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Hoge's compelling message about recognizing the value of combat survival skills will help anyone who wants to more fully understand the experience of service members and veterans. Once a Warrior—Always a Warrior is for anyone who has ever returned from a war zone (current service members, veterans, government workers, contractors), and describes how to successfully navigate the transition from the war zone — no matter how many days, months, or years have passed.

About the Book « Once a Warrior - Always a Warrior

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The essential handbook for anyone who has ever returned from a war zone, and their spouse, partner, or family members. Being back home can be as difficult, if not more so, than the time spent serving in a combat zone. It's with this truth that Colonel Charles W. Hoge, MD, a leading advocate for eliminating the stigma of mental health care, presents Once a Warrior—Always a Warrior, a groundbreaking resource with essential new insights for anyone who has ever returned home from a war zone.

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Once a Warrior, Always a Warrior : Navigating the ...

Once Were Warriors is a 1994 New Zealand drama film based on New Zealand author Alan Duff's bestselling 1990 first novel. The film tells the story of the Hekes, an urban Māori family, and their problems with poverty, alcoholism, and domestic violence, mostly brought on by the patriarch Jake.The film was directed by Lee Tamahori, written by Riwia Brown and stars Rena Owen, Temuera Morrison and ...

Once Were Warriors (film) - Wikipedia

The PR director from a prestigious brand I'd always loved was so excited and proud to show me their new collection of foundations. “Wait until you see this new formula, and I have the perfect ...