsugar 'A bold, edgy, accomplished debut!'
Kate Quinn, New York Times bestselling author of *The Alice Network* and *The Huntress* 'Intriguing... Readers who enjoy parallel historical/contemporary narratives about women's lives, such as Claire McMillan's *The Necklace* or Liz Trenow's *The Forgotten Seamstress*, will enjoy the historical details and mystery in this engrossing tale.'
Library Journal 'Readers who enjoy Katherine Howe and Susanna Kearsley will be drawn to this promising, fast-paced debut.'
Booklist 'A superb debut novel... crackling with suspense, this is an original and compelling story'
WI Life

For half a century Sarah Josepha Hale was the most influential woman in America. As editor of *Godey's Lady's Book*, Hale was the leading cultural arbiter for the growing nation. Women (and many men) turned to her for advice on what to read, what to cook, how to

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behave, and—most important—what to think. Twenty years before the declaration of women’s rights in Seneca Falls, NY, Sarah Josepha Hale used her powerful pen to promote women’s right to an education, to work, and to manage their own money. There is hardly an aspect of nineteenth-century culture in which Hale did not figure prominently as a pathbreaker. She was one of the first editors to promote American authors writing on American themes. Her stamp of approval advanced the reputations of Edgar Allan Poe, Harriet Beecher Stowe, and Nathaniel Hawthorne. She wrote the first antislavery novel, compiled the first women’s history book, and penned the most recognizable verse in the English language, “Mary Had a Little Lamb.” Americans’ favorite holiday—Thanksgiving—wouldn’t exist without Hale. Re-imagining the New England festival as a patriotic national holiday, she conducted a decades-long campaign to make it happen. Abraham Lincoln took up her suggestion in 1863 and proclaimed the first national Thanksgiving. Most of the women’s equity issues that Hale championed have been achieved, or nearly so. But women’s roles in the “domestic sphere” are arguably less valued today than in Hale’s era. Her beliefs about women’s obligations to family, moral leadership, and principal role in raising children continue to have relevance at a time when many American women think feminism has failed them. We could benefit from re-examining her arguments to honor women’s special roles and responsibilities. Lady Editor re-creates the life of a major nineteenth-century woman, whose career as a writer, editor, and early feminist encompassed ideas

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central to American history.

During the nineteenth century, Sarah Josepha Hale dedicated her life to making Thanksgiving a national holiday, all while raising a family and becoming a groundbreaking writer and women's magazine editor. Sarah Hale's inspiring story, accompanied by luscious watercolor illustrations, tells the tale of one woman who wouldn't take no for an answer.

Over 85 Recipes, One Very Happy Family When Sarah Matheny, creator of the popular blog Peas and Thank You, decided to eliminate animal products from her diet, she knew there'd be skeptics. Her husband was raised on the standard American diet. Her grandpa was a butcher. Her mom was the best home cook around, with a generous pat of butter here and a crumble of bacon there. But now Sarah is a mom who wants to feed her children right. Out went the diet soda. In came the smoothies. Out went the "nutrition" bars. In came the nutritious cookies. Out went a tired, caffeine-fueled mom. In came Mama Pea. Peas and Thank You is a collection of recipes and stories from a mainstream family eating a not-so-mainstream diet. Filled with healthy and delicious versions of foods we've all grown up enjoying, but with a Mama Pea twist—no meat, lots of fresh ingredients and plenty of nutrition for growing Peas. From wholesome breakfasts to mouth-watering desserts, there's plenty here to satisfy the pickiest Peas in your life. It's easier than ever to whip up crowd-pleasing meals that will have the whole family asking for, "more, Peas."

Understanding how the brain grows and changes

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through the stages of life is key to health and wellbeing. This is not a book about the differences between male and female brains, nor a book using neuroscience to explain gender-specific behaviours, the 'battle of the sexes' or 'Mars-Venus' stereotypes. This is a book about what happens inside the brains and bodies of women as they move through the phases of life, and the unique - and often misunderstood - effects of female biology and hormones. Dr McKay give insights into brain development during infancy, childhood and the teenage years (including the onset of puberty) and also takes a look at mental health as well as the ageing brain. The book weaves together findings from the research lab, case studies and interviews with neuroscientists and other researchers working in the disciplines of neuroendocrinology, brain development, brain health and ageing. This comprehensive guide explores the brain during significant life stages, including: In utero
Childhood
Puberty
The Menstrual Cycle
The Teenage Brain
Depression and Anxiety
Pregnancy and Motherhood
Menopause
The Ageing Brain

The new novel from the acclaimed author of *The House Between Tides*, winner of the Waterstones Scottish Book of the Year 2018! 'Sarah Maine is a master of Scottish historical fiction' *Sunday Post* **** It is the women who are keepers of tales. Atmospheric, intoxicating and filled with intrigue, this sweeping novel is an epic story spanning the centuries, that links three women together across history. Libby Snow spent her childhood hearing stories and legends from long ago. Now an archaeologist, her job is to dig deeper into the past, but

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her excavation at Ullaness, on Scotland's west coast has a very personal resonance. For the headland of Ullaness holds not only the secrets of the legend of Ulla, the Norsewoman, but also begins the strange story of Ellen. Libby's grandmother passed on these tales - of love, betrayal and loss - but the more Libby learns at Ullaness, the more twisted the threads become. When human remains are discovered in the dunes, it becomes clear that time, and intention, have distorted accounts of what happened there. Is it too late to uncover the truth? Or is Libby herself in danger of being caught up in this tangled web of fable and deceit? Praise for Sarah Maine: 'An echo of Daphne du Maurier' - Independent 'Maine adroitly weaves together the three strands of her novel' Sunday Times 'Maine writes beautifully about the wilderness' - The Times 'Maine skillfully balances a Daphne du Maurier atmosphere with a Barbara Vine-like psychological mystery...' - Kirkus

WINNER OF THE BOOKS ARE MY BAG YA AWARD
2019 The astonishing new novel from the incomparable, multi-award-winning and Laureate na nÓg Sarah Crossan. I am not who I say I am. Marla isn't who she thinks she is. I am a girl trying to forget. Marla is a woman trying to remember. Allison has run away from home and with nowhere to live finds herself hiding out in the shed of what she thinks is an abandoned house. But the house isn't empty. An elderly woman named Marla, with dementia, lives there – and she mistakes Allison for an old friend from her past called Toffee. Allison is used to hiding who she really is, and trying to be what other people want her to be. And so, Toffee is who she

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becomes. After all, it means she has a place to stay. There are worse places she could be. But as their bond grows, and Allison discovers how much Marla needs a real friend, she begins to ask herself –where is home? What is a family? And most importantly, who am I, really?

Relates how Sarah Hale, a magazine editor and author, persuaded President Lincoln to transform Thanksgiving Day into a national holiday.

When Apple's mother returns after eleven years of absence, Apple feels whole again. She will have an answer to her burning question – why did you go? And she will have someone who understands what it means to be a teenager – unlike Nana. But just like the stormy Christmas Eve when she left, her mother's homecoming is bitter sweet, and Apple wonders who is really looking after whom. It's only when Apple meets someone more lost than she is, that she begins to see things as they really are. Like a brilliant hybrid of Cathy Cassidy and Jacqueline Wilson, Sarah Crossan entices you into her world, then tells a moving, perceptive and beautifully crafted, Carnegie Shortlisted story which has the power to make you laugh and cry. Shortlisted for The CILIP Carnegie Medal in 2015.

Pairs such vegetarian recipes as pumpkin cinnamon rolls, ginger soy soup, maple dijon tofu chops, and tempeh stroganoff with stories from a mainstream family eating a not-so-mainstream diet.

Hit 50 yet? Sarah Dale is about to. This impending event set her wondering about successful ageing, what life looks like for women who have been there and done

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that, and what adventures are to be had on the other side of 50. In this fascinating and celebratory book, Sarah talks to 20 inspiring women who have not only made it past 50, but are happy to be there. These open and honest conversations, punctuated by Sarah's observations about her own journey, reflect on friendship, work, health, creativity, marriage, motherhood, money - and whether you should stop dyeing your hair. Sarah Dale is a chartered psychologist and accredited coach. She devised the Creating Focus programme and is the author of *Keeping Your Spirits Up*. She was born in 1964...

New York Times Bestseller Sarah Jakes Roberts, with life-lessons she's learned and new insights from the story of Eve, shows you how the disappointments and even mistakes of your past can be used today to help you become the woman God intended. Who would imagine being friends with Eve—the woman who's been held solely responsible for the fall of humanity (and cramps) for thousands of years? Certainly not Sarah Jakes Roberts. That is, not until Sarah discovered she is more like Eve than she cares to admit. Everyone faces trials, and everyone will mess up. But failure should not be the focus. Your focus should not be on who you were but rather the pursuit of who you can become. In *Woman Evolve*, Sarah helps you to understand that your purpose in life does not change; it evolves. Making her mistake in the Garden of Eden, Eve became the first woman to deal with rebuilding her life in the aftermath of her past. Eve knew better, but she didn't do better. With scriptural lessons and Sarah as your guide, you discover and work

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through past issues and questions that haunt you, seeing yourself as God sees you and trusting Him with who you really are, how to come out of darkness and pursue a real relationship with God, why it's important to truly care for yourself, setting in motion the beautiful seed that God planted in you, and running to become who you were meant to be! Your fears and insecurities may have changed how you viewed God, others, and yourself, but in *Woman Evolve*, you can breakthrough and use past mistakes to revolutionize your life. Like Eve, you don't have to live your future defined by your past.

Understanding how your brain works during the key stages of life is essential to maintaining your health. Dr Sarah McKay is a neuroscientist who knows everything worth knowing about women's brains, and shares it in this cutting-edge, essential book. This is not a book about the differences between male and female brains, nor a book using neuroscience to explain gender-specific behaviours, the 'battle of the sexes' or 'Mars-Venus' stereotypes. This is a book about what happens to the brains of women as they cycle through the phases of life, which are unique to females by virtue of their biology and in particular their hormones. In *Demystifying The Female Brain*, Dr McKay gives insights into brain development during infancy, childhood and the teenage years (including the onset of puberty) and looks at pregnancy, motherhood, and mental health. The book weaves together findings from the research lab, interviews with neuroscientists and other researchers working in the disciplines of neuroendocrinology, brain development, brain health and ageing, along with stories and case

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studies.

Presents how Sarah Josepha Hale fought to make Thanksgiving a national holiday.

A fiercely authentic, critically acclaimed and award-winning modern classic. 'Speak up for yourself - we want to know what you have to say.' From my first day at Merryweather High, I know this is a lie. Nobody will even talk to me, let alone listen - all because I called the cops on an end-of-summer party. But if I could only tell everyone why I called the police that night... If I could explain what happened to me... If I could speak... Then everything might change. 'With the rise of women finding their voices and speaking out about sexual assault in the media, this should be on everyone's radar... Powerful, necessary, and essential.' - Kirkus

Thank You, SarahThe Woman Who Saved Thanksgiving (with audio recording)Simon and Schuster

From the author of *Speak and Fever*, 1793, comes the never-before-told tale of Sarah Josepha Hale, the extraordinary "lady editor" who made Thanksgiving a national holiday! Thanksgiving might have started with a jubilant feast on Plymouth's shore. But by the 1800s America's observance was waning. None of the presidents nor Congress sought to revive the holiday. And so one invincible "lady editor" name Sarah Hale took it upon herself to rewrite the recipe for Thanksgiving as we know it today. This is an inspirational, historical, all-out boisterous tale about perseverance and belief: In 1863 Hale's thirty-five years of petitioning and orations got Abraham Lincoln thinking. He signed the Thanksgiving Proclamation that very year, declaring it a

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national holiday. This story is a tribute to Hale, her fellow campaigners, and to the amendable government that affords citizens the power to make the world a better place! Included in this e-book edition is a read-along option.

The action-packed, heart-wrenching and fantastically addictive sequel to Sarah J. Maas's epic YA fantasy debut *THRONE OF GLASS*. Eighteen-year-old Celaena Sardothien is bold, daring and beautiful – the perfect seductress and the greatest assassin her world has ever known. But though she won the King's contest and became his champion, Celaena has been granted neither her liberty nor the freedom to follow her heart. Celaena faces a choice that is tearing her to pieces: kill in cold blood for a man she hates, or risk sentencing those she loves to death. Celaena must decide what she will fight for: survival, love or the future of a kingdom. Because an assassin cannot have it all ... And trying to may just destroy her.

'THE BEAUTY MYTH' FOR THE INSTAGRAM GENERATION Women Don't Owe You Pretty is the ultimate book for anyone who wants to challenge the outdated narratives supplied to us by the patriarchy. Through Florence's story you will learn how to protect your energy, discover that you are the love of your own life, and realise that today is a wonderful day to dump them. Florence Given is here to remind you that you owe men nothing, least of all pretty. **WARNING: CONTAINS EXPLICIT CONTENT (AND A LOAD OF UNCOMFORTABLE TRUTHS).** THE FEMINIST BOOK EVERYONE IS TALKING ABOUT. 'An incredible

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mouthpiece for modern intersectional feminism.' -
Glamour 'A fearless book.' - Cosmopolitan 'A hugely
influential young woman.' - Woman's Hour 'Rallying,
radical and pitched perfectly for her generation.' -
Evening Standard

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